

DR. SHUBHA RAO

Consultant - Obstetrics and Gynecology

Qualification

MBBS | MS (OBG) | DNB (OBG) | FRMAS (Fellowship in Reproductive Medicine and Surgery -MAHE UNIVERSITY) | Diplomate in Cosmetic Gynaecology

Overview

Dr. Shubha Rao is a distinguished Obstetrician and Gynaecologist in Electronics City, Bangalore, with over 15 years of experience in women's healthcare, reproductive medicine, and gynaecological care. She is currently practising as a Consultant – Obstetrics and Gynaecology at Manipal Hospital Electronics City, Bangalore. She has a rich expertise in infertility evaluation and management, high-risk pregnancy care, minimally invasive gynaecological procedures, menstrual disorders, PCOS management, menopause care, and preventive women's health. Her advanced training in Reproductive Medicine and Surgery and Minimally Invasive Surgery has established her among the best gynaecologists in Electronics City. Dr. Shubha Rao's qualifications include MBBS, MS in Obstetrics and Gynaecology, and DNB in Obstetrics and Gynaecology. She has further pursued a fellowship in Minimally Invasive Surgery and Reproductive Medicine and Surgery, along with a Diplomate in Cosmetic Gynaecology. Her advanced professional training also includes specialised exposure to high-risk pregnancy care and Reproductive Medicine, strengthening

her clinical approach to complex obstetric and reproductive health needs. At Manipal Hospital Electronics City, Bangalore, Dr. Shubha Rao also provides care across the different stages of pregnancy, including preconception counselling, antenatal care, high-risk pregnancy management, labour and delivery, and postnatal care. Her approach to pregnancy care focuses on appropriate surveillance, timely identification of risk factors, and personalised management based on maternal and foetal requirements. Her gynaecological practice includes the evaluation and management of menstrual disorders, abnormal uterine bleeding, PCOS, endometriosis, fibroids, ovarian cysts, and pelvic pain. She also provides care for adolescent gynaecological concerns, menopause-related health needs, contraception, and family planning. With fellowship training in Minimally Invasive Surgery, Dr. Shubha has developed expertise in laparoscopic and hysteroscopic procedures. These techniques can offer appropriate advantages in selected patients such as smaller incisions, reduced postoperative discomfort, shorter recovery periods, and earlier return to routine activities. Dr. Shubha promotes appropriate health screening, cervical cancer screening, HPV vaccination, breast health awareness, contraception counselling, lifestyle modification, and preventive health education. Dr. Shubha’s has actively participated in scientific forums and conferences, with contributions to discussions around obstetrics, gynaecology, reproductive medicine, and women's health. She has also received recognition for her academic and professional contributions, including the Gold Medal in Fellowship in Reproductive Medicine and Surgery, the YUVA FOGSI Orator Award, and the FOGSI Science Image Award. Her clinical philosophy also emphasises understanding each patient's individual circumstances. With her extensive experience and advanced training in reproductive medicine, high-risk pregnancy care, minimally invasive gynaecology, and comprehensive women's health, Dr. Shubha Rao provides care across a broad spectrum of obstetric and gynaecological needs. Her combination of clinical expertise, academic engagement, and patient-focused counselling has made her one of the

best gynaecologists in Electronics City for evidence-based reproductive and women's healthcare.

Fellowship & Membership

- FRMAS (Fellowship in Reproductive Medicine and Surgery -MAHE UNIVERSITY).
- Diplomate in Cosmetic Gynaecology, Fellowship in MAS.

Field of Expertise

- Obstetrics & Gynaecology
- Women's Health
- High-Risk Pregnancy Management
- Pregnancy Care (Antenatal & Postnatal)
- Preventive Gynaecology
- Menstrual Disorders
- PCOS Management
- Infertility Evaluation, Management & Counselling
- IVF
- Adolescent Gynaecology
- Menopause Care
- Family Planning & Contraception
- Minimally Invasive Gynecologic Procedures
- Evidence-Based Women's Healthcare
- Patient Education & Shared Decision-Making

Languages Spoken

- English
- Hindi
- Kannada

- Hindu
- Tulu

Awards & Achievements

- Gold Medal in Fellowship in Reproductive Medicine and Surgery (MAHE UNIVERSITY)
- YUVA FOGSI ORATOR AWARD
- FOGSI SCIENCE IMAGE AWARD