



DR. AMAN KUMAR

Consultant - Internal Medicine

Qualification

M.B.B.S | D.N.B. Internal Medicine | Fellowship in Diabetes (Royal College of Physicians, London)

Overview

Dr Aman Kumar is a dedicated and highly skilled physician specialising in Internal Medicine at Manipal Hospital Ghaziabad. With a strong academic background and extensive clinical training, he is committed to providing comprehensive medical care for a wide range of acute and chronic health conditions. Patients seeking expert diagnosis, personalised treatment, and preventive healthcare often choose Dr Aman Kumar for his patient-focused approach and evidence-based medical practice. He is increasingly recognised as a Top Internal Medicine Doctor in Ghaziabad for his ability to manage complex medical conditions with precision and compassion. Dr Aman Kumar holds an MBBS degree and a DNB in Internal Medicine. He has further strengthened his expertise through a Fellowship in Diabetes from the Royal College of Physicians, London. In addition, he has completed a Postgraduate Certificate Course in Primary Care Rheumatic and Musculoskeletal Medicine. His advanced training enables him to provide specialised care for patients with metabolic, endocrine, and lifestyle-related disorders. His key areas of expertise include diabetes management, thyroid disorders, hypertension, infectious diseases, and

lifestyle-related health conditions. Dr Kumar believes that successful treatment goes beyond prescribing medicines. He focuses on identifying the root cause of illness, educating patients about their condition, and helping them make sustainable lifestyle changes that support long-term health. Known for his thorough clinical assessments, Dr Aman Kumar takes time to understand each patient's medical history, symptoms, and health goals. This personalised approach helps him develop treatment plans that are both effective and practical. Whether managing chronic diseases, treating infections, or addressing preventive healthcare needs, he strives to deliver the highest standards of medical care. Dr Kumar is also actively involved in medical research and academic activities. He has co-authored peer-reviewed publications and continues to stay updated with the latest developments in Internal Medicine. His commitment to continuous learning ensures that patients benefit from modern, evidence-based treatment strategies. For individuals looking for Dr Aman Kumar or a Top Internal Medicine Doctor in Ghaziabad, he offers trusted medical expertise, compassionate care, and a strong focus on long-term wellness. His dedication to patient health and preventive medicine makes him a preferred choice for comprehensive internal medicine care in Ghaziabad.

Fellowship & Membership

- Royal College of Physicians, London (BMJ) – Fellowship in Diabetes (2022)
- PG Certificate Course In Primary Care Rheumatic and Musculoskeletal Medicine (BMJ) - 2023

Field of Expertise

- Diabetes

- Thyroid Disorders
- Infectious Diseases
- Hypertension
- Lifestyle Disorders

Languages Spoken

- English
- Hindi

Awards & Achievements

- Certificate of Appreciation for outstanding support and humanitarian work in the successful conduction of Phase II COVID-19 Clinical Trial (NIV-MLVC-COVID-19/2020-CT2) at Maharaja Agrasen Hospital, New Delhi (2020)

Talks & Publications

- Co-authored peer-reviewed clinical research articles in high-impact journals.
- Clinical and Biochemical Profiles of Hospitalised Patients with Hypercalcaemia touch REVIEWS in Endocrinology (2024).
- Giant Visible Parathyroid Adenoma Presenting with Severe Hypercalcemia – Thyroid Research and Practice (2020).
- Large Mediastinal Parathyroid Adenoma Presenting with Acute Pancreatitis – Indian Journal of Endocrinology and Metabolism (2020).
- Hydroxyurea-Induced Non-Healing Leg Ulcer in Essential Thrombocythemia: A Case Report, AIFJR. Aug 19, 2025.

