

DR. RAJINI SURENDRA

Consultant - Internal Medicine

Qualification

MD

Overview

Dr. Rajini Surendra is a seasoned internal medicine specialist in Doddaballapur. She is currently practising as a Consultant – Internal Medicine at Manipal Hospital Doddaballapur, Bangalore, bringing over 17 years of clinical experience in adult medicine with strong expertise in comprehensive inpatient care, complex medical case management, and hospital-based internal medicine practice. Dr. Rajini began her medical training with an MBBS from Kempegowda Medical College, Bangalore, where she developed a strong grounding in general medicine and clinical diagnostics. She subsequently pursued residency training in Internal Medicine at Richmond University Medical Center in Staten Island, New York. This structured residency programme provided advanced training in diagnosing and managing a wide range of acute and chronic medical conditions in adults. During this period, she worked extensively in hospital-based medicine, managing complex cases involving cardiovascular disease, metabolic disorders, respiratory illnesses, infectious diseases, and multi-system conditions requiring coordinated inpatient care. Following her residency, Dr. Rajini served as a hospitalist in the United States, gaining extensive

experience in inpatient internal medicine. This role allowed her to refine her clinical judgement in high-acuity hospital environments where prompt diagnosis and structured treatment planning are essential for patient recovery. Her international experience in hospital medicine contributed to a deep understanding of evidence-based clinical practice, patient safety protocols, and multidisciplinary care models. These skills continue to influence her current practice, where she focuses on delivering thorough medical evaluations and coordinated treatment for adult patients requiring hospital-based care. Her broad training and clinical depth position her among the best internal medicine doctors in Doddaballapur for patients requiring detailed medical assessment and structured management of complex health conditions. At Manipal Hospital Doddaballapur, Dr. Rajini manages a wide range of adult medical conditions, including infections, metabolic disorders, chronic systemic diseases, and acute illnesses requiring hospital admission. Her approach emphasises careful clinical evaluation, accurate diagnosis, and evidence-based treatment strategies. Internal medicine practice often involves managing patients with multiple overlapping conditions, and Dr. Rajini’s training in hospital medicine enables her to coordinate comprehensive care for such cases effectively. An important aspect of her clinical work also involves preventive care and long-term health monitoring. She guides patients in managing chronic conditions through structured follow-up, lifestyle counselling, and medical supervision. This balanced focus on acute care and preventive health has contributed to her reputation as one of the best internal medicine doctors in Doddaballapur for individuals seeking reliable, hospital-based medical care and long-term health management. Dr. Rajini communicates fluently in English and Kannada, allowing her to interact comfortably with patients and families from different backgrounds. At Manipal Hospital Doddaballapur, she continues to provide comprehensive internal medicine care, combining international clinical training with a practical, patient-focused approach to adult healthcare.

Fellowship & Membership

- PG Diploma in Clinical Endocrinology and Diabetology- Royal College of Physicians.
- PG Diabetology - John Hopkins.

Field of Expertise

- Diabetes
- Hypotension and Infectious Diseases

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil