

DR. AMOOLYA K SETH

Consultant - Psychiatrist

Qualification

MBBS | MD (Psychiatrist)

Overview

Dr. Amoolya K Seth is a highly respected mental health specialist known for providing compassionate, evidence-based psychiatric care to patients across all age groups. With extensive experience in diagnosing and treating a wide range of psychological and emotional conditions, Dr. Amoolya K Seth has earned the trust of patients and families seeking expert mental healthcare. As a leading psychiatrist in Ghaziabad, he focuses on helping individuals overcome mental health challenges and achieve long-term emotional well-being through personalised treatment plans. Holding qualifications in MBBS and MD (Psychiatry), Dr. Seth combines strong clinical expertise with a patient-centred approach. He understands that every individual's mental health journey is unique. Therefore, he takes time to evaluate the emotional, psychological, social, and medical factors affecting each patient before recommending a treatment strategy. His thoughtful and non-judgemental approach helps patients feel comfortable discussing sensitive concerns. Dr. Amoolya K Seth specialises in the treatment of mood disorders, anxiety disorders, depression, stress-related conditions, psychotic illnesses, behavioural concerns, and personality

disorders. He adopts a holistic treatment model that combines medication management, counselling, psychoeducation, behavioural interventions, and lifestyle modifications whenever appropriate. His goal is not only to reduce symptoms but also to improve overall quality of life, daily functioning, and emotional resilience. One of the key strengths of Dr. Seth's practice is his emphasis on patient education and family involvement. He believes that informed patients are better equipped to manage their mental health. By working closely with patients and their support systems, he helps create sustainable treatment plans that encourage recovery and long-term stability. Dr. Seth is a member of the Indian Medical Association, Ghaziabad, reflecting his commitment to maintaining high professional standards and staying updated with the latest developments in psychiatry. He regularly incorporates modern, evidence-based treatment approaches into his clinical practice. Fluent in both Hindi and English, Dr. Amoolya K Seth communicates effectively with patients from diverse backgrounds. His calm demeanour, accurate assessments, and dedication to mental wellness have made him a preferred psychiatrist in Ghaziabad for individuals seeking confidential, compassionate, and comprehensive mental healthcare. Whether addressing anxiety, depression, stress, or more complex psychiatric conditions, Dr. Seth remains committed to helping patients lead healthier and more fulfilling lives.

Fellowship & Membership

- Member of Indian Medical Association, Ghaziabad.

Field of Expertise

- Specializes in the treatment of Mental Disorders

Languages Spoken

- Hindi
- English