



DR. MANJUSHA JINDAL

Consultant - Obstetrics and Gynaecology

Qualification

MBBS | MD (Obstetrics and Gynecology) | FICOG

Fellowship & Membership

- Orientation Training Program for Teachers of Diploma in Occupational & industrial Health in Jan2001.
- Undertook computer training course of one month in Sept 2003 at NIC.
- Training workshop on HIV/AIDS in July2004.
- Minimally invasive advanced gynec surgery training at Galaxy laparoscopy institute Sept 2005.
- Gender mainstreaming in medical education short course in Dec 2005.
- Underwent training of Medical Officers on issues related to trafficking of children for commercial sexual exploitation and examination of sexually abused. In Feb 2006.
- Training program on medical certification of cause of death in March 2006.
- Training of trainers workshop on STI/RTI control & prevention services under NACO-NRHM in Oct 2010.
- Basic course workshop in Medical Education Technologies in Dec 2010.

- Underwent training by GIRDA on RTI.
- Faimer fellow from PSG 2015 batch.
- Revised Basic Course workshop 5th-7th Feb 2018 at JNMC.
- Participated in sensitization program for AT-COM module at JNMC Belagavi on 8th Feb.
- CISP at JNMC from 10th April to 12th April 2019.
- Workshop on Clinical skills Development on 21st Dec 2019 at Lucknow
- Basic course in Biomedical research (online Swayam portal).
- RAC (Respectful Abortion Care) training of trainers on 27.01.2022.
- Underwent training of trainers “VAW” organised under aegis of DHEERA. In May 2022.
- Member of Panaji Obstetrics & Gynecology Society affiliated to Federation of Obstetrics & Gynecology Societies of India.
- Life member of Goa state IMA & its executive member in 2008.
- Founder member of Goa chapter of prenatal diagnosis and Therapy.
- Fellow of Indian College of Obstetricians and Gynecologists since 2009.
- Member Editorial Board of Indian Obstetrics & Gynecology.
- Member of Goa Medical council as university representative for 5 years from 2011 and also member of Disciplinary committee.
- Member of academic council of Goa University from 2011 to 2014 and 2017 to 2019.

Field of Expertise

- Oncology both preventive and curative
- Vaginal surgery
- High-risk Obstetrics

Languages Spoken

- English
- Hindi
- Punjabi
- Konkani
- Marathi

Awards & Achievements

- Best Paper award for Pemphigus Vulgaris in Pregnancy: Successful Outcome of a rare case & Review of Literature. Dr. Jindal Manjusha ,Dr. Kamat Anjali Dr. Vikram Talaulikar Dr. Pankaj Shukla. Indian Obstetrics & Gynecology April2012 issue, vol.2, page 25- 28.

Talks & Publications

- Cycle Regularisation and OCPs at IMA Bicholim in 1999.
- Diabetes in pregnancy as part of CME in Dec.1999. (staff society).
- “Alternatives in Management of Menopause” In West zone FOGSI conference 2001
- Panel discussion on Diabetes in Pregnancy SAFOG GOA-RETREAT CME2003.
- LSCS in modern obstetrics at workshop for optimizing labor & delivery (May.2005)
- Hormonal contraception at IMA Tiswadi.2005.
- Pill- going beyond contraception. FOGSI Youth Express in May 2005.
- Hypertension in pregnancy as part of CME in Aug 2006.

- Advances in contraceptive technology in 2006.(POGS).
- IUGR in pregnancy in Nov2006.
- Women' health our concern women's day celebration in March 2007.
- 'Laparoscopy revisited' in staff society in Oct 2007.
- "Estimation of Birth Weight In early labor from SFH and abdominal girth, a simple formula" at 50th FOGSI National Congress in Jan 2007.
- Gut on the Table - Burst abdomen at ICOG symposia in Feb2007.
- Quiz competition on Medical disorders in pregnancy in Nov.2007.
- Panel discussion on Oral contraception in Jan 2008.
- Colposcopy workshop in Feb2008.
- "Vaginal Misoprostol for Pre-abortion Cervical Priming" at National Congress of FOGSI held in Feb 2008 at New Delhi.
- Co-author of paper entitled Intra vaginal Misoprostol: An Answer for Mid trimester Pregnancy Termination. AICOG2008: National Congress of FOGSI at New Delhi.
- Co-author of paper entitled Large Thoracic AV malformations with anemia with twin pregnancy at National Congress of FOGSI held in Feb 2008 at New Delhi.
- Co-author of paper entitled Interesting Case of Utero-Vesical Fistula at National Congress of FOGSI held in Feb 2008 at New Delhi.
- Invited as Faculty for conference PCOS & The Syndrome X in March 2010. chaired a session on "Cardiovascular disorders in PCOS".
- Invited as faculty to 54th All India Congress of Obstetric & Gynecology 2011 at Hyderabad and chaired a session on "Evolving trends in the management of osteoporosis". Also I chaired a session as judge for free paper.
- Invited as Faculty for international conference Current Opinion

