

DR. NAVYA C

Consultant - Ophthalmology

Qualification

MBBS | MS | DNB | FMR

Overview

Dr. Navya C is an accomplished ophthalmologist, medical retina specialist, and oculoplasty surgeon in Electronics City, Bengaluru. She is currently practising as a Consultant – Ophthalmology at Manipal Hospital Electronics City, Bengaluru, where she delivers comprehensive, evidence-based vision and ocular care. Known for her academic excellence as an RGUHS Gold Medalist, meticulous surgical precision, and patient-first approach, Dr. Navya is regarded as one of the best ophthalmologists in Electronics City, Bangalore. Dr. Navya completed her undergraduate medical education (MBBS) followed by a Master of Surgery (MS) in Ophthalmology. Demonstrating a dedicated commitment to postgraduate surgical standards, she earned the Diplomate of National Board (DNB) in Ophthalmology. To attain specialised subspecialty expertise in vitreoretinal and posterior segment disorders, she completed a Fellowship in Medical Retina (FMR). Recognised for outstanding academic performance throughout her medical training, she was honoured as an RGUHS Gold Medalist. She maintains an active professional membership with the Karnataka Ophthalmic Society (KOS). At Manipal Hospital Electronics City, Dr.

Navya C provides advanced diagnostic evaluation, vision correction, and medical and surgical management for a broad spectrum of complex ocular conditions. As one of the best ophthalmologists in Electronics City, Bangalore, her clinical focus covers medical retina, including early screening, diagnosis, and treatment of diabetic retinopathy, hypertensive retinopathy, retinal vascular occlusions, and macular degenerative diseases. In addition, her expertise extends to oculoplastic surgery, managing eyelids, lacrimal system disorders, and orbital conditions with careful attention to both functional restoration and aesthetic harmony. Her practice strongly emphasises early detection, preventive eye care, and innovative clinical solutions to preserve and enhance long-term vision. An active contributor to clinical research and academic ophthalmology, Dr. Navya has authored original research articles in indexed medical journals. Her publications include studies on the prevalence of diabetic retinopathy in newly diagnosed type 2 diabetes mellitus (Red Flower Publication), the association of hypertensive retinopathy with serum lipid profiles (International Journal of Dental and Medical Sciences Research), and the correlation of high-sensitivity C-reactive protein (hs-CRP) with blood sugar levels in diabetic retinopathy patients. She has delivered paper and poster presentations at major ophthalmic conferences, including multiple editions of the Karnataka Ophthalmic Society Conference (KOSCON), highlighting clinical findings on diabetic retinopathy, typical iris coloboma, Stargardt disease, and neurofibromatosis. Fluent in English, Kannada, Hindi, Telugu, and Tamil, Dr. Navya C combines clinical diligence with clear, empathetic communication, ensuring transparent patient counselling, tailored treatment protocols, and compassionate care for individuals of all age groups.

Fellowship & Membership

- Member of Karnataka Ophthalmic Society.

Field of Expertise

- Medical Retina Specialist
- Oculoplasty Surgeon

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Awards & Achievements

- RGUHS - Gold Medalist

Talks & Publications

- Prevalence Of Diabetic Retinopathy In Newly Diagnosed Cases Of Type 2 Diabetes Mellitus – Red Flower Publication V0l.6 Number1/Jan-april2020.
- Association Of Hypertensive Retinopathy And Serum Lipid Profile In Patients Attending Tertiary Care Centre-international Journal of Dental And Medical Science Research Vol 3, Issue3, May-June 2021.
- Correlation Of High Sensitive C-reactive Protein With Blood Sugar Level In Patients With Diabetic Retinopathy- International Journal of Dental And Medical Science Research Vol 3, July-August 2021.
- Prevalence Of Diabetic Retinopathy In Newly Diagnosed Cases

Of Type -2 Dm At 38th KOSCON 2019, Belagavi.

- Correlation of hsCRP in Patients With Diabetic Retinopathy at 39th KOSCON 2020.
- A Case Of Typical Iris Coloboma At 38th KOSCON 2019.
- A Case of Stargardt's Disease at the 39th KOSCON 2020.
- A Case Of Neurofibromatosis at the 39th KOSCON 2020.