

DR. AKILA R

Consultant - Dermatology

Qualification

MBBS | MD (DVL) | DNB | MNAMS | Fellowship in Aesthetic Medicine (FAM)

Overview

Dr. Akila R. is an accomplished consultant dermatologist and cosmetologist in Electronic City, Bangalore, with nearly a decade of postgraduate clinical experience across leading medical centres. She is currently practising as a Consultant – Dermatology at Manipal Hospital Electronic City. Dr. Akila R possesses multi-faceted clinical expertise bridging general medical dermatology, aesthetic medicine, dermatosurgery, pediatric dermatology, cutaneous oncology, and venereology. Her clinical precision and evidence-based practice establish her as one of the best dermatologists in Electronic City. Dr. Akila R completed her MBBS and subsequently pursued her MD in Dermatology, Venereology and Leprology (DVL), followed by DNB in Dermatology. She is also a Member of the National Academy of Medical Sciences (MNAMS) and has completed a Fellowship in Aesthetic Medicine (FAM), strengthening her expertise in cosmetic dermatology and aesthetic procedures. Her academic training and fellowship have enabled her to develop a broad clinical practice encompassing both medical and aesthetic dermatology. At Manipal Hospital Electronic City, Dr. Akila R offers comprehensive services including the diagnosis and

management of inflammatory skin conditions such as psoriasis and eczema; autoimmune disorders; and a range of other dermatological disorders. She is also interested in cutaneous oncology and in evaluating and managing skin lesions that require careful clinical assessment. Her approach focuses on accurate diagnosis, personalised treatment planning, and comprehensive management of both common and complex skin conditions. In dermatosurgery, Dr. Akila is proficient in surgical interventions such as local surgical excision of benign and malignant skin lesions, electrocautery, cryosurgery, and skin grafting. Her subspecialty practice also encompasses pediatric dermatology for specialised childhood skin disorders, as well as venereology and sexual health, focusing on the clinical and psychosocial management of sexually transmitted infections (STIs) and non-STI genital dermatoses. An active researcher and public health advocate, Dr. Akila was awarded the prestigious Dr. Govindan Nair Memorial Prize at the National Conference of IASSD & AIDS at AIIMS, Bhopal (2016) for her research on the psychosocial and sexual impact of genital dermatoses. She has presented clinical papers and posters at major forums including the Asian Dermatological Congress, DERMACON, SARCD, and CUTICON-KN. She has also spearheaded public health campaigns on vitiligo awareness and HIV management at Velammal Medical College Hospital and Research Institute, Madurai. Dr. Akila holds active memberships in the Indian Association of Dermatologists, Venereologists and Leprologists (IADVL), Bangalore Dermatological Society (BDS), Indian Association of Pediatric Dermatology (IAPD), Association of Cutaneous Surgeons of India (ACSI), and NAMS. With her combined expertise in dermatology and aesthetic medicine, Dr. Akila brings a multidisciplinary perspective to the management of skin, hair, aesthetic, pediatric, surgical, and sexual health concerns. Fluent in English, Kannada, Telugu, Hindi, and Tamil, she establishes clear, comfortable interactions with patients from diverse backgrounds, making her one of the best dermatologists in Electronic City.

Fellowship & Membership

- Aesthetic Medicine (FAM)
- Indian Association of Dermatologists, Venereologists and Leprologists
- Member of National Academy of Medical Sciences
- Bangalore Dermatological Society
- Indian Association of Pediatric Dermatology
- Association of Cutaneous Surgeons of India

Field of Expertise

- General Clinical Dermatology: Diagnosis and management of inflammatory diseases (psoriasis, eczema, SLE), pigmentary disorders (vitiligo, hypo- and hyperpigmentation), and cutaneous oncology.
- Aesthetic Medicine & Cosmetology: Fellowship-trained in aesthetics, laser therapies, chemical peels and injectables.
- Dermatosurgery: Proficient in local excision, electrocautery, cryosurgery and skin grafting.
- Pediatric Dermatology: Specialised focus on childhood skin conditions.
- Venereology & Sexual Health: Management of sexually transmitted infections (STIs) and genital dermatoses, including their psychosocial impacts.
- Published researcher and public health advocate for skin conditions.

Languages Spoken

- English
- Kannada

- Telugu
- Hindi
- Tamil

Awards & Achievements

- Dr GOVINDAN NAIR MEMORIAL PRIZE at the National conference of the IASSD & AIDS, AIIMS, Bhopal, November 2016.
- Published researcher and public health advocate for skin conditions.

Talks & Publications

- Assessment of psychosocial and sexual impact on men with STI and Non-STI genital dermatoses. Dr GOVINDAN NAIR MEMORIAL PRIZE at the National conference of the IASSD & AIDS, AIIMS, Bhopal, November 2016.
- Clinicoepidemiological study of Hypopigmented lesions in children. Oral presentation at the Asian Dermatological Congress held at Sahara Star Convention Centre, Mumbai, October 2016.
- Sorafinib-induced Hand and Foot Syndrome. Electronic poster presentation at the Asian Dermatological Congress held at Sahara Star Convention Centre, Mumbai, October 2016.
- Clinicoepidemiological study of Hypopigmented lesions in children and assessment of knowledge and attitude of parents. Electronic poster presentation at the National Conference DERMACON, Coimbatore, January 2016.
- Atypical presentation of SLE of childhood onset. Electronic poster presentation at the International Conference SARCD, Mysuru, September 2015.

- Pilomatricoma over the scalp - unusual presentation. Electronic poster presentation at the State Conference CUTICON-KN, Davangere, November 2015.
- Awareness of vitiligo- Vitiligo Day JUNE 2018. Velammal Medical College Hospital and Research Institute, Madurai.
- HIV –Symptoms and treatment. December 2018. Velammal Medical College Hospital and Research Institute, Madurai.