- Evidence, Ethics, Excellence in March 2011 & chaired a session on “Preventing Feto maternal disorders”.
- Guest lecture on Episiotomy in workshop “Fine Tuning in Obstetric Skills” on 18th march 2011.
- Participated as Panelist in discussion on Hysteroscopy on 25th June 2011.
- Faculty for national ISPAT workshop on 5th -8th august 2011 and delivered a guest lecture on 2nd trimester serum screening.
- Guest speaker in IMA CQS and delivered a lecture on “Menstrual irregularities and their management in general practice” on 14/10/2011.
- Conducted CME on PPTCT of HIV on 17th march 2012 at POGS.
- Participated in Panel discussion on “Ceasarean” in high risk obstetrics workshop on 6th May 2012.
- Guest lecture in POGS on 3/11/12 on Mirena.
- Guest lecture on “Healthy Habits” on 8th feb 2013.
- Guest lecture on international women’s day on 9th March 2015 on “Menopause and the years later...”.
- Invited as faculty for 59th ACOG 2016 at Agra from 13th to 17th Jan. Panel Discussion on Recent Advances in Medical Education.
- Guest lecture in POGS on 9th April 2016 “Instrumental delivery- Forceps A Dying art”.
- Panelist in CME organized by Panaji Obstetrics & Gynecology on updates in contraception 2016.
- Faculty at Gyonco conference in Goa on 29-31st July 2016.
- Presented a paper on “ case series on Gestational Trophoblastic Neoplasia in Goa Medical college” in POGS annual conference 2017.
- Invited as Judge for paper presentation at GOMECON 2018 & 2019.
- Invited as Faculty in ACOG Lucknow 2020 and was panelist for

- “Treatment of early stage cancer cervix.
- “Prediction of Pregnancy induced hypertension from Mean Arterial Pressure of 2nd Trimester” 3:159:1989.
 - Anjali A, JindalM. “Perinatal Mortality in Goa Medical College” J. of Obst & Gynec of India. Vol.51 No. 4, 115-11,,: 2001.
 - ‘Diabetes Mellitus in Pregnancy’ Archives of GMC 2001.
 - Hysterectomy an overview” Archives of GMC 2003.
 - Septicemia with ASD with Eisenmengarisation. Archives of GMC 2003.
 - Co-author of paper entitled “Granulosa cell tumor- an uncommon presentation” J of Obst & Gynec of India. 592: Vol.54 No.6, 2004.
 - Persistent Trophoblastic disease: Two case reports. Dr. Manjusha jindal, Dr. Anjali Kamat. Obst. & Gynec Today Vol XI, No.3, March 2006. 11:55; 2006.
 - Concurrent utero-vaginal & Rectal Prolapse management & review of Literature. Dr Manjusha Jindal, Dr. Vikram Talaulikar Obst & Gynec Today. Vol XI no.11, Nov 2006.11:622; 2006.
 - Pemphigus Vulgaris in Pregnancy: Successful Outcome of a rare case & Review of Literature. Dr. Jindal Manjusha Dr. Kamat Anjali Dr. Vikram Talaulikar Dr. Pankaj Shukla. Obst & Gynec Today. Vol XIII no.12, December 2008.13:499- 502.
 - “Vaginal Misoprostol for Pre-abortion Cervical Priming” Jindal Manjusha, Kamat Anjali, Sahasrabhojane Mrinalini. Obst & Gynec Today. Vol XIII no.7, July2008.13:287-290.
 - “Symphysio-fundal height measurements for prediction of birthweight in early labor” Jindal Manjusha, Kamat Anjali, Dr. Ajit Nagarsenkar et al. Obst & Gynec Today. Vol XIII no.8, August2008.13:325-328.
 - Obstetric Hysterectomy: A Life Saving Emergency. Sahasrabhojane Mrinalini, Jindal Manjusha, Kamat Anjali Journal of Obstetrics & Gynecology of India. Vol.58, No.2, March-April 2008:138-141.

