



## **DR. RUFINO MONTEIRO**

Consultant - Internal Medicine

### **Qualification**

MBBS | MD Internal Medicine

### **Overview**

Dr. Monteiro stands as a distinguished and highly experienced Internal Medicine Specialist, boasting an impressive career spanning over four decades. His extensive tenure in the medical field has cemented his reputation as a trusted and knowledgeable practitioner, dedicated to comprehensive patient care. Dr. Monteiro's expertise within Internal Medicine is particularly focused on several key areas, including advanced non-invasive cardiac treatments, diabetes mellitus management, and hypertension management. His approach ensures that patients receive well-rounded care for these common health concerns. He is the best internal medicine specialist in Goa. Dr. Monteiro was also honoured with the prestigious Life Time Achievement Award from the Indian Medical Association, Goa State. Beyond his clinical practice, Dr. Monteiro actively participates in the medical community. He often shares his insights and expertise, including at the In-State National Conference of the Indian Medical Association. He also holds lifetime memberships with several organisations, such as the Indian Medical Association, Association of Physicians of India, Hypertension Society of India, and the Research

Society for the Study of Diabetes in India.

### **Fellowship & Membership**

- Indian Medical Association
- Hypertension Society of India
- Research Society for the Study of Diabetes in India
- Association of Physicians of India

### **Field of Expertise**

- Internal Medicine
- Non-invasive Cardiac Treatments
- Diabetes Mellitus Management
- Hypertension Management

### **Languages Spoken**

- English
- Hindi
- Konkani

### **Awards & Achievements**

- Received the Life Time Achievement Award from the Indian Medical Association, Goa State

### **Talks & Publications**

- Presented at the In-State National Conference of the Indian Medical Association

