

DR. RAJESH HELAVAR

Consultant - Interventional Radiology

Qualification

MBBS | MD Radiology | PDCC Gastro Radiology | FRCR (UK) | Advanced Training Liver Tumour Ablation - Samsung Medical Centre, Seoul, South Korea | International Chemo Embolisation Course, Seoul National University Hospital, South Korea | Interventional Oncology Observership - University of Frankfurt, Germany

Overview

Dr. Rajesh V. Helavar is an experienced radiologist in Bangalore. He is currently practising as a Senior Consultant - Interventional and Diagnostic Abdominal Radiology at Manipal Hospital Doddaballapur, Bangalore. With over nine years of expertise in radiology, Dr. Rajesh V. Helavar offers highly specialised care in both interventional and diagnostic abdominal radiology. His clinical acumen is backed by years of dedicated training and hands-on experience in advanced radiological procedures. He holds an MBBS degree from Bangalore and a postgraduate MD in Radiology. His pursuit of clinical excellence is evident in his ongoing training in advanced techniques like image-guided tumour ablation and abdominal interventions. At Manipal Hospital Doddaballapur, he provides comprehensive diagnostic services and minimally invasive image-guided treatments, ensuring patients benefit from precise diagnosis and faster recovery with minimal discomfort. Dr. Helavar’s expertise covers a wide spectrum of

interventional procedures, including both vascular and non-vascular interventions. On the non-vascular side, he performs procedures such as ultrasound and CT-guided biopsies, biliary stenting, percutaneous nephrostomy, abscess drainage, and microwave or radiofrequency tumour ablations. His vascular interventions include diagnostic angiographies, transjugular liver biopsies, chemoembolisation of liver tumours, uterine artery embolisation, AV fistula management, and peripheral angioplasty. These procedures help manage complex conditions with minimal invasiveness, reducing hospital stays and speeding up patient recovery. In diagnostic abdominal radiology, Dr. Helavar brings specialised knowledge in evaluating liver, kidney, gallbladder, pancreas, and intestinal disorders. He is particularly skilled in the imaging assessment of transplant donors and recipients, identifying bile duct obstructions, staging of abdominal malignancies, and monitoring cirrhotic liver changes. His diagnostic precision plays a vital role in early detection and timely intervention, directly impacting patient outcomes. In addition to his clinical practice, Dr. Helavar actively contributes to academic research and medical education. His published work on echinococcosis and spinal deformities has earned recognition, and he continues to participate in conferences where he shares insights on interventional radiology applications in gastroenterology and obstetrics. His talks on complex hernias, liver interventions, and abdominal tumour management have been appreciated by both national and international peers. Dr. Helavar also plays an active role in several professional organisations. His memberships include the Indian Society of Vascular and Interventional Radiology, Indian Radiology and Imaging Association, and European Society of Radiology, among others. These affiliations keep him connected with global advancements in his field and reinforce his commitment to evidence-based care. His active engagement with peers, along with his commitment to staying updated, helps him continuously evolve his approach to patient management. Dr. Rajesh V. Helavar combines technical excellence with compassionate care. He

focuses on educating patients about their condition and procedure, ensuring they feel informed and confident throughout their treatment journey. His patient-first approach makes him a reliable and trusted radiologist for individuals facing both routine and complex health concerns. Fluent in multiple languages, Dr. Helavar communicates clearly with patients from diverse backgrounds, ensuring a comfortable and reassuring experience for every individual under his care.

Fellowship & Membership

- European Society of Gastrointestinal and Abdominal Radiology.
- Indian Society of Gastrointestinal and Abdominal Radiology, British Society of Abdominal Radiology.
- Indian Radiology and Imaging Association.
- Indian Society of Vascular and Interventional Radiology.
- European Society of Radiology.
- Cardiovascular and Interventional Radiological Society of Europe.
- Society of Interventional Radiology.
- Asia Pacific Society of Cardiovascular Interventional Radiology.

Field of Expertise

- Non-vascular: Percutaneous biopsy under ultrasound and CT guidance, drainage of abscesses, biliary drainage, biliary stenting, percutaneous nephrostomy, antegrade ureteric stenting, Radiofrequency ablation of tumors (HCC, renal, bone), microwave ablation of tumours, percutaneous cholecystostomy, wire localization of breast lesions
- Vascular: Diagnostic angiography and venography, Transarterial chemoembolization of liver tumours (HCC, metastatic liver disease), preoperative embolisation of

tumours, uterine artery embolization for postpartum bleeding, embolization for fibroids, peripheral vascular angioplasty and stenting, peripheral venous access (PICC line, chemo port, permacath)
- Non-surgical, minimally invasive, pinhole procedures
- Uterine fibroids, Adenomyosis - Embolisation
- Thyroid nodules - RF and Microwave ablation
- Prostate enlargement (BPH) Prostate artery embolisation (PAE)
- Liver, renal tumour ablation
- Varicocele embolisation
- Varicose vein treatment
- Biopsy, drainage
- Lines and ports
- Dialysis access management- Fistuloplasty, thrombolysis, Permcath placement

Languages Spoken

- Kannada
- English
- Hindi
- Telugu
- Tamil
- Assamese

Talks & Publications

- Cyclosporine-induced Leukoencephalopathy Precipitated Following Interaction with Ciprofloxacin, Nagabushana D, Chandrasekhar S, Ramprakash S, Avathi Venkatesha G, Helavar RV - Journal Of Pediatric Neurosciences.
- Imaging in Portal Gastroduodenopathy, Review article,

Accepted for publication in Journal of Gastrointestinal and Abdominal Radiology.

- Systematic reporting of computed tomography enterography/enteroclysis as an aid to reduce diagnostic dilemma when differentiating between intestinal tuberculosis and Crohn's disease: A prospective study at a tertiary care hospital, Journal of Gastroenterology and Hepatology. December 2020.
- Certificate of Merit: Echinococcosis from head to toe: A Pictorial review – poster presentation at European Congress of Radiology 2018.
- Imaging in the rare spine and spinal cord malformations in day-to-day practice – poster presentation at European Congress of Radiology 2018.
- Post-partum Interventions presentation at Karnataka state IRIA (Indian Radiology and Imaging Association) 2018.
- Canal of Nuck hydrocele poster presentation at Karnataka IRIA 2018.
- Post-digital subtraction angiography parenchymal contrast staining mimicking the presence of a haemorrhage, Neurology India, 2017.
- Individualizing locoregional therapy for liver tumours. Hospital Healthcare Europe 2015.
- Renal transplant imaging: Review. Indian Journal of transplant: 2014.
- Combined interventional and surgical management of bilateral pulmonary artery aneurysms. IRIA poster presentation. 2014.
- Ovarian Torsion: Poster Presentation at State IRIA conference March 2015.
- Chemotherapy-induced leukoencephalopathy – American Journal of Neuroradiology – Classic Case 2016
- Imaging of Hydatid disease from head to toe: Poster presentation, IRIA 2016.

- Dr. Rajesh V Helavar on Uterine Fibroids: Myomectomy & Uterine Artery Embolization | BW Healthcare World.Click Here