



DR. ALTHEA VENCY CARDOZ

Consultant - General and Laparoscopic Surgery

Qualification

MBBS | MS General Surgery | MRCS

Overview

Dr. Althea Vency Cardoz is an experienced General and Laparoscopic Surgeon currently working at Manipal Hospitals, Goa. She specialises in minimally invasive procedures, emergency trauma management, and comprehensive surgical care. With hands-on experience across elective and emergency setups, Dr. Cardoz is committed to delivering precise, evidence-based surgical interventions and optimal patient outcomes. She completed her MBBS from Goa Medical College, Bambolim, followed by a Master of Surgery (M.S.) in General Surgery from All India Institute of Medical Sciences (AIIMS), Jodhpur. To further advance her knowledge, she earned her MRCS qualification from the Royal College of Surgeons of Edinburgh. Dr. Cardoz holds memberships with both the Royal College of Surgeons of Edinburgh and the Association of Surgeons of India. She is also officially registered with the Goa Medical Council and the General Medical Council, UK. Her core clinical expertise lies in minimal access surgery, specialising in advanced laparoscopic procedures such as cholecystectomies, appendectomies, and complex hernia repairs. Beyond laparoscopic interventions, her practice includes general surgery, including gastrointestinal procedures, breast

oncologic surgeries, endocrine treatments, and proctology. Trained extensively in advanced trauma life support, she plays an active role in emergency acute care and complex abdominal explorations. An active contributor to medical literature, she has published several peer-reviewed case reports, case series on complex abdominal conditions, and specialised book chapters focused on trauma surgery. Her research insights have also been widely shared across platforms, where she has presented numerous academic poster presentations at both national and regional surgical conferences.

Fellowship & Membership

- Member of the Royal College of Surgeons of Edinburgh (RCSED)
- Member of the Association of Surgeons of India (ASI)
- Member of the Goa Medical Council
- Member of the General Medical Council, UK

Field of Expertise

- Minimal Access Surgery: Laparoscopic Cholecystectomy, Appendectomy, Hernia Repairs (TAPP, IPOM), and Diagnostic Laparoscopy.
- General & Gastrointestinal Surgery: Open and laparoscopic intestinal/colonic resection, anastomosis, colostomy, ileostomy, and emergency laparotomies.
- Breast and Endocrine Surgery: Onco-surgeries including Wide Local Excision, Simple Mastectomy, Modified Radical Mastectomy, and Thyroidectomy.
- Proctology & Perianal Surgery: Haemorrhoidectomy, Lateral Sphincterotomy, Fistulotomy/Fistulectomy, and Pilonidal Sinus Surgery.
- Trauma & Acute Care Surgery: Advanced trauma life support,

abdominal exploration, and emergency critical care management.

Languages Spoken

- English
- Hindi
- Konkani

Awards & Achievements

- Received First Place at the Poster competition at GIMACON 2023, organised by IMA Goa State.
- Received First Place for the Bariatric Quiz at BARIME 2021, organised by the Department of Surgical Disciplines, AIIMS, New Delhi.

Talks & Publications

- Presented a poster on “Role of VATS in thoracic trauma” at EMINDIA 2019, New Delhi.
- Presented a poster on “Laparoscopic management of a case of recurrent sigmoid volvulus in a tertiary care hospital, AIIMS, Jodhpur” at ENDOSURG 2019, New Delhi.
- Presented a poster on “An Unusual case of PUO post pregnancy: An infected Urachal cyst” at GIMACON 2023, Goa.
- Presented a poster on “Appendiceal tie Syndrome” at CME on Laparoscopic Hernia repair, Verna, Goa.
- Presented a poster on “Laparoscopic Roux en Y gastric bypass for pyloric peptic stricture” at ASIRAJ 2019, Jodhpur.
- Presented a poster on “Thoracoscopic removal of posterior

mediastinal neurofibroma” at ASIRAJ 2018, Jaipur.

- Conducted a prospective observational study comparing the efficacy and safety of primary closure versus delayed primary closure following laparotomy.
- Acute Intestinal Obstruction Due to Obturator Hernia: A Case Series. Cureus, 2024.
- Left-sided strangulated obturator hernia: a rare case report and literature review. International Journal of Applied and Basic Medical Research, 2021.
- Unpredictable Outcome of Large Traumatic Oesophageal Injury: An Experience and Challenges. Journal of Clinical & Diagnostic Research, 2021.
- Appropriate Protective Measures for the Prevention of Animal-related Goring Injuries. Topics in Trauma Surgery, IntechOpen, 2023.