

DR. NILOTPAL DUTTA

Consultant & Clinical Lead – Neuro-Otology (Vertigo and Balance Clinic)

Qualification

MBBS | DLO | MS (ENT) | MRCS (ENT, UK) | DO-HNS (England) | FRSPH (London) | MRCPS (Glasgow, UK)

Overview

Dr. Nilotpal Dutta is a Consultant in the Department of Neuro-Otology (Vertigo and Balance Clinic) at Manipal Hospitals E.M. Bypass, Kolkata, specialising in Vertigo, Balance disorders, and complex Neurotological conditions. With a strong academic foundation, he completed his M.B.B.S. in 2013, followed by D.L.O. and MS (ENT), further enhancing his expertise with DOHNS (ENT) and MRCS (ENT). His dedication to neurotology led him to pursue specialised training in paediatric vestibular medicine and multiple vestibular courses, culminating in a Fellowship in Neurotology and a Certificate Course in the Assessment and Management of Vertigo and Balance Disorders. Dr. Dutta is proficient in advanced neurotological diagnostics, including VNG, VHIT, cVEMP, and oVEMP. His expertise extends to therapeutic manoeuvres for Benign Paroxysmal Positional Vertigo (BPPV), including Epley’s and Semont’s manoeuvres, and performing intricate surgical interventions such as posterior semicircular canal occlusion and vestibular neurectomy for intractable vertigo cases. Dr. Dutta specialises in treating tinnitus, psychogenic vertigo, complex headaches, and vestibular migraines, adopting a multidisciplinary

approach that integrates medical therapy, vestibular rehabilitation, and advanced surgical techniques. His commitment to academic excellence is reflected in his active participation in national and international conferences, including the SAARC ENT Congress and NESCON at AIIMS, where he shares insights on vestibulometry, neurotology advancements, and innovative vertigo treatments. As a researcher, he has co-authored academic books and contributed to multiple publications on atypical BPPV, novel approaches to vertigo management, and emerging trends in neurotology. Dr. Dutta is an esteemed member of the Royal College of Physicians & Surgeons of Glasgow, the Association of Otolaryngologists of India, and the Indian Society of Otology. His unwavering dedication to neurotology treatments and patient-centric care positions him among the top specialists in vertigo and balance disorders, offering solutions for individuals struggling with dizziness, imbalance, and associated neurological conditions.

Fellowship & Membership

- Member of the British Association of Audiovestibular Physicians (BAAP).
- Member of the Royal College of Physicians & Surgeons, Glasgow (UK).
- Member of the Association of Otolaryngologists of India (AOI).
- Member of the Indian Academy of Otolaryngology and Head and Neck Surgery (IAOHNS).
- Member of the Indian Society of Otology (ISO).
- Member of the Neuroequilibriometric Society of the World (NES, Hungary).
- Member of the Neuroequilibriometric Society of India.
- Member of the West Bengal Chapter of the Association of Otolaryngologists of India (WBAOI).
- Fellowship in Neurotology from IAOHNS, Kolkata.

- Travel Fellowship in Vertigo and Balance Disorders from Chennai.
- Fellowship in Neurotology (Vertigo & Balance Disorder) (Cal), (Chennai).
- Trained in Pediatric Vestibular Medicine, Liverpool(UK).
- Certificate Course in Assessment and Management of Vertigo and Balance Disorders (Bangalore).

Field of Expertise

- Proficient in conducting all types of diagnostic neurotological procedures, including Video Nystagmography (VNG), Dynamic Visual Acuity (DVA), Video Head Impulse Test (VHIT), Subjective Visual Vertical (SVV), Craniocorpography (CCG), Cervical Vestibular Evoked Myogenic Potential (cVEMP), Ocular Vestibular Evoked Myogenic Potential (oVEMP), and Electrocochleography (EcochG).
- Specialises in therapeutic manoeuvres for Benign Paroxysmal Positional Vertigo (BPPV) such as Epley’s, Semont’s, Modified Gufoni’s, Barbeque, and Yacovino’s manoeuvres.
- Expertise in surgical interventions for vertigo and balance disorders, including Posterior Semi-Circular Canal Occlusion, Vestibular Neurectomy, and Endolymphatic Sac Resection.
- Extensive experience in the treatment of tinnitus, psychogenic vertigo, complex headaches, and migraine-related vestibular disorders.

Languages Spoken

- Bengali
- Hindi
- English

Awards & Achievements

- Recognised as one of the few specialists in India with 4 years of intensive training in diagnostic and therapeutic neurotology.
- Attended the 30th NEBAIOCON, 2017.
- Participated in the CME on Neurotology and Temporal Bone Dissection at SMIMS, Sikkim.
- Completed a Temporal Bone Dissection Course at VIMS, Kolkata.
- Attended AOICON 2017 in Indore.
- Participated in the Workshop on FESS, Kolkata.
- Contributed to GIDDICON 2018, held in Patna.
- Participated in ISOCON 2018, Mysore.
- Attended a CME on Sleep Medicine, 2019.
- Engaged in MID-AIOHNS, Chennai, 2020.
- Convened the Cross ENT Talk.
- Attended the IAOHNS, 2021.
- Completed a masterclass in vertigo under Dr. Michael Strupp.
- Participated in the SAARC ENT Congress in Nepal.
- Attended NESCON, AIIMS, New Delhi.
- Paper Presentation: Atypical BPPV: Treatment Modalities presented in AIOCON 2018, Indore.
- Vestibulometry: Demonstration of Videonystagmography (VNG) in ISOCON, Mysore 2018.
- Video Nystagmography: An Essential Tool in Diagnosis in Vestibulometry Today, ISACON 2018, Mysore.
- Invited speaker at the Neurotology conference organised by MID IAOHNS on the topic “Role of VEMP in vestibular practice.”
- Invited faculty (speaker) in the CONVENE ENT conference held in Guwahati on the topic “Modern Vestibulometry in clinical practice today.”
- Invited national speaker and faculty in the Vertigo symposium

in IAOHNS, 2021.
- Invited International faculty to the 11th SAARC ENT Congress in Nepal 2022.
- Invited speaker and panellist at NESCON 2022, AIIMS, New Delhi.
- Regularly conducts sessions on awareness of vertigo and balance disorders amongst students and the general population.
- Poster presentation: Rhinophyma: A rare case report in AOICON, 2018, Indore.

Talks & Publications

- Co-Author of the Book ENT Residency Made Easy, Contributing the Chapter on Neurotology.
- Presented at Various National and International Conferences on Vertigo, Balance Disorders, and Neurotology.
- Published Articles and Case Studies on Vertigo, Tinnitus, and Vestibular Disorders in Reputed Medical Journals.
- Actively Involved in Research and Academic Discussions in the Field of Neurotology and Vestibular Medicine.
- Role of Betahistine in the Management of Vertigo.
- Wideband Tympanometry.
- Atypical BPPV: Diagnosis and treatment modalities.
- Post-BPPV syndrome.