

DR. SUJOY GHOSH

Consultant - Endocrinologist

Qualification

MBBS | MD (Medicine) | DM (Endocrinology) | FRCP (Lond, Glasg, Edinburgh) | FACE (USA)

Overview

Dr. Sujoy Ghosh is an esteemed consultant endocrinologist in the Department of Endocrinology at Manipal Hospitals, Dhakuria, Kolkata, with more than 15 years of experience in the field. Dr. Ghosh laid the foundation of his medical career by completing his Bachelor of Medicine and Bachelor of Surgery (MBBS), a Doctor of Medicine (MD) in Medicine, followed by a Doctorate of Medicine (DM) in Endocrinology. He further obtained a membership (MRCP) and a fellowship (FRCP) from London, Glasgow, and Edinburgh at the prestigious Royal College of Physicians, as well as becoming a fellow of the American College of Endocrinology (FACE), USA. His commitment to continuous learning in the field of Endocrinology has also led him to earn a Specialty Certificate from Diabetes and Endocrinology, UK, enhancing his expertise and ability to provide comprehensive care to his patients. He is the foremost Endocrinology Doctor in Kolkata. Renowned as one of the leading and outstanding specialists in Endocrinology, Dr. Ghosh is adept at addressing several metabolic and endocrine disorders, such as diabetes, gestational diabetes, hypertension, proteinuria, preeclampsia, and hormonal imbalances. His approach to treatment

based on individual needs is patient-centred and evidence-based, ensuring the highest standards of care. Moreover, Dr. Ghosh always prioritises leveraging advanced techniques and treatments. Continuously integrating the latest medical research and innovations into his practice. Dr. Ghosh is also a gifted academician and a researcher. He is a Department of Endocrinology and Metabolism professor at the Institute of Post Graduate Medical Education and Research (IPGMER), Kolkata, India, guiding and mentoring aspiring endocrinologists to excel in the field. Furthermore, he has contributed significantly to advancing endocrine research and education. He played a pivotal role in launching a structured health programme for the management of type 1 diabetes in West Bengal. As a member of the Juvenile Diabetes Research Foundation (JDRF) International's Expert Advisory Group for India, he collaborates with the JDRF India Country Director and the William J. Clinton Foundation on a type 1 diabetes capacity support programme across four states and eight district hospitals in India, signifying his role in enhancing diabetes management through international expertise. Dr. Ghosh's contributions to the field of research are far beyond impressive, having published 300+ papers in many national and international journals and authored around 10 books related to Endocrinology. Moreover, he has been awarded numerously for his academic and professional excellence and pioneering work, standing first at the Post-doctoral DM and MD Internal Medicine examinations; winning first prize for the best research at the Department of Science and Technology, Science Congress, Government of India; and winning first prize for Best Research Presentation at the Royal Medico-Chirurgical Society of Glasgow, among many other accolades. His relentless dedication to advancing medical knowledge continues to inspire his peers and students alike, establishing Dr. Ghosh as a renowned and highly sought-after specialist.

Fellowship & Membership

- Member of the American Endocrine Society (AES)
- Member of the American Association of Clinical Endocrinology (AACE)
- Member of the European Society for the Study of Diabetes
- Member of the European Endocrine Society
- Member of the American Thyroid Association (ATA)
- Member of the International Society for Paediatric and Adolescent Diabetes (ISPAD)
- Member of the International Diabetes Federation (IDF)
- Member of the Endocrine Society of India (ESI)
- Member of the Research Society for the Study of Diabetes in India (RSSDI)
- Member of the Indian Thyroid Society (ITS)
- Member of the West Bengal Academy of Science
- Fellow of the Royal College of Physicians in London, Glasgow and Edinburg (FRCP)
- Fellow of West Bengal Academy of Science & Technology (2022)
- Fellow of the American College of Endocrinology (FACE), USA

Field of Expertise

- Specialising in the management of diabetes, including gestational diabetes, ensuring optimal outcomes through lifestyle modification, medications, or continuous monitoring
- Demonstrates proficiency in addressing high blood pressure, elevated protein levels in urine, and preeclampsia, utilising cutting-edge techniques with minimal complications
- Skilled in treating diabetic complications such as nephropathy and neuropathy, enhancing the overall quality of life
- Expertise in diagnosing and treating disorders related to the

endocrine system, aiming to ensure hormonal balance and improve overall health outcomes.

Awards & Achievements

- Stood 1st in D.M. (Post-doctoral) in Endocrinology, May 2005
- Stood 1st in M.D. (Internal Medicine) 2001
- AACE Outstanding International Clinician Award 2021
- WIDF Diabetes Innovation Award 2021
- First prize for best research: awarded by the Department of Science and Technology, Science Congress, Government of India 2020
- Awarded Dr. Sadikot Fellowship Oration at the Annual Conference of Uttar Pradesh Diabetes Association (UPDCON)
- Awarded the Sreemanta Banerjee Oration at the Bengal Obstetric & Gynaecological Society (BOGS)
- Research award at the 50th Annual Research Competition of the Scottish Society of Physicians (2008)
- Won 1st Prize for Best Research Presentation at the Royal Medico-Chirurgical Society of Glasgow

Talks & Publications

- Over 300 Publications
- Authored 10 books