

PROF. DR. ARINDAM SARKAR

Consultant - Plastic Surgeon

Qualification

MBBS | MS (Ear, Nose, and Throat) | M.Ch. (Plastic & Reconstructive Surgery)

Overview

Prof. Dr. Arindam Sarkar is a dedicated consultant surgeon in the Department of Plastic and Reconstructive Surgery at Manipal Hospitals, Dhakuria, with over 20 years of experience in the field. He completed his MBBS from Medical College, Kolkata, and went on to pursue a Master of Surgery (MS) in E.N.T. from the same institution. Prof. Dr. Sarkar specialised in Plastic Surgery, earning his M.Ch. from the Institute of Postgraduate Medical Education & Research (IPGME&R). After completing his M.Ch., Prof. Dr. Sarkar underwent additional training in Cosmetic Surgery under nationally and internationally renowned aesthetic and plastic surgeons at various centres across India. He has displayed academic excellence in every stage of his career and has undergone training at some of the most prestigious medical institutions in India. Prof. Dr. Sarkar is adept at performing different types of plastic surgeries, including Aesthetic, Hand & Microsurgery, Onco-surgical and Microsurgical Reconstruction, Paediatric Plastic Surgery, and LASER Rejuvenation. His patient-centric approach prioritises safety and satisfaction, ensuring clear and consistent communication throughout the surgical process. He is well-

known for his expertise in Plastic and Cosmetic Surgery, offering a wide range of surgical and non-surgical procedures to enhance the appearance of his patients. Furthermore, Prof. Dr. Sarkar is an expert in Congenital Plastic Surgeries to address birth conditions like cleft lip, cleft palate, etc. He performs Reconstructive Surgery related to trauma and oncological cases in collaboration with Surgical Oncology and Orthopaedics. Prof. Dr. Sarkar is also well-known for Cosmetic surgeries like Liposuction, Hair Transplant, Tummy Tuck, Breast Augmentation /Reduction, Trans Gender Surgeries. He is also adept at using LASER procedures with CO2, Nd: YAG and Diode to achieve optimal results. Beyond his clinical practice, Prof. Dr. Sarkar is a dedicated academician and educator. He serves as an examiner of M.Ch. (Plastic & Reconstructive) in WBUHS, IMS-BHU, and RIMS Manipur Universities. He has also held the position of Assistant Professor at WBUHS for more than 20 years, imparting knowledge and mentoring aspiring surgeons. Moreover, he is a proficient researcher and has numerous publications to his credit. He is also a regular attendee of numerous workshops and conferences, staying at the forefront of advancements in his field. Prof. Dr. Sarkar is fluent in English, Bengali, and Hindi and delivers personalised care for each patient to receive the most suitable and effective treatment.

Field of Expertise

- Expertise in aesthetic and cosmetic procedures such as Liposuction, Tummy Tucks, Breast Augmentation/Reduction, and Hair Transplantation, aiming to achieve natural-looking results.
- Specialises in trauma- or oncology-related Reconstructive Procedures that are aimed at restoring form and function in affected individuals.
- Proficient in performing Hand Surgeries and Microsurgical Reconstructions with precision, offering transformative

solutions.
- Expert in congenital defect correction, such as Cleft Lip and Cleft Palate Surgeries, offering specialised care for paediatric patients.
- Skilled in using advanced laser technologies like CO2 and Nd-Yag Diodes for cosmetic corrections.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Microvascular Reconstruction Best Option for the Head and Neck. IJLO and Head and Neck Surgery, Special Issue 2005, Kolkata: S. S. Chatterjee, A. Sengupta, P. Roy, A. Sarkar.
- Management of Acute Open Tendoachillis Injury in Indian Lavatory Pans. Indian Journal of Plastic Surgery, 2006, Mumbai: S. S. Chatterjee, A. Sarkar, A. Misra.
- Ventral Hernia Darning with and without Prolene - A Cost-Effective Management. JIMA, Vol. 107, No. 10, October 2009, Kolkata: S. S. Chatterjee, B. K. Majumdar, A. Sarkar, S. Basu.
- A Simple Method of Injecting Tumescent Fluid for Liposuction. Indian Journal of Plastic Surgery, 2011, Mumbai: A. Sarkar, S. S. Chatterjee.