

DR. P. ARUN PRASAD

Consultant - Spine Surgeon

Qualification

MBBS | MS (Orthopedics) | FNB (Spine Surgery)

Overview

Dr. P Arun Prasad is an experienced spine specialist in Electronic City with over 9 years of expertise in spine surgery, focusing on the diagnosis and management of degenerative, traumatic, deformity-related, and complex spinal disorders. He is currently practising as a Consultant – Spine Surgery at Manipal Hospital Electronic City, where he provides evidence-based, patient-centred care for a broad range of spinal conditions. His precision-oriented operative approach and commitment to patient-centred functional recovery establish him as the best spine surgeon in Electronic City. Dr. P Arun Prasad completed his MBBS and MS in Orthopaedics, followed by an FNB in spine surgery. His focused training in spine surgery has enabled him to develop expertise in managing conditions across the spine, from common degenerative disorders and disc-related problems to complex traumatic, oncological, metabolic, inflammatory, and deformity-related conditions. At Manipal Hospital Electronic City, his clinical expertise encompasses degenerative spine disorders, including conditions associated with age-related changes in the spinal structures. He also manages disc herniation, lumbar canal stenosis, and sciatica,

conditions that can cause significant pain, restricted mobility, and nerve-related symptoms. Dr. Arun Prasad also has experience in the management of trauma spine conditions, addressing spinal injuries that may require specialised evaluation and surgical planning. His practice extends to more complex spinal disorders, including spinal cancer and metabolic spine conditions. Dr. Arun Prasad’s clinical approach centres on selecting procedures based on the individual patient's condition and clinical requirements rather than adopting a one-size-fits-all approach. His broad clinical exposure across degenerative, traumatic, oncological, metabolic, inflammatory, and deformity-related spinal conditions enables him to approach spine care comprehensively. He also manages commonly encountered conditions such as disc herniation, lumbar canal stenosis, and sciatica, assessing patients to determine the appropriate course of treatment based on symptoms, neurological findings, and underlying spinal pathology. Dr. Arun Prasad is committed to patient-centred spine care, with emphasis on accurate diagnosis, evidence-based treatment, and appropriate surgical decision-making. His focus on minimally invasive and endoscopic techniques, alongside his expertise in complex spinal disorders, allows him to provide tailored care across a wide spectrum of spine conditions. Dr. Arun Prasad, the renowned as one of the best spine surgeons in Electronic City, speaks fluently in English, Hindi, Kannada, Tamil, Telugu, and Malayalam, enabling him to communicate effectively with patients from diverse linguistic backgrounds.

Fellowship & Membership

- FNB Spine Surgery

Field of Expertise

- Degenerative Spine

- Trauma Spine
- Cancer Spine
- Metabolic Spine
- Spine Deformity
- Inflammatory Spine Disorder
- Disc Herniation
- Lumbar Canal Stenosis
- Sciatica

Languages Spoken

- English
- Hindi
- Kannada
- Tamil
- Telugu
- Malayalum