

DR. ARPITA LAHIRI

Senior Consultant - Nephrology and Renal Specialist

Qualification

MBBS | MD (General Medicine) | DNB | DM (Nephrology)

Overview

Dr. Arpita Lahiri Ray Chaudhuri is a renowned Senior Consultant Nephrologist with over 30 years of extensive experience in Internal Medicine and Nephrology. She offers a rare blend of clinical excellence, academic depth, and empathetic patient care. Currently, she serves as a Senior Consultant Nephrologist at Manipal Hospitals, Dhakuria. Dr. Ray Chaudhuri began her medical journey with an MBBS from Nil Ratan Sircar Medical College, Kolkata, followed by an MD in General Medicine from Patna University, and a DNB in General Medicine from the National Board of Examinations, New Delhi. She went on to earn her DM in Nephrology from the prestigious IPGMER and Seth Sukhlal Karnani Memorial Hospital, Kolkata, and has also completed a Diploma in Radiodiagnosis, adding to her diagnostic expertise. She has served as the Joint Director of the Regional Organ and Tissue Transplant Organisation (ROTTO) – East (2017–2023), is a well-known transplant physician, and held the position of President of the Indian Society of Organ Transplantation (2023–2025). Her expertise covers the full spectrum of kidney-related conditions, including chronic kidney disease (CKD), acute kidney injury (AKI), glomerular diseases, diabetic

nephropathy, nephrotic syndrome, electrolyte disturbances, and end-stage renal disease requiring Dialysis or Transplant evaluation. Dr. Ray continues to remain updated with global advancements through active membership in prestigious medical associations, such as the Indian Society of Nephrology, the International Society of Nephrology, and the Association of Physicians of India. Fluent in English, Hindi, and Bengali, Dr. Ray Chaudhuri provides care to a wide range of patients, including those from diverse linguistic and cultural backgrounds. She ensures her patients and their families are thoroughly educated about their conditions and treatment options, enabling informed decision-making. Her calm demeanour and ability to explain complex medical conditions in understandable terms have made her a trusted figure among her patients.

Fellowship & Membership

- Diploma in Radiodiagnosis
- President of the Indian Society of Organ Transplantation (ISOT)
- Former Vice President and Member of the Indian Society of Nephrology (ISN)
- Member of the International Society of Nephrology (ISN)
- Executive Council Member of Women In Nephrology (WIN), India
- Editorial Board Member of the Indian Journal of Transplantation
- Former Joint Director of Regional Organ and Tissue Transplantation for the East Zone
- Member of the Apex Technical Committee at the National Organ & Tissue Transplant Organisation (NOTTO)
- Member of the European Renal Association (ERA)
- Member of the American Society of Nephrology (ASN)

Field of Expertise

- Specialises in treating kidney stones, proteinuria, glomerular disease, acute renal failure, and chronic kidney disease.
- Proficient in advanced Nephrology procedures, such as Percutaneous Nephrolithotomy, Kidney Dialysis, and Kidney Transplants (living and deceased organ donation).
- Expertise in cutting-edge techniques for renal disorders.

Languages Spoken

- English
- Hindi
- Bengali

Talks & Publications

- Over 65 Publications in Various Journals of National and International Repute