

DR. IRINA DEY

Consultant - Obstetrics And Gynaecology

Qualification

MBBS | DGO | DNB (OBG)

Overview

Dr. Irina Dey is a highly experienced and proficient consultant in the Obstetrics & Gynaecology Department at Manipal Hospitals, Dhakuria, Kolkata, with over 16 years of dedicated practice. She has completed her MBBS at Jawaharlal Nehru Medical College, followed by a DGO (Diploma in Obstetrics and Gynaecology) and DNB (Diplomate of National Board) in Obstetrics & Gynaecology, both from Jawaharlal Nehru Medical College, AMU, Aligarh. With her extensive background and expertise, Dr. Dey offers comprehensive care to her patients, specialising in managing high-risk pregnancies and performing complex gynaecological surgeries. She is known for her proficiency in conducting normal vaginal deliveries, ensuring safe childbirth experiences for mothers, as well as performing VBAC (Vaginal Birth After Caesarean) and Caesarean Sections when necessary, prioritising the health and well-being of both mother and baby. She is a Good Gynaecologist in Dhakuria, Kolkata. Dr. Dey's expertise extends to various gynaecological surgeries, including Myomectomy, Hysterectomies, and Ovarian Cystectomy Surgeries, which she performs with precision and skill. She also offers Cosmetic and

Reconstructive Procedures such as Hymenoplasty and Vaginoplasty, addressing women's reproductive health needs comprehensively. She is the best Gynaecologist in Dhakuria. In addition to her surgical skills, Dr. Dey is dedicated to addressing infertility, adolescent gynaecological problems, and menopausal issues, providing tailored treatment plans to meet the individual needs of her patients. Fluent in English, Bengali, and Hindi, Dr. Dey ensures effective communication with her patients, creating a supportive and comfortable environment for their care. Her vast experience, coupled with her compassionate approach to healthcare, makes her a trusted and valued member of the healthcare team at Manipal Hospitals, Dhakuria, Kolkata.

Field of Expertise

- Expert in conducting normal vaginal deliveries, ensuring safe and successful childbirth experiences for mothers.
- Specialises in VBAC (Vaginal Birth After Cesarean) and caesarean sections, prioritising the health and well-being of both mother and baby.
- Experienced in performing Myomectomy, Hysterectomies, and Ovarian Cystectomy Surgeries with skill and proficiency.
- Performs Perineorrhaphy Surgeries to repair and reconstruct the perineum, enhancing comfort and function after childbirth.
- Offers Hymenoplasty and Vaginoplasty Surgeries, specialising in Cosmetic and Reconstructive Procedures for women's reproductive health.
- Provides comprehensive treatment for bartholin cysts, addressing symptoms and preventing complications.
- Conducts Dilation and Curettage procedures to diagnose and treat various uterine conditions, such as abnormal bleeding or miscarriage.
- Performs Dilation and Evacuation procedures for safe and effective pregnancy termination in the second trimester.

- Expert in Suction and Evacuation techniques for pregnancy termination in the first trimester, ensuring patient safety and comfort.
- Conducts Cervical Biopsies to diagnose cervical abnormalities and guide further treatment decisions.
- Performs Endometrial Biopsies to evaluate uterine lining abnormalities and diagnose conditions such as endometrial cancer.
- Utilises Hysteroscopy for Minimally Invasive Visualisation and treatment of intrauterine conditions, such as polyps or fibroids.
- Proficient in Laparoscopy Techniques for diagnosing and treating various gynaecological conditions, offering minimally invasive alternatives to traditional surgery.
- Offers Tubal Ligation Procedures for permanent contraception, providing a reliable method of family planning.
- Conducts Pap smears for cervical cancer screening, promoting early detection and prevention of cervical abnormalities.
- Provides HPV Vaccination to protect against human papillomavirus infections and reduce the risk of cervical cancer.
- Specialises in Infertility Treatment, offering personalised care and advanced reproductive technologies to help couples achieve pregnancy.
- Addresses PCOS/PCOD (Polycystic Ovary Syndrome/Disorder) with comprehensive treatment plans tailored to individual needs.
- Offers management options for hirsutism, addressing excessive hair growth with medical or cosmetic interventions.
- Offers comprehensive care for women, diagnosing and managing menstrual disorders for optimal health and addressing menopausal symptoms to optimise well-being.
- Treats urinary tract infections promptly and effectively, minimising discomfort and preventing complications.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Worked in a camp sponsored by NACO (National AIDS Control Organisation) & UPSACS (Uttar Pradesh State AIDS Control Society) as an intern at JNMCH (Jawaharlal Nehru Medical College Hospital), Aligarh, in 2003.
- Received the Best Student Paper Award at the UP OB/GYN Conference in Agra during the first year of post-graduation.
- Attended a workshop on Colposcopy & Management of Cervical Pre-Cancer at JNMCH, Aligarh, in 2005, during the diploma program.