

DR. SUSMITA GHOSH

Consultant - ENT Specialist

Qualification

MBBS | MS ENT | Specialised in Swallow Disorder Management

Overview

Dr. Susmita Ghosh is a highly experienced ENT specialist with over 20 years of dedicated service in the field of Otolaryngology. She currently practices as a Consultant in the ENT Department and Swallow Clinic at Manipal Hospitals, Dhakuria, Kolkata. She is dedicated to ensuring clinical excellence through her patient-centric approach. Dr. Ghosh's medical journey began with an MBBS and an MS in ENT. She has a special interest and advanced training in Swallow Disorder Management (Deglutology). Dr. Ghosh is skilled in a wide range of ENT surgeries, including Tympanoplasty, Mastoidectomy, Microlaryngeal surgeries, and Fibreoptic Laryngoscopy-guided Biopsies, offering comprehensive care across various ear, nose, and throat conditions. She is committed to providing specialised care for patients with swallowing difficulties due to stroke, Parkinson's disease, neurological disorders, head and neck cancers, post-surgical/Radiotherapy complications, and age-related weakness. She has a strong focus on multidisciplinary care and collaborates closely with other trained swallow therapists to provide comprehensive evaluations and individualised treatment plans for patients with swallowing disorders.

The Swallow Clinic at Manipal Hospitals, Dhakuria, is equipped to perform advanced diagnostic procedures such as Fiberoptic Endoscopic Evaluation of Swallowing (FEES) and Videofluoroscopic Swallowing Studies (VFS). Under Dr. Ghosh's guidance, therapy protocols are tailored to each patient, and when required, minimally invasive surgical interventions are offered to restore safe swallowing and improve overall quality of life. She is the best ENT Specialist in Dhakuria, Kolkata. In addition to her clinical practice, Dr. Ghosh is actively involved in academic and teaching activities. She has been trained in leading Swallow Clinics across India under renowned experts and has contributed to the field through research publications and faculty roles at national conferences. She is a member of some prestigious societies, such as the Association of Otolaryngologists of India (AOI), the Association of Otolaryngologists of India, West Bengal Chapter (AOI WB) and the Association of Phonosurgeons of India (APSI). Dr. Ghosh also serves as Guest Faculty at the Ali Yavar Jung National Institute of Speech and Hearing Disabilities, Eastern Regional Centre, Kolkata, reinforcing her commitment to advancing both patient care and medical education.

Fellowship & Membership

- Association of Otolaryngologists of India (AOI)
- Association of Otolaryngologists of India West Bengal Chapter (AOI WB)
- Association of Phonosurgeons of India (APSI)

Field of Expertise

- Specialises in the diagnosis and treatment of swallowing disorders through comprehensive clinical consultations, Swallow Endoscopy (FEES), conservative therapy-based

interventions, and surgical treatment options.

- Skilled in offering individualised, multidisciplinary care for patients with dysphagia due to neurological conditions, cancer, ageing, or post-surgical complications.
- Expert in the conservative and surgical management of a wide range of ENT disorders, including ear infections, nasal and sinus issues, voice and throat conditions, and chronic ear disease.
- Proficient in performing ENT procedures such as Tympanoplasty, Mastoidectomy, and Microlaryngeal surgeries, with a patient-centred approach to restoring function and improving quality of life.

Languages Spoken

- English
- Bengali
- Hindi

Talks & Publications

- NMES & Dysphagia. PHONOCON 2017, Koch.
- Received the Best Consultant Paper Award.
- Benign Vocal Fold Lesion at PHONOCON 2014, at Bhubaneswar.
- Muscle Tension Dysphonia at PHONOCON 2015, at Nagpur (Awarded 2nd prize)
- Paper on MTD at Laryngology Summit 2015 & 1st SAARC International Conference. Awarded 2nd prize.
- Also, attended various conferences and workshops organised by AOI and WBAOI and presented papers.
- Effectiveness of Neuromuscular Electrical Stimulation on Neurological Pharyngeal Dysphagia. (IJOPL)
- Successful Treatment of Dysphagia in a Case of Lateral

Medullary Syndrome (IJ0PL)

- Thesis – Clinicopathological correlation between allergic rhinitis and asthma.