

DR. ANJALI P K

Consultant - ENT and Head and Neck Surgery

Qualification

MBBS | MS ENT(Gold Medal)

Overview

Dr. Anjali P. K. is a highly accomplished ENT specialist in Electronic City, Bangalore. She's currently practising as a Consultant - ENT and Head and Neck Surgery at Manipal Hospitals Electronic City, Bangalore. With an impressive academic background and a commitment to excellence, she is renowned for her expertise in a wide range of ENT and head and neck procedures, both in adult and paediatric populations. Her specialised training includes a comprehensive course on Vestibular and Balance Disorders at Cyclops Meditech. She is also certified in Coblation Technology and Balloon Eustachian Tuboplasty. Dr. Anjali has honed her skills in facial plastic surgery through hands-on dissecting surgeon training. Additionally, she has undergone specialised training in Rhinoplasty at the 22nd Specialists Rhinoplasty Course and is certified in Allergy and Immunology. In recognition of her academic excellence, Dr. Anjali has received numerous awards. She has also served as an invited reviewer for multiple international journals, contributing to the advancement of knowledge in her field. The clinical expertise of Dr. Anjali, an ENT head and neck surgeon in Electronic City, Bangalore, includes managing vertigo and balance

disorders, paediatric and adult sleep apnoea, and performing Coblation-assisted ENT surgeries. Her surgical repertoire involves tympanoplasty (endoscopic-assisted keyhole and microscopic), mastoid surgeries, nasal and paranasal surgeries, as well as complex head and neck procedures. She is proficient in managing salivary gland stones with sialendoscopy, balloon eustachian tuboplasty, dacryocystorhinostomy for chronic eye watering, and tracheostomy for both emergency and elective cases. Her skills extend to emergency management of epistaxis, head and neck trauma care, and procedures such as MLS, GERD, and LPRD management. Furthermore, Dr. Anjali is a prolific contributor to medical literature, with numerous publications to her name. These contributions extend beyond academia to presentations at national conferences, where she has shared insights on complex surgical scenarios. Being multilingual, Dr. Anjali is fluent in English, Kannada, Hindi, Malayalam, Telugu, and Tamil, ensuring effective communication with a diverse patient populace. Her empathetic approach, combined with her exceptional surgical skills and commitment to patient-centric care, makes her a trusted and respected consultant in ENT and Head and Neck Surgery. Dr. Anjali is dedicated to providing her patients with the highest standard of care, ensuring their well-being through meticulous diagnosis, innovative treatments, and compassionate support.

Fellowship & Membership

- FRCSIT(Facial Reconstructive and Cosmetic Surgery India Trust)
- Association of Otorhinolaryngologists of India
- Indian Medical Association
- Underwent Vestibular and Balance Disorders course at Cyclops Meditech under Dr Srinivas D.R, MS Certified in Coblation technology with Ballon Eustachian Tubeplasty - visiting surgeon program with Smith and Nephew Academy.

- Hands on dissecting surgeon training - 10th National Facial Plastic Surgery course at Trust Well Hospital Bangalore under FRCSIT.
- Trained in Rhinoplasty in the 22nd Specialists Rhinoplasty course at Specialists Hospital Kochi.
- Certified in Allergy and Immunology by Vallabhbhai Patel Chest Institute, Delhi in association with the Society of Tobacco Control.

Field of Expertise

- Vertigo and Balance management
- Pediatric ENT
- Adult and paediatric sleep apnoea management
- Coblation-assisted ENT surgeries
- Endoscopic(Key hole) tympanoplasty, Microscopic tympanoplasty, Mastoid surgeries
- Nasal and paranasal sinus surgeries
- Headache management
- Head and neck surgeries
- Management of Salivary gland stones, Sialendoscopy
- Balloon Eustachian Tuboplasty.
- Dacrocystorhinostomy for Chronic watering of the eye.
- Tracheostomy - Elective and Emergency
- Head and Neck trauma care, including cutthroat
- Emergency management of Epistaxis
- MLS procedures
- GERD and LPRD management

Languages Spoken

- English

- Kannada
- Hindi
- Malayalam
- Telugu
- Tamil

Awards & Achievements

- University Gold Medal for Post Graduation.
- Invited reviewer for multiple International journals.

Talks & Publications

- Clinicians' perspective to special surgical situations during ontological surgeries- case scenarios and tackling methods at AOI midterm Kerala.
- Thyroid abscess: An uncommon condition with E. coli.
- Choanal atresia with other uncommon abnormality - FABFESS 2018.
- Comparison between Submucosal Inferior Turbinoplasty and Intranasal steroid in patients of perennial allergic rhinitis.
- Outcome of submucosal Inferior Turbinoplasty in Perennial Allergic rhinitis.
- Thyroid abscess: A rare condition in Immune competent patient.
- Microsurgical anatomy of stapedius muscle. Anatomy revisited, redefined with potential impact in surgeries.
- Stapes surgery teaching toll: A simple and stable technique.
- High-riding jugular bulb: Identify and be cautious.
- Microscopy assisted tonsillectomy: An effective and successful teaching technique for students.
- Anterior neck lipomas. Unusual locations, clinically simulating

thyroid swelling. A rare case report.

- “ I can be anywhere”: Sigmoid sinus, early identification and the right approach for anteriorly placed and superficially placed sigmoid sinus.
- Frontoethmoidal mucocele associated with Type-IV Kuhn cells.
- Ossiculoplasty with autologous incus and autologous cortical bone: A retrospective analysis.
- Endoscopic-assisted resection of base of tongue lesion: a case report.
- An unusual presentation of sphenochoanal polyp.
- Unnoticed foreign body ear presenting a Chronic suppurative otitis media with post aural fistula: A rare case.
- Labyrinthine fistula, Our experience at a tertiary hospital.
- Extensive cholesteatomas: Presentation, complication and management strategy.
- Microsurgical anatomy of the internal carotid artery at the skull base.
- Comparison of allogeneic cartilage and autologous cortical bone in ossicular reconstruction: A comparative study.
- Skull base invasion of extensive cholesteatoma: Our experience in tertiary care hospital.
- E CME- GERD and LPRD- An interesting association.- In association with Reckitt.
- All India Radio- Awareness programs for World Hearing and Cancer Day.
- Interaction and awareness on self-care and healthy living on the occasion of Doctor’s Day.
- Online webinar about Common ear disorders and noise pollution for Radiance staff.