



DR. ARATHY G S

Visiting Consultant - Pediatric Endocrinology

Qualification

MBBS | DNB Paediatrics | Fellowship in Paediatric Endocrinology (ISPAE)

Overview

Dr. Arathy G S is a highly skilled and compassionate Consultant in Paediatric Endocrinology, dedicated to the comprehensive evaluation and management of hormonal disorders in infants, children, and adolescents. She completed her MBBS followed by a DNB in Paediatrics, which established her strong foundation in general child health. Driven by a passion for paediatric hormone health, she went on to complete a prestigious Fellowship in Paediatric Endocrinology under the Indian Society for Paediatric and Adolescent Endocrinology (ISPAE) at the renowned Sir Ganga Ram Hospital, New Delhi. This advanced training equips her to address complex paediatric endocrine conditions with clinical excellence and precision. Dr. Arathy specialises in treating growth disorders and short stature, helping children reach their optimal growth potential. She is highly experienced in managing early, delayed, and disordered puberty, as well as paediatric thyroid conditions, which play a crucial role in a child's overall energy, growth, and development. Her expertise extends to childhood diabetes, where she provides comprehensive care for Type 1 Diabetes Mellitus, adolescent Type 2 Diabetes, MODY (Maturity-Onset Diabetes of the

Young), and other complex disorders of glucose metabolism. Furthermore, Dr. Arathy is deeply committed to addressing the rising challenge of childhood obesity and associated metabolic disorders. She is also expert in managing specialised and critical hormonal conditions such as Congenital Adrenal Hyperplasia (CAH), other adrenal dysfunctions, and diverse endocrine disorders unique to growing children. Understanding that hormonal imbalances can impact a child's emotional and psychological well-being, Dr. Arathy emphasises a gentle, family-centered communication style that makes young patients feel safe and comfortable during consultations. She collaborates closely with paediatric nutritionists and diabetes educators to