



## **DR. ADITYA PHADTE**

Consultant - Endocrinology and Diabetology

### **Qualification**

MBBS | MD (Internal Medicine) | MRCP SCE (Endocrinology) | DM (Endocrinology - Adult and Paediatric)

### **Overview**

Dr. Phadte is a highly skilled consultant Endocrinologist and Diabetologist with over 6 years of experience in managing complex endocrine disorders and diabetes. He has expertise in clinical research, patient management and multidisciplinary collaboration to deliver optimal healthcare outcomes. Dr. Phadte's academic foundation began at Goa Medical College, where he completed his MBBS and MD in Internal Medicine. Demonstrating a global standard of expertise, he earned a Speciality Certificate Examination (SCE) in Endocrinology from the Membership of the Royal College of Physicians (MRCP), UK. He further solidified his knowledge by pursuing a Doctor of Medicine (D.M.) in Adult and Pediatric Endocrinology from the prestigious Seth GS Medical College and KEM Hospital, Mumbai. Dr. Phadte specialises in diagnosing and treating a wide spectrum of endocrine disorders, which includes tailoring care for Type 1, Type 2 and gestational diabetes. He also offers help in managing hypothyroidism and hyperthyroidism. Having specialised in paediatric endocrinology, Dr Phadte is also adept at addressing growth disorders, problems with puberty and childhood hormonal imbalances. Beyond clinical practice, Dr. Phadte is a

dedicated contributor to medical science. He has authored several PubMed-indexed research papers on endocrine and metabolic disorders and contributed a chapter to the Medical Textbook on Endocrinology published by the Endocrine Society of India.

### **Field of Expertise**

- Diabetes Mellitus
- Endocrine Hypertension
- Obesity
- Thyroid Disorders
- PCOS / Hirsutism
- Lipid Disorders
- Adrenal Gland Disorders
- Diabetes in Pregnancy
- Electrolyte Imbalance
- Infertility
- Metabolic Bone Disease
- Paediatric Endocrinology

### **Languages Spoken**

- English
- Hindi
- Marathi
- Konkani

### **Awards & Achievements**

- Best Resident Award, Seth GS Medical College and KEM Hospital.
- Manohar Parrikar Scholarship for Higher Education.

- Best Oral Presentation Award, Endo Update 2021 and 2024.
- Dr. Avinash Supe Award for best Research in Seth GSMC & KEM Hospital, Mumbai
- Multiple awards and Gold Medal for academic excellence.
- All India Rank 4 in NEET Superspeciality Examination for Endocrinology.
- Best Undergraduate Award and Gold Medal for securing the highest marks in the M.B.B.S course.
- 1st rank in M.B.B.S 1st, 2nd, and 3rd year (Part 1).
- Multiple awards for subject-specific excellence.

### **Talks & Publications**

- 5 PubMed Indexed Publications focused on endocrine and metabolic disorders.
- Contributed a chapter to a medical textbook on endocrinology by Endocrine Society of India