

DR. DHARAM PANDEY

HOD and consultant - Physiotherapy & Rehabilitation Sciences

Qualification

Ph.D. (Rehabilitation Sciences) | DO (Spain) | COCMT (UK) | C/NDT (NDTA-USA) | PG Certificate in MPR Concept Manual Therapy (Italy) | Certificate In NDT/Bobath Concept (IBITA, UK) | Advanced Certificate in NDT (Gait & Lower Extremity) By NDTA (USA) | Advanced Certificate in NDT (Upper Extremity & Trunk) By NDTA (USA) | Certificate in Osteopathy and Modified Chiropractic, (UK) | Certificate in Spinal Structural Balance (Germany) | Certificate in Pilates (Hong Kong)

Overview

Dr. Dharam Pandey is a highly esteemed Head of the Department and Consultant in Physiotherapy and Rehabilitation Sciences at Manipal Hospitals, Delhi. With an impressive academic and professional background, Dr. Dharam Pandey Physiotherapist in Delhi holds a Ph.D. in Rehabilitation Sciences, along with numerous certifications from prestigious institutions worldwide. His qualifications include a Diploma in Osteopathy (Spain), a Certificate in Orthopedic Manual Therapy (UK), and advanced certifications in Neuro-Developmental Treatment (NDT) from the USA. Dr. Pandey's expertise spans a wide range of physiotherapy and rehabilitation services, including mechanical shoulder, knee, and back pain management, non-invasive pain management, stroke and paralysis rehabilitation, and vertigo and balance rehabilitation. His proficiency in these areas ensures that

patients receive accurate diagnoses and effective treatment plans tailored to their specific needs. At Manipal Hospitals, Dr. Pandey Best physiotherapist in Delhi leads a dedicated team of physiotherapists who utilize technology and advanced therapeutic techniques to provide comprehensive care. The department is equipped with modern facilities that support a wide range of rehabilitation services, ensuring that patients receive the highest quality of care. Dr. Pandey Rehabilitation Specialist Delhi is known for his meticulous approach to patient care, ensuring that each patient receives personalized attention and treatment. His dedication to his profession and his patients is evident in his thorough and compassionate approach to medical care. He is also actively involved in mentoring and training the next generation of physiotherapists, sharing his knowledge and expertise to help them excel in their careers. Patients and colleagues alike appreciate Dr. Pandey Best physiotherapist in Delhi for his precision, dedication, and compassionate approach. His contributions to the field of physiotherapy and rehabilitation significantly enhance the capabilities of Manipal Hospitals Top physiotherapy services in Delhi, making him a valuable asset to the medical community. For more information or to book an appointment with Dr. Dharam Pandey, you can visit the Manipal Hospitals website.

Fellowship & Membership

- Fellowship Orthopaedic Rehabilitation.
- Fellowship Neurological Rehabilitation.
- American Society of Neurorehabilitation.
- Indian Head Injury Foundation (Neuro Rehab Group).
- American Physical Therapy Association (Int. Part.).
- International Society of Exercise and Immunology.
- Indian Academy of Neurology.
- Indian Red Cross Society (Delhi Chapter).
- World Confederation of Neurorehabilitation.

- International Network of SCI Physiotherapists.
- Word Stroke Organization.
- American Society of Neurorehabilitation.
- India Federation of Neurorehabilitation.
- The Indian association of Physiotherapists.
- Delhi Council for Physio& Occupational Therapy.
- International Association for the Study of Pain (IASP).
- Scientific Committee Member - IJPOT.
- National Advisory Board Member - PTOJ Journal.

Field of Expertise

- Mechanical Shoulder, Knee and back Pain
- Non-Invasive Pain Management
- Stroke & Paralysis Rehab
- Vertigo & Balance Rehab
- Osteopathy and Spinal Manual Therapy

Languages Spoken

- English
- Hindi

Awards & Achievements

- Best Researcher Award - NCP 2019.
- Excellence in Field of Physiotherapy Award - Medanta The Medicity Gurugram, August 2019.
- International Service Award - NCPC 2018.
- Physio Ratan Award - Physio HARCON 2018 International Conference of Physiotherapists 2018.

- Best Clinicians Award OMPTCON 2018 At Jamia Millia Islamia New Delhi 2018.
- Physio Excellence Award - IAP on 54th Annual Conference, Shirdi - 2016.
- Significant Achievement Award - 1st ICPT Udaipur 2016.
- Significant Achievement Award - INCPT AIIMS 2015.
- Physio Ratan Award - HCPA, Haryana 2015.
- Clinician Excellence Award 2015 - NCPT-2015.
- Significant Contribution Award - IAP on 53rd Annual Conference, Shimla - 2015.
- Significant Contribution Award - AIIMS Neuraxis – 2013.
- Best Contribution in Rehab Services in Delhi/NCR Of the Year 2012 - Time Media.
- Guest of Honour - Youth Physio Conclave Organised by Jaipur National University Jaipur 2018.
- Guest of Honour - WPT Day 2018 Manav Rachana International University, Faridabad 2018.
- Guest of Honour - AMITY University WPT Day 2017.

Talks & Publications

- Dr. Dharam Pandey advises chest physiotherapy is helpful preventing further infections during and post Covid infections in Dainik Jagaran. Click Here
- Dr. Dharam Pandey list down ways to tackle psychological challenges & physical ailments caused due to extended hospital stays in THE TIMES OF INDIA. Click Here