



DR. UTTIO GUPTA

Consultant - Diabetes & Endocrinology

Qualification

M.B.B.S, M.D (Medicine) | D.M. Endocrinology (AIIMS, New Delhi) |
Specialist in Endocrinology and Diabetes

Overview

Dr. Uttio Gupta is a Consultant in the Department of Diabetes & Endocrinology at Manipal Hospitals, E.M. Bypass, Kolkata. With prior experience as a Consultant in the Department of Diabetes & Endocrinology at Medica Superspecialty Hospital, Kolkata, Dr. Gupta brings a wealth of expertise backed by impressive credentials. He holds an MBBS, MD in Medicine, and DM in Endocrinology from the prestigious AIIMS, New Delhi. Specializing in managing complex endocrine and diabetes-related disorders, Dr. Gupta's clinical acumen spans type 1 and type 2 diabetes, gestational diabetes, pancreatic diabetes, and MODY (Maturity-Onset Diabetes of the Young). He is proficient in addressing thyroid problems, adrenal disorders, obesity, polycystic ovarian disease, osteoporosis, and pediatric endocrine issues such as growth and puberty disorders. Dr. Gupta's qualifications are further accentuated by his three-year specialized experience at AIIMS clinics for "Diabetes of the Young" and "Gestational Diabetes Mellitus" and his work in the Pediatric Adolescent Endocrinology Clinic. He has participated in global and national programs, including the American Thyroid Association's advanced management course and the

Cleveland Clinic Advanced Certificate Course in Diabetes. An active contributor to academic research, Dr. Gupta has presented posters and papers at conferences like ESICON, RSSDI and ISBMR. Dr. Gupta's scholarly contributions include publications in reputed journals, covering topics like hypercortisolism, hypothyroidism prevalence, and diabetic cardiomyopathy. His dedication to advancing endocrinology is evident through his involvement in workshops, CMEs, and symposiums on thyroid disorders, growth disorders, and research methodologies. A recognized thought leader, Dr. Gupta's achievements reflect his commitment to clinical excellence, patient care, and academic leadership, making him a pivotal figure in the field of diabetes and endocrinology in Kolkata.

Field of Expertise

- Diabetes Mellitus
- Thyroid Disorder
- Obesity
- Polycystic Ovary
- Pituitary Hormone Imbalance
- Adrenal Disorder
- Metabolic Bone Disease

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- 2nd prize in Poster presentation, ESICON 2018, Bhubaneswar.

- 2nd prize in Poster presentation, 26th Annual Scientific Conference, VIMS, Kolkata
- Participation in the program 'Advances in Management of Thyroid Disorders' organised by the American Thyroid Association, 2019.
- Participation in the 'Cleveland Clinic Advanced Certificate Course in Diabetes 2018'.
- Poster presentation at the Institute Research Day, AIIMS.
- Participation in 'Growth disorder symposium 2018' organised by Growth Hormone Research Society, AIIMS, and ISPAE.
- Poster presentation in '14th ISBMR Annual Conference and Endo Update 2018'.
- Case presentation in CCR, AIIMS, 2017.
- Participation in 'AIIMS-LHMC CME in Paediatric Endocrinology, 2017'
- Participation in 'Research Methodology Workshop' organised by ESI and CMC Vellore, 2017.
- Paper presentation in 'RSSDI & ESS Joint annual conference' 2016.
- ICH-GCP Certification Training, RSSDI WB Chapter, Kolkata, 2014.
- Participation in 'Workshop on Scientific Presentation Skills' by RSSDI WB Chapter, 2014.

Talks & Publications

- Letters to editor: Severe hypercortisolism with hypokalemic alkalosis mimicking ectopic cushing syndrome in a patient with cushing disease due to pituitary microadenoma Indian J Endocr Metab 2018;22:860-3.
- Original article: Prevalence of hypothyroidism in Kolkata: An epidemiological pilot study, in Indian Journal of Basic and

Applied Medical Research; March 2016: Vol-5, Issue-2, P. 370-373.

- Case report on Restrictive variant of Hypertrophic Cardiomyopathy: a rare presentation. in Journal of Indian Academy of Echocardiography. Sep-Dec 2013. Volume: 24, no:3.
- Original Article: Multinodular Goitre- A clinical, biochemical, immunological and cytological study of 100 cases, in VIMS Journal Vol 36 (11) 2013.
- Review article on Diabetic Cardiomyopathy, in ICP Monograph 2013.