

PROF.(DR.) THOMAS ALEXANDER

Consultant - Medical Gastroenterology

Qualification

MBBS | MD | DNB | DM

Overview

Prof.(Dr.) Thomas Alexander is a highly skilled gastroenterologist in Doddaballapur. He is currently practising as a Consultant – Gastroenterology at Manipal Hospital Doddaballapur, Bangalore, bringing over 30 years of experience in clinical gastroenterology, hepatology, and advanced gastrointestinal endoscopy. His long clinical career has combined patient care, academic medicine, and the development of gastroenterology services across multiple healthcare institutions. Dr. Thomas completed his MBBS and MD in General Medicine from Rangaraya Medical College, Kakinada, where his postgraduate research focused on Hepatitis B infection in hospital populations and the evaluation of diagnostic testing for HBsAg. He subsequently pursued DM in Gastroenterology from Christian Medical College, Vellore, one of India’s most respected centres for advanced medical training. He also obtained DNB in Gastroenterology from the National Board of Examinations, strengthening his subspecialty training in digestive diseases, hepatology, and gastrointestinal endoscopy. During his training, he received the Best Clinical Paper Award at the Annual Conference of the Indian Association for Study of the Liver,

recognising his research on colonic motility in patients with portal hypertension. Over the course of three decades, Dr. Thomas has developed extensive expertise in clinical gastroenterology and hepatology, managing a wide range of digestive disorders affecting the oesophagus, stomach, intestines, pancreas, and liver. His clinical work includes the evaluation and treatment of conditions such as chronic liver disease, gastrointestinal bleeding, inflammatory bowel disease, pancreatic disorders, and functional gastrointestinal illnesses. His experience in digestive medicine and endoscopic procedures places him among the best gastroenterologists in Doddaballapur, Bangalore, for comprehensive gastrointestinal care. A key component of Dr. Thomas's practice is advanced gastrointestinal endoscopy, which allows both diagnosis and treatment of many digestive disorders without major surgery. He has extensive experience performing diagnostic and therapeutic endoscopic procedures, including upper gastrointestinal endoscopy, colonoscopy, and endoscopic retrograde cholangiopancreatography (ERCP). His research and academic output include more than thirty peer-reviewed publications in indexed medical journals covering topics in gastroenterology, medical ethics, and medical education. He has also served as a reviewer for journals including BMJ Case Reports and the Journal of Current Research in Scientific Medicine. In recognition of his contributions to academic medicine, he has delivered invited lectures and orations at professional meetings. Dr. Thomas is a member of several professional organisations, including the Indian Society of Gastroenterology, Indian Association for Study of the Liver, Society of Gastrointestinal Endoscopy of India, American Gastroenterological Association, American College of Gastroenterology, American Association for Study of Liver Diseases, American Society for Gastrointestinal Endoscopy, and the European Society of Gastrointestinal Endoscopy. At Manipal Hospital Doddaballapur, Dr. Thomas provides hospital-based gastroenterology services involving outpatient consultations, inpatient care, and advanced endoscopic evaluation of digestive diseases. He

communicates with patients in English, Malayalam, Hindi, Tamil, and Telugu, enabling clear discussions about symptoms, investigations, treatment options, and long-term digestive health. His years of experience and empathetic interactions with patients make him one of the best gastroenterologists in Doddaballapur.

Fellowship & Membership

- Indian Society of Gastroenterology
- Indian Association for the Study of the Liver
- Society of Gastrointestinal Endoscopy of India
- American Gastroenterological Association
- American College of Gastroenterology
- American Association for the Study of Liver Diseases
- American Society of Gastrointestinal Endoscopy
- European Society of Gastrointestinal Endoscopy

Field of Expertise

- Clinical Gastroenterology
- Hepatology & Liver Disorders
- Diagnostic & Therapeutic GI Endoscopy
- ERCP (Endoscopic Retrograde Cholangiopancreatography)
- Advanced Endoscopic Procedures
- Portal Hypertension Management
- Gastrointestinal Bleeding
- Pancreatic & Biliary Disorders
- Inflammatory & Functional Bowel Disorders
- Liver Disease Management

Languages Spoken

- English
- Malayalam
- Hindi
- Tamil
- Telugu

Awards & Achievements

- Award-winning Research in Hepatology and Gastrointestinal Motility

Talks & Publications

- 30+ peer-reviewed Publications in Indexed Journals
- Reviewer for Reputed Medical Journals
- Award-winning Research in Hepatology and Gastrointestinal Motility
- Invited Orator at National Conferences
- Regular Speaker at CMEs and Academic Meetings