



## **DR. AMAN KUMAR**

Consultant - Internal Medicine

### **Qualification**

M.B.B.S | D.N.B. Internal Medicine | Fellowship in Diabetes (Royal College of Physicians, London)

### **Overview**

Dr. Aman Kumar is a dedicated physician in the Department of Internal Medicine, with over three years of clinical experience in diagnosing, treating, and managing a wide spectrum of medical conditions. He holds an M.B.B.S degree and a D.N.B. in Internal Medicine, reflecting a strong academic and clinical foundation. His commitment to continuous learning and excellence in patient care is further demonstrated by his advanced training, including a Fellowship in Diabetes (2022) from the Royal College of Physicians, London (BMJ) and a Postgraduate Certificate Course in Primary Care Rheumatic and Musculoskeletal Medicine (BMJ, 2023). Dr. Kumar's field of expertise spans Diabetes, Thyroid Disorders, Infectious Diseases, Hypertension, and Lifestyle Disorders, areas in which he has successfully managed a diverse patient population. His holistic approach to care integrates evidence-based medicine with preventive strategies, ensuring long-term health outcomes for his patients. He emphasizes patient education and lifestyle modification, recognizing the critical role these play in controlling chronic diseases and improving quality of life. With a keen interest in metabolic and lifestyle-related conditions, Dr. Kumar

adopts a patient-centered approach, tailoring treatment plans to meet individual needs while maintaining a strong focus on preventive health. His expertise in managing complex and overlapping conditions makes him a trusted clinician for comprehensive internal medicine care. Dr. Kumar is also passionate about staying abreast of medical advancements through continuous research, training, and participation in global medical education platforms. His practice is guided by compassion, clinical precision, and the pursuit of excellence, ensuring patients receive personalized, ethical, and high-quality care. Through his dedication, Dr. Aman Kumar has earned the trust of patients and peers alike, establishing himself as a reliable and skilled internal medicine specialist committed to improving health and well-being.

### **Fellowship & Membership**

- Royal College of Physicians, London (BMJ) – Fellowship in Diabetes (2022)
- PG Certificate Course In Primary Care Rheumatic and Musculoskeletal Medicine (BMJ) - 2023

### **Field of Expertise**

- Diabetes
- Thyroid Disorders
- Infectious Diseases
- Hypertension
- Lifestyle Disorders

### **Languages Spoken**

- English
- Hindi

### **Awards & Achievements**

- Certificate of Appreciation for outstanding support and humanitarian work in the successful conduction of Phase II COVID-19 Clinical Trial (NIV-MLVC-COVID-19/2020-CT2) at Maharaja Agrasen Hospital, New Delhi (2020)

### **Talks & Publications**

- Co-authored peer-reviewed clinical research articles in high-impact journals.
- Clinical and Biochemical Profiles of Hospitalised Patients with Hypercalcaemia touch REVIEWS in Endocrinology (2024).
- Giant Visible Parathyroid Adenoma Presenting with Severe Hypercalcemia - Thyroid Research and Practice (2020).
- Large Mediastinal Parathyroid Adenoma Presenting with Acute Pancreatitis - Indian Journal of Endocrinology and Metabolism (2020).
- Hydroxyurea-Induced Non-Healing Leg Ulcer in Essential Thrombocythemia: A Case Report, AIFJR. Aug 19, 2025.