

DR. NIRMALA MOHAN

Consultant - Fertility Specialist Obstetrician and Gynecologist

Qualification

MBBS | MD | FRM BACCRGUHS 2012 | MRM Homerton University hospital, London 2016

Overview

Dr. Nirmala Mohan is an experienced fertility specialist in Bangalore. She is currently practising as a Senior Consultant - Fertility Medicine at Manipal Hospital, Doddaballapur, Bangalore. With over two decades of dedicated service, Dr. Nirmala Mohan brings profound expertise in reproductive medicine, obstetrics, and gynaecology. She has helped countless couples realise their dream of parenthood through a wide spectrum of advanced fertility treatments. Her clinical acumen is grounded in rigorous academic training and a deep commitment to evidence-based medicine. Dr. Nirmala completed her MBBS from the renowned S.D.M. College of Medical Sciences and followed it up with a postgraduate degree in Obstetrics and Gynaecology from Mahadevappa Rampure Medical College. She further advanced her specialisation by obtaining a Master’s in Reproductive Medicine and Surgery from Homerton University Hospital, UK. At Manipal Hospital Doddaballapur, Dr. Nirmala leads with compassion and precision, delivering personalised fertility care tailored to each patient's unique needs. Her areas of special interest include IVF, IUI, surrogacy, and natural cycle IVF, with a strong focus on minimal stimulation protocols.

She is committed to making Assisted Reproductive Technology (ART) more accessible and affordable. A strong advocate for ethical fertility care, she adopts a holistic approach that addresses both emotional and medical aspects of infertility. Dr. Nirmala believes that the journey to parenthood should be empowering and supported by empathy, clarity, and clinical excellence. As a senior fertility expert, Dr. Nirmala excels in managing complex and high-risk fertility cases. Her expertise spans ovulation induction, controlled ovarian stimulation, endometrial preparation, and luteal support. She places a strong emphasis on patient education, enabling couples to make informed decisions at every step of the process. Her meticulous diagnostic approach, combined with state-of-the-art technology, ensures high success rates and patient satisfaction. She is skilled in performing transvaginal ultrasound-guided procedures, embryo transfers, and hysteroscopic evaluations to enhance treatment outcomes, and is regarded as the best fertility specialist in Doddaballapur, Bangalore. Dr. Nirmala is an active member of leading national and international fertility associations, including FOGSI, ISAR, ISMAAR, BSOG, and RCOG. She has contributed to clinical research, published in peer-reviewed journals, and authored a chapter on dynamic emergencies in a FOGSI publication. She regularly presents at national and international medical conferences and is deeply involved in academic mentorship. Her commitment to continuous learning ensures that her patients benefit from the latest innovations in fertility treatment. A passionate supporter of women’s reproductive health, Dr. Nirmala remains at the forefront of fertility advancements. She integrates new technologies and treatment modalities into her practice, ensuring that patients receive cutting-edge care. Her dedication to achieving the best outcomes has earned her the trust of patients across Bangalore, many of whom credit her with helping them begin their journey into parenthood. Fluent in multiple languages, Dr. Nirmala ensures clear and empathetic communication, making patients feel understood, respected, and cared for at every stage of treatment.

Fellowship & Membership

- Fellowship in Reproductive medicine RGUHS 2012.
- IMA
- FOGSI
- ISAR-KISAR
- ISMAAR

Field of Expertise

- Fertility Specialist
- Obstetrician And Gynecologist

Languages Spoken

- Kannada
- Hindi
- Telugu
- Tamil
- Malayalam
- English

Talks & Publications

- Paper presentation - oral on unusual complications after vaginal and caesarean deliveries.
- A survey report for PMTCT in a tertiary care hospital in north Bangalore-journal of PG medical education, training and research by NBE, Oct 2010, contributed to a chapter on gynaec emergencies in fogsi publication.

- Paper presentation - oral on unusual complications after vaginal and caesarean deliveries.