- Dr. Manjusha Jindal. 'An unusual case of secondary hemorrhage presenting as hemoperitoneum following cesarean section' Archives of Goa Medical College 2008-09 Vol. VI, Page 92.
- "An interesting case of uterovesical fistula" Dr. Manjusha Jindal, Dr. Ameet Naik, Dr. Vikram Talaulikar, Dr. Anjali Kamat. Indian Obstetrics & Gynecology Jan 2011 issue, vol.1, page 33-35.
- 'Study of incidence and distribution of genital malignancies in a tertiary hospital' Dr. Manjusha Jindal, Dr. Kamate Vishal, Dr. Vikram Talaulikar. Indian Obstetrics & Gynecology Jan 2012 issue, vol.1, page 17-20.
- Pemphigus Vulgaris in Pregnancy: Successful Outcome of a rare case & Review of Literature. Dr. Jindal Manjusha, Dr. Kamat Anjali, Dr. Vikram Talaulikar, Dr. Pankaj Shukla. Indian Obstetrics & Gynecology April 2012 issue, vol.2, page 25-28. Won best paper award in IOG.
- "Retained dead fetal skeleton presenting as menometrorrhagia – a case review". Dr. Manjusha Jindal, Dr. Mahendra Ghanekar, Dr. Uddhav Pawar. Indian Obstetrics & Gynecology Jan 2013 issue, vol.3, page 28-29.
- Role of 15(S) 15 methyl PGF 2α in the active management of 3rd stage of labor. Dr. Jindal Dweep¹, Dr. Manjusha Jindal², Dr. Jena Tanushree³. Indian Obstetrics & Gynecology July 2012 issue, vol.2, page 16-21.
- "Case of abdominal scar endometriosis: a rare entity and review of literature". Manjusha Jindal, Uddhav Pawar, Sushama Surve. Journal of Evolution of Medical and Dental Sciences 2013; vol2, Issue 32, August 12; Page; 6056-6060.
- "Transverse Myelitis Complicating Pregnancy – Management of a Rare Case and Review of Literature" Dr. Manjusha Jindal, Dr. Dweep Jindal, Dr. Uddhav Pawar, Indian Obstetrics & Gynecology Jan 2014 issue, vol.4, page 17-20.
- Maternal Mortality: Ten years review study at Goa Medical College The only Medical College and Teaching Institute in the

- state of Goa. Tiwari et al., IJPSR,2015; Vol. 6(8): 3192-3197.
- Successful outcome in pregnancy related pure red cell aplasia: A case report. Karmali et al.; JIRMEPS, 6(1):41-43,2015.
 - Jindal D, Jindal M. Primary Endometrial Stromal Sarcoma arising from Cervix IOSR Journal of Dental and Medical Sciences Volume 14, Issue 12 (Dec. 2015), PP 139-144.
 - Dr. Jindal Divya, Dr. Jindal M. Squamous Cell carcinoma in mature cistic teratoma- A case report and review of literature. Indian Obstetrics & Gynecology, vol.5, No.4, Oct-Dec,2015:27-28.
 - Jindal Dweep, Sahasrabhojane M, Jindal M, Joachim D'Souza. Epidemiology of Epithelial Ovarian Cancer: A tertiary hospital based study in Goa, India. Int J Reprod Contracept Obstet Gynecol. 2017 Jun; 6(6):2541-2546 www.ijrcog.org.
 - Jindal M, Jindal D, Sahasrabhojane M, Naik V. Clinico-pathological study of ovarian tumors in Goa medical college: a tertiary care centre in Goa, India. Int J Reprod Contracept Obstet Gynecol 2019;8:4071-8.
 - Dr.RukmaPrabhu, Dr.Manjusha Jindal Malignant Mixed Mullerian Tumor of Uterus: A Rare Case Report. IOSR Journal of Dental and Medical Sciences (IOSR-JDMS) Volume 18, Issue 12 Ser.12 (December. 2019), PP 26-30 DOI: 10.9790/0853-1812122630.
 - Dr. Manjusha Jindal, Dr. Viraj Ramesh Naik, Dr. Mrinalini Sahasrabhojane, Dr. Ashwini Naik, Dr. Saba Anjum Khan, Dr. Siddhi Naik. Ovarian Steroid Cell Tumor: A Case Report. IOSR Journal of Dental and Medical Science .Volume 18, Issue 12 (December. 2019), PP 39-42.
 - Dr. Manjusha Jindal, Dr. Jagadish Cacodkar, Dr. Viraj R. Naik, Dr. Varsha Bhamaiakar. Epidemiology and socio-cultural factors influencing low birth weight. Indian Obstetrics & Gynaecology Volume 9, No.4, Oct-Dec, 2019: 9-15.
 - Disha Modi, Manjusha Jindal, Guruprasad Pednecar. Co-relation of IVF pregnancy to maternal health and pregnancy outcome at

tertiary health care center, Goa Medical college. J Pub Health Med Res 2019;7(2):7-13.

- Manjusha Jindal, Viraj Ramesh Naik, Jagdish Cacodkar, Varsha Bhamaiakar. Awareness, perceptions, attitudes and practices among antenatal mothers in Goa towards HIV/AIDS and its counselling and testing. J Pub Health Med Res 2020;8(1):1-11.
- Jindal M, Naik VR, Cacodcar J, Kulkarni M. Awareness, Perceptions, Attitudes, and Practices among Antenatal Mothers in Goa towards Reproductive Tract. Infections/Sexually Transmitted Infections. Int J Sci Stud 2020;8(1):1-5.
- Cacodcar JA, Kalyani S, Jindal M, Tamboskar K, Surlakar R, Signapurkar H, et al. Awareness and attitudes about prenatal sex determination among pregnant mothers and their perceptions regarding Pre-Conception and Pre- Natal Diagnostic Techniques Act. Int J Med Sci Public Health 2020;9(8):459-463.
- Lynette Fernandes, Manjusha Jindal, Meenakshi, Ajey Jha. A Cross-Sectional Study to Assess the Sociodemographic Characteristics and Early Pregnancy Behaviors among Pregnant Women with Heart Disease. European Journal of Molecular & Clinical Medicine 2022;9(3):9937-44.