

DR. RUDRAJIT PAUL

Consultant Internal Medicine Specialist

Qualification

MBBS | MD

Overview

Dr. Rudrajit Paul is a distinguished Internal Medicine doctor in Kolkata serving at the Internal Medicine Department of Manipal Hospitals, Dhakuria, Kolkata, with extensive qualifications and a broad spectrum of 12 years of expertise in this field. He started his education career with an MBBS and MD degree in General Medicine and DNB. Dr. Paul holds additional certifications and training, including MRCP, MPH (LEEDS), DNHE, FICP, and MNAMS, reflecting his commitment to continuous learning and specialisation. Dr. Paul's practice spans a wide range of medical conditions, from routine to complex cases. He adeptly manages diabetes, hypertension, and infectious diseases, providing comprehensive care. His particular passion lies in Rheumatology, where he specialises in treating disorders like rheumatoid arthritis, ankylosing spondylitis, and gout. Dr. Paul is proficient in utilising advanced therapies, including Biologicals, to optimise patient outcomes. Dr. Paul’s professional journey is marked by a deep engagement in both clinical practice and academia. He has been actively involved in teaching and was trained at WHO, enriching his clinical acumen with global insights. He is affiliated with esteemed

medical associations such as the Association of Physicians of India (API), the Indian Association of Clinical Medicine (IACM), the Indian Rheumatology Association (IRA), and the Indian Society of Critical Care Medicine (ISCCM), where he contributes to advancements in Internal Medicine. Beyond clinical care, Dr. Paul is a prominent voice in health education and awareness. He has authored numerous articles on health-related topics in popular magazines and is a frequent expert guest on Akashbani, where he shares his insights on public health issues. His dedication to improving community health extends to offering services such as health and nutrition advice, family practice, medical check-ups, and vaccinations. Dr. Paul's holistic approach to medicine, coupled with his wealth of experience and commitment to patient care, establishes him as a leading figure in the field of Internal Medicine in Kolkata and beyond.

Fellowship & Membership

- Association of Physicians of India (API)
- Indian Association of Clinical Medicine (IACM)
- Indian Rheumatology Association (IRA)
- Indian Society of Critical Care Medicine (ISCCM)

Field of Expertise

- Specialises in Internal Medicine with expertise in diagnosing and treating a wide spectrum of medical conditions, encompassing diabetes, hypertension, and infectious diseases, both in outpatient and inpatient settings.
- Extensive experience in Rheumatology, focusing on the management of complex rheumatological disorders such as rheumatoid arthritis, ankylosing spondylitis, and gout, utilising advanced treatment modalities, including Biological Therapies.

- Provides comprehensive health and nutrition advice to promote overall wellness and disease prevention.
- Offers general practice and family practice services, catering to the healthcare needs of individuals and families across all age groups.
- Conducts thorough medical and health check-ups to assess and monitor patients' health status, ensuring early detection and management of diseases.
- Administers vaccinations to prevent infectious diseases and ensure community-wide immunity.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- He is also trained from IIM AHMEDABAD on clinical practice management

Talks & Publications

- Written a book on clinical and practises in bengali from Patra Bharati publisher.