

DR. AMALA DEEPTHI DEGALA

Consultant - Critical Care Medicine

Qualification

MBBS | MD | FNB

Overview

Dr. Amala Deepthi Degala is a dedicated critical care medicine specialist and intensivist in Electronics City, Bengaluru, bringing specialised clinical expertise in intensive care management, life support technologies, and the resuscitation of critically ill patients. She is currently practising as a Consultant – Critical Care Medicine at Manipal Hospital Electronics City, Bengaluru, where she provides comprehensive, evidence-based management for patients facing acute and life-threatening medical emergencies. Known for her calm demeanour, diagnostic vigilance, and compassionate bedside approach, Dr. Amala Deepthi is regarded as one of the best critical care specialists in Electronics City, Bangalore. Dr. Deepthi completed her undergraduate medical education (MBBS), followed by a Doctor of Medicine (MD) in Anaesthesiology. Committed to mastering the complexities of modern intensive care, she achieved subspecialty super-specialisation by earning the Fellowship of the National Board (FNB) in Critical Care Medicine (CCM) from the National Board of Examinations. She maintains active professional affiliations with leading bodies, holding memberships in the Indian Society of Critical

Care Medicine (ISCCM) and the Indian Society of Anaesthesiologists (ISA). At Manipal Hospital Electronics City, Dr. Amala Deepthi Degala plays an essential role in directing patient care within the Intensive Care Unit (ICU). As a top intensivist and critical care doctor in Electronics City, Bangalore, she possesses extensive experience in managing intricate multi-system conditions, including acute respiratory failure, septic shock, severe sepsis, multi-organ dysfunction syndrome (MODS), acute hemodynamic instability, and complex post-surgical complications. Her procedural and technical repertoire includes the operation of advanced mechanical ventilation modalities, point-of-care ultrasound (POCUS) and echocardiography in intensive care, hemodynamic monitoring, and extracorporeal life support systems such as Extracorporeal Membrane Oxygenation (ECMO). Working closely within a cohesive multidisciplinary framework, Dr. Deepthi coordinates with medical and surgical specialists to guide critically ill individuals through the most vulnerable phases of their hospitalisation. She has contributed to academic and clinical forums, presenting scientific work such as a poster presentation on "Difficult airway management in an infant with massive hydrocephalus" at the South Zone Conference in Visakhapatnam (2014), and frequently serves as faculty at regional critical care conferences and workshops. Fluent in Telugu, Kannada, English, and Hindi, Dr. Amala combines clinical precision with clear, empathetic communication, ensuring that families receive transparent clinical updates, compassionate guidance, and steadfast support during times of medical crisis.

Fellowship & Membership

- Member of the Indian Society of Critical Care Medicine (ISCCM)
- Member of the Indian Society of Anesthesiology

Field of Expertise

- Respiratory failure
- Sepsis
- Organ failure
- Post-surgical complications
- Ventilator
- Ultrasound
- ECMO

Languages Spoken

- Telugu
- Kannada
- English
- Hindi

Talks & Publications

- Poster Presentation at the South Zone Conference, Visakhapatnam, 2014.
- Difficult airway management in an infant with massive hydrocephalus.
- Faculty at several critical care conferences and workshops in the city.