

DR. SUDIPTA MITRA

Consultant - Ophthalmology

Qualification

MBBS | MS (Ophthalmology) | Fellow (Shankara Netralaya, Chennai) | LASIK-trained (New Vision Laser Centre) | Certified in FLACS

Overview

Dr. Sudipta Mitra is a consultant specialist in the Department of Ophthalmology at Manipal Hospitals, Dhakuria, with over 20 years of experience in the field. She completed her Bachelor of Medicine and Bachelor of Surgery (MBBS) from R.G. Kar Medical College, Kolkata, and later pursued a Masters of Surgery (MS) in Ophthalmology. After working as a senior resident for three months at Kothari Hospital, Kolkata, she obtained Sankara Nethralaya Research and Training Foundation (SRTF) Fellowship from Sankara Nethralaya, Chennai. She also underwent Laser-Assisted In Situ Keratomileusis (LASIK) and Femtosecond Laser-Assisted Cataract Surgery (FLACS) training, broadening her expertise in the field. As a highly versatile eye surgeon, Dr. Mitra’s expertise covers all aspects of eye care, including advanced treatment procedures to address conditions like cataracts, squint eye, glaucoma, etc. She is also adept at performing Refractive and Laser Eye Surgeries, such as FLACS and LASIK. Dr. Mitra also has immense experience using Premium Intra-ocular lenses (IOLs) and was recognised as one of the earliest ophthalmologists in the region to adopt them, significantly improving patient outcomes. Her expertise

also extends to Phakic IOL Implants and Refractive Lens Exchange (RLE), ensuring clear vision without dependence on glasses. Dr. Mitra's standing as one of the distinguished eye surgeons in the region is built on her unwavering dedication to patient care and her reputation for carrying out successful surgeries. As an academician, she has published several articles in national and international journals, namely the Indian Journal of Ophthalmology and the Journal of the Ophthalmological Society of West Bengal. Her expertise has earned her numerous accolades, including a Gold Medal for successfully treating myopic patients and freeing them from the need for glasses. Her leadership skills, combined with her clinical expertise, have made Dr. Mitra a trusted figure in the field of Ophthalmology. She has been a speaker, judge, evaluator, and panellist in many national and international conferences held by prestigious organisations. Moreover, she currently serves as the Joint Secretary of the Ophthalmological Society of West Bengal (OSWB) and is a member of the All India Ophthalmological Society (AIOS). She actively contributes to the growth and development of the field through her participation in various initiatives. Dr. Mitra's command of the languages of Hindi, English, Bengali, and Gujarati and her patient-centric approach have helped numerous individuals improve their quality of life. As an experienced eye doctor in Dhakuria, her commitment to excellence is evident in her ongoing efforts to adopt the latest advancements in surgeries and treatments, ensuring optimal care for her patients. Dr. Mitra's empathetic nature and clinical prowess are a testament to her dedication to personalised care and patient well-being.

Fellowship & Membership

- Member and Present Joint Secretary of the Ophthalmological Society of West Bengal (OSWB)
- Member of All India Ophthalmological Society (AIOS)
- Sankara Nethralaya Research and Training Foundation (SRTF)

Fellowship from Sankara Nethralaya, Chennai

Field of Expertise

- Expertise in Premium Cataract Treatments, including the Implantation of Premium Intraocular Lenses (IOLs) for optimal visual outcomes
- Skilled in managing challenging Phacoemulsification cases, delivering positive outcomes even in complex cataract surgeries
- Being one of the earliest users of premium IOLs, indicating extensive experience with utilising advanced IOL technologies
- Proficient in performing Phakic IOL Implants and Refractive Lens Exchange (RLE), assisting patients in offering the freedom of wearing glasses
- Expertise in performing Laser Assisted Cataract Surgery (FLACS) in patients with visual defects, aiming to deliver precise results and enhanced visual clarity
- Experienced in treating glaucoma and retinal conditions, as well as carrying out Squint and Oculoplastic Surgeries with cutting-edge techniques

Languages Spoken

- Bengali
- Hindi
- English
- Gujarati

Awards & Achievements

- Winner of the Best Video Award in Refractive Surgery Category at the All India Ophthalmological Society (AIOC) Mid-Term Conference, held from 6th to 8th January 2023, in Patna.
- Winner of the Best Video Award in the General Category at the Intraocular Implant & Refractive Society (IIRSI) Conference, held from 14th to 15th January 2023, in Amritsar.
- Winner of the Dr. K.R. Dutta Free Paper Award at the EIZOCON (Eastern Indian Zonal Ophthalmological Congress), held on 4th and 5th November 2023, in Hazaribagh.
- Invited Guest Faculty at the 5th International Glaucoma Meeting & 13th Annual National Conference of the Bangladesh Glaucoma Society, held on 15th and 16th December 2022, in Dhaka, Bangladesh.International Speaker in a webinar conducted from Iraq on “Clinical Case-Based Discussion on Cataract Surgery & Usage of Novel Anti-Inflammatory Agents” on 17th March 2023.
- International Delegate at the 35th Asia Pacific Association of Cataract and Refractive Surgery (APACRS) Conference, held in Singapore, with video and e-poster presentations from 8th to 10th June 2023.
- International Speaker in a webinar titled “Recent Advancements with Loteprednol: Expanding Horizons in Eye Care” on 23rd August 2023.
- Video Presentation at the World Ophthalmology Congress (WOC) of the International Council of Ophthalmology (ICO), held from 9th to 12th September 2022.
- Invited International Speaker by the Ministry of Health of the Republic of Uzbekistan at the "International Ophthalmological Congress (IOC) 2022," held on 29th September 2022, in Uzbekistan.
- Speaker in a live international webinar organised by the Republican Specialised Eye Microsurgery Centre, Uzbekistan, on 14th May 2022.

- Faculty at the Global Conclave of Women Ophthalmologists Worldwide (WOW) & Women Ophthalmologists Society of India (WOS), held on 4th, 5th, and 6th November 2022.
- International Faculty at NOSCON (Nepal Ophthalmic Society Annual Conference), held on 13th and 14th October 2023, in Biratnagar, Nepal.

Talks & Publications

- “Case of Acute Vision Loss after Injectable Remdesivir with Anticoagulants and Overdose of Antibiotics: A Late Report,” Indian Journal of Ophthalmology, Vol. 71, Issue 5, May 2023.
- “Secondary Add-on IOL Implantation for Pseudophakic Residual Ametropia in High Myopes – A Case Series,” Indian Journal of Ophthalmology Case Reports, Vol. 3, 689-691, July-September 2023.
- Journal of Ophthalmological Society of West Bengal, Volume 2, Issue 1, July 2022.