

DR. MEGHA RUSTAGI

Consultant - Pediatric Gastroenterology

Qualification

MBBS | MD Paediatrics | Fellowship In Pediatric Gastroenterology Hepatology And Nutrition

Overview

Dr. Megha Rustagi is a highly skilled Consultant in Pediatric Gastroenterology, Hepatology, Nutrition, and Liver Transplant, with a commitment to delivering compassionate and expert care for children. With an impressive academic background, she holds an MBBS degree, an MD in Pediatrics, and a Fellowship in Pediatric Gastroenterology, Hepatology, and Nutrition. Additionally, she has completed specialized fellowships under IAP and ISPGHAN, solidifying her expertise in the field. She is the foremost Paediatric Gastroenterologist in Ghaziabad Dr. Rustagi has over four years of experience in managing complex pediatric cases, including gastrointestinal disorders, liver diseases, nutritional deficiencies, and conditions requiring liver transplantation. She is dedicated to advancing pediatric care through her clinical work, research, and contributions to medical literature. Her achievements include being awarded first prize at MAHAPEDICRITICON 2019 for her poster presentation on “Unilateral Neonatal Adrenal Hematoma Presenting With Signs Of Adrenal Insufficiency.” She also received second prize at the same conference for her paper on “Serum Thyroid Profile in Critically Ill Children and Its Correlation to Clinical Outcome.”

Recently, she presented a groundbreaking paper on “Clinical and Genetic Spectrum of Very Early Onset Inflammatory Bowel Disease” at the ISPGHAN Conference 2024. Dr. Rustagi has published extensively in reputable journals, with works such as Clinical Evaluation of Acute Respiratory Distress and Chest Wheezing in Infants (Journal of Natural Science, Biology, and Medicine), Serum Thyroid Profile and Its Correlation to Clinical Outcome in Critically Ill Children (International Journal of Health Sciences), and Comparison of Caffeine Versus Aminophylline for Apnea of Prematurity (Biomedical and Pharmacology Journal). Dr. Megha Rustagi is recognized for her dedication to improving pediatric healthcare outcomes, making her a trusted name in pediatric gastroenterology and hepatology.

Field of Expertise

- Pediatric Gastroenterology
- Hepatology
- Nutrition and liver transplant

Languages Spoken

- English
- Hindi

Awards & Achievements

- Presented Poster at MAHAPEDICRITICON 2019 (Maharashtra State Conference) on the topic entitled " Unilateral Neonatal Adrenal Hematoma Presenting With Signs Of Adrenal Insufficiency and was awarded first prize.
- Presented paper at MAHAPEDICRITICON 2019 (Maharashtra State Conference) on the topic entitled “Serum Thyroid Profile

In Critically Ill Children And Its Correlation To Clinical Outcome" and was awarded second prize.
- Presented paper at ISPGHAN conference 2024 on the topic entitled " Clinical and genetic spectrum of very early onset inflammatory bowel disease – a single centre experience

Talks & Publications

- Clinical Evaluation Of Acute Respiratory Distress And Chest Wheezing In Infants- Journal Of Natural Science, Biology And Medicine.
- Serum Thyroid Profile And Its Correlation To Clinical Outcome In Critically Ill Children, International Journal Of Health Sciences.
- Comparison Of Caffeine Versus Aminophylline For Apnea Of Prematurity, Biomedical And Pharmacology Journal.