

**DR. AAKANSHA MALAWAT**

Consultant - Dental Surgeon

**Qualification**

BDS | MDS

## Overview

Dr. Aakansha Malawat is an esteemed consultant dental surgeon at the Department of Dental Surgery at Manipal Hospitals, Dhakuria, Kolkata. With an overall experience of over 8 years, Dr. Malawat started her medical journey with a Bachelor of Dental Surgery (BDS) from Bharati Vidyapeeth Dental College & Hospital, Navi Mumbai, and a Master of Dental Surgery (MDS) in Periodontics and Implantology from Guru Nanak Institute of Dental Sciences and Research, Kolkata. She regularly attends conferences and courses to keep herself updated with the latest technology and research trends, so she is the best dental medicine doctor in Dhakuria. She is skilled in prompt diagnosis, treatment planning, and delivering comprehensive dental care with a focus on Minimally Invasive Periodontal Surgery. She is well-versed in procedures such as Scaling and Root Planning, and Basic General Dentistry, which includes tooth-coloured fillings, extractions, root canal treatment, crowns & bridges and also other aesthetic dental procedures, including veneers. Her expertise includes working with Laser and Piezosurgery units. Additionally, she specialises in Periodontal surgeries, including Flap Surgeries Bone Graftings and

Dental Implantology, offering solutions for missing teeth through artificial replacements. She believes that dental treatments are not just about teeth but about improving overall oral health and making smiles beautiful, thereby enhancing self-confidence. Dr. Malawat is also an esteemed member of the Indian Dental Association (IDA) and the Indian Society of Periodontology (ISP), allowing her to stay abreast of the latest innovations in the field of dentistry. She is also appreciated for her academic excellence and endeavours, receiving several awards during undergraduate and post-graduate studies. A testament to her academic prowess, she has published research papers in several journals of national repute. Dr. Malawat is fluent in languages - English, Hindi, and Bengali–and her command of multiple languages helps her understand and offer individualized attention to patients.

### Fellowship & Membership

- Member of the Indian Dental Association (IDA)
- Member of the Indian Society of Periodontology (ISP)

### Field of Expertise

- Specialises in Minimally Invasive Periodontal Surgery, ensuring effective treatment, minimal tissue trauma, and reduced recovery time.
- Expertise in offering a wide range of dental services, including Scaling & Root Planning, Root Canal Treatment, Emergency Care, Basic Dental Surgery, Gum and Bone Surgeries and Aesthetic Dental Procedures.
- Expertise in carrying out surgeries using Laser and Peizosurgical units.
- Skilled in advanced techniques in Dental Implantology, providing solutions for replacing missing teeth with precision

and care.
- Provides education and motivates the patient well, ensuring personalized and best dental care.

## Languages Spoken

- English
- Hindi
- Bengali

## Awards & Achievements

- Academic & Good Conduct Excellence Award was given in the year 2011 at Mahadevi Birla Girls High School.
- Passed with Distinction (above 75%) in General Human Anatomy, Embryology & Histology & General Human Physiology & Biochemistry in 1st year BDS.
- Passed with Distinction in General Pathology & Microbiology, General & Dental Pharmacology & and pre-clinical Prosthodontics in 2nd year BDS.
- Passed 2nd year BDS overall with Honours with 75.25%.
- Passed with Distinction in General Surgery in 3rd year BDS.
- Passed with Distinction in Orthodontics & Dentofacial Orthopaedic in 4th year BDS.
- Topped in the Department of Periodontics, Guru Nanak Institute of Dental Sciences and Research Kolkata in the year 2020 with 62.87%.
- Awarded 1st Price and Best Speaker Award for Scientific Presentation on "Motivational interviewing" at Bharati Vidyapeeth Dental College.
- Awarded 2nd Price and Best Speaker Award for scientific presentation on "Occlusal Interferences- a Factor of Periodontal

Disease- Reality/Myth?" at Guru Nanak Institute of Dental Sciences and Research.

- A Certificate of Appreciation was Awarded for Exemplary & Outstanding Volunteering for the BMIRC project- "Effect of Fasting on Human Health" in Kolkata.
- The certificate was awarded for 2 years of NSS (National Service Scheme) activities and attended a 7-day residential camp at Taragaon.

## Talks & Publications

- Published a paper on “Prevalence of Periodontal Diseases in Type 2 Diabetes" in JIMA, VOL-117.
- Published a paper on "Crown Lengthening Procedure: An Aesthetic, Prosthetic & Restorative Solutions" in IJRHAS, Vol. 5.
- Published a paper on "Relationship between Obesity & Periodontal Disease- a Cross-Sectional Study" in IJSR, Vol. 8.
- Published a paper on "Association Between Education Level and Lifestyle on Periodontal Health Status in Adults- a Cross-Sectional Study, in IJSR, Vol. 8.
- Published a paper on "Vista: The New Vista for Treating Multiple Gingival Deficiencies" in IDA, WB, Vol. 35.
- Published a paper on "Ledge & Wedge Technique: A Classical Way for Management of Gingival Enlargement" in IDA, WB, Vol. 35.
- Published a paper on “Full mouth rehabilitation of a patient with severe mutilated dentition: A case report” Int J Prosthodontic Rehabilitation 2022; 3: 2:65-71.