

DR. ARJUN MB

Consultant - Internal Medicine

Qualification

MBBS | MD (RML) | DNB | CCEBDM

Overview

Dr. Arjun M. B. is a dedicated internal medicine specialist in Bangalore. He’s currently practising as a Consultant - Internal Medicine, at Manipal Hospital Doddaballapur, Bangalore, where he brings advanced training and a broad clinical skill set to the care of complex medical patients. He earned his MBBS from Sri Devaraj Urs Medical College, Kolar, in 2012, followed by an MD in General Medicine from Lady Hardinge Medical College, New Delhi, in 2018. In 2019, he further distinguished himself by passing the DNB General Medicine examination on his first attempt. His certification in Essentials of Palliative Care from the Indian Association of Palliative Care underscores his commitment to holistic, patient-centred management. After joining Manipal Hospital Doddaballapur, Dr. Arjun has taken on progressive responsibilities, first as a Senior Resident and now as a Consultant Physician. He leads inpatient teams on the medical wards, oversees rapid response activations, and guides multidisciplinary rounds to ensure evidence-based care. His broad procedural expertise includes advanced airway management, central venous catheterisation, renal and bone marrow biopsies, thoracentesis, and paracentesis. He also manages critical

care interventions such as cardiac and neuro-thrombolysis, toxicology emergencies, and complex chronic disease management, including diabetes and cardiovascular disorders. Dr. Arjun is deeply committed to academic medicine. At Manipal Hospitals, he mentors junior doctors and medical students, sharing his experience in diagnostic reasoning and procedural skills. An active researcher, he has published six case reports in international journals on rare and critical conditions, ranging from Serratia liver abscess in the immunocompetent to progressive disseminated histoplasmosis with bone marrow involvement. His study on hyponatraemia in hospitalised patients reflects his dedication to uncovering under-recognised clinical challenges. He regularly presents at national conferences and leads departmental CMEs on topics such as cardiac emergencies, critical care protocols, and palliative management. Beyond the hospital walls, Dr. Arjun champions community health. He organises and participates in free health camps under the Manipal Hospitals banner, offering screenings and preventive education. A life member of the Indian Medical Association, he actively promotes public awareness of chronic disease prevention and vaccination.

Fellowship & Membership

- Diabetes Management, Royal College of Physicians, UK
- Life member and Faculty Speaker at
- American College of cardiology
- European Society of Infectious diseases
- American Diabetes Association

Field of Expertise

- Internal Medicine
- Diabetology

- Infectious Diseases
- Lifestyle disorders

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Awards & Achievements

- Letter of appreciation from Physician to the Prime minister of India.

Talks & Publications

- 7 case reports in indexed journals. Poster and Paper presentation at APICON - 2019.