



## **DR. SONIA D PAWASKAR**

Associate Consultant - Emergency Medicine

### **Qualification**

MBBS | MD Emergency Medicine | FICM | DMLS | ISCCM | EBT

### **Overview**

Dr. Pawaskar is a board-certified Emergency Physician at Manipal Hospitals, Goa, bringing over years of expertise in the field. She excels at delivering exceptional patient care, even in high-pressure situations. Dr. Pawaskar's educational background includes a medical degree (MBBS) from MVJ Medical College and Research Hospital, Bengaluru, followed by a Doctor of Medicine (MD) in Emergency Medicine from SS Institute of Medical Sciences and Research Centre, Davangere, Karnataka. She is a certified BLS and ACLS Instructor, accredited by the American Heart Association (AHA). She has undergone advanced training, including a prestigious Fellowship from the Indian Society of Critical Care Medicine (ISCCM). Also, Fellowship in Intensive Care Medicine [FICM] (recognised by the British Accreditation Council), which has further strengthened her expertise in critical care. Additionally, she holds a Diploma in Medico-Legal Systems (DMLS) from Symbiosis School Pune. Dr. Pawaskar is an active member of the Indian Medical Association [IMA], Karnataka Emergency Physician Association [KEPA] And The Emergency Medicine Association [EMA] She also serves as the Regional Head of the Society of Acute Care, Trauma, and

Emergency Medical Services in Goa [SACTEM]. Dr. Pawaskar has extensive expertise in critical care, with advanced skills in difficult airway management, trauma resuscitation, and emergency toxicology. She is also highly proficient in managing paediatric emergencies. Adept at delivering exceptional patient care, Dr. Pawaskar is widely recognised by patients and peers alike. Her quick thinking and problem-solving abilities enable her to excel in high-pressure medical emergencies.

### **Fellowship & Membership**

- Member of the Indian Medical Association
- Member of The Emergency Medicine Association (EMA), India
- Regional Head at the Society of Acute Care, Trauma and Emergency Medical Services (SACTEM), Goa
- Member of Karnataka Emergency Physician Association [KEPA]

### **Field of Expertise**

- Difficult airway management
- Emergency toxicology
- Trauma resuscitation
- Point-of-care ultrasound in emergencies
- Paediatric emergencies
- Acute pain management
- Return of spontaneous circulation and management

### **Languages Spoken**

- English
- Konkani
- Marathi

- Hindi
- Kannada

### **Awards & Achievements**

- Secured 7th rank in MD Emergency Medicine at Rajiv Gandhi University of Health Sciences
- Completed training on "Emergency Ultrasound Skills and Application" from St John's Medical College, Bengaluru
- Received a Certificate of Appreciation from DM for Efforts and Management of COVID-19 patients
- BLS and ACLS Instructor - Certified by American Heart Association

### **Talks & Publications**

- To evaluate the outcome of patients presenting to the emergency department with ischemic stroke having pre-existing hyponatremia by using the NIHHS score, International Journal of Advanced Research
- Non-Hodgkin's Lymphoma Masquerading as Splenic Abscess: A Case Report. Journal of Medical Science
- Clinical effects and outcome of Methylene Blue in the treatment of COVID-19 patients. IOSR Journal of Environmental Science, Toxicology and Food Technology
- Authored and presented a paper titled 'Bane Toxic left the Heart Hypoxic' (Magna Scientia Advanced Research
- Unusual presentation of a road traffic accident. International Journal of Science and Research Archive
- Risk Stratification of Patients with community acquired pneumonia presenting to the emergency room and prediction of mortality based on severity scores. International Journal of

## Clinical and Experimental Medicine

- A Bloody Mystery: When Subarachnoid Haemorrhage Masquerades as a GI Bleed, International Journal of Innovative Research in Technology
- Presented Poster at the State Level Conference Em Karnataka, JSS Mysore, On the Topic Bane Toxic Left The Heart Hypoxic