

DR. SUGATO PAUL

Consultant – Ophthalmology

Qualification

MBBS (Cal) | DO(Cal) | MS (Ana Cal) | FRCS (UK)

Overview

Dr. Sugato Paul is a respected consultant in the Department of Ophthalmology at Manipal Hospitals, Dhakuria, with over 30 years of dedicated experience in eye care, 11 years of which were acquired in Great Britain (UK). After his MBBS and post-graduation training from Calcutta, he obtained the prestigious Fellowship from the Royal College of Surgeons (UK). His clinical practice focuses on comprehensive Ophthalmic Care, with sub-specialisation in Medical Retina and Phaco Cataract Surgery. Dr. Paul has earned recognition for his outstanding contributions to the field of Ophthalmology. He has been honoured with the Shobhabati Das Ghosh Award from the Ophthalmological Society of West Bengal (OSWB) and the Muralidhar Sengupta Award from the Kolkata Academy of Ophthalmology (KAO), Dr. G S Das Best Innovation Award from the Eastern India Zonal Ophthalmology Congress (EIZOC), Dr. BNR Subuddhi Award also from the Eastern India Zonal Ophthalmology Congress (EIZOC). He won the Runner Up award for the prestigious “2 Min to win Video session” at the Joint Asia Pacific Academy of Ophthalmology Congress and All India Ophthalmological Society Annual Conference. He was also felicitated with a gold medal

from the Bombay Ophthalmological Association (BOA), reflecting his continued commitment to surgical excellence and academic contributions. With extensive experience in both India and the United Kingdom, Dr. Paul has brought global standards to his clinical practice. During his time in the UK, he served as the Director of Diabetic Retinopathy Screening and Management Services at the Wrightington, Wigan, and Leigh NHS Foundation Trust. His exposure to international clinical protocols has significantly enriched his approach to patient care. Dr. Paul is known for his precision in performing injectionless Phaco Cataract Surgeries and has completed many thousands of such procedures. He is frequently invited to perform live surgeries at conferences and to share his surgical techniques with peers. A dedicated academician, Dr. Paul regularly participates as a faculty member at national and international ophthalmology forums. Moreover, he has authored multiple publications in peer-reviewed international journals. Widely known for his active participation in professional bodies, Dr. Paul currently serves as the Editor-in-Chief of the Journal of Ophthalmological Society of West Bengal and previously served as the Scientific Committee Chairman of the same organisation, OSWB. He is also currently the Chairman of the Academic and Research Wing of the Eastern India Zonal Ophthalmology Congress. He is also a member of the All India Ophthalmological Society (AIOS) and the Indian Medical Association (IMA). Dr. Paul is fluent in English, Bengali, and Hindi, ensuring effective communication with patients from diverse backgrounds. He is renowned for conducting thorough clinical evaluations and providing patient-focused consultations, prioritising safety and long-term visual health in his treatment plans.

Fellowship & Membership

- Fellow of the Royal College of Surgeons (FRCS), UK
- Member of the All India Ophthalmological Society (AIOS)
- Formerly, Chairman Scientific Committee, and Joint Secretary,

Ophthalmological Society of West Bengal (OSWB)
- Chairman, Academic and Research Committee, Eastern India Zonal Ophthalmological Congress (EIZOC)
- Member of the Indian Medical Association (IMA)

Field of Expertise

- Expertise in comprehensive Ophthalmology, offering a full spectrum of eye care services with a focus on holistic treatment approaches.
- Specialises in the diagnosis and treatment of retinal diseases, including Intravitreal injections and Lasers, utilising advanced techniques to ensure optimal retinal care.
- Proficient in Phaco Cataract Surgery, using injectionless techniques to ensure precise, gentle, and minimally invasive treatment for restoring clear vision.
- Offers medical and Surgical treatment, including LASIK and Phakic IOL implant, for Myopia.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Shobhabati Das Ghosh Award from the Ophthalmological Society of West Bengal (OSWB)
- Muralidhar Sengupta Award from the Kolkata Academy of Ophthalmology (KAO)

- Dr. G S Das Best Innovation Award from the Eastern India Zonal Ophthalmology Congress (EIZOC).
- Dr. BNR Subuddhi Award also from the Eastern India Zonal Ophthalmology Congress (EIZOC).
- Runner Up award for the prestigious “2 Min to Win Video Session” at the Joint Asia Pacific Academy of Ophthalmology Congress and All India Ophthalmological Society Annual Conference.
- Gold Medal Award from the Bombay Ophthalmological Association (BOA)

Talks & Publications

- Authored multiple publications in peer-reviewed international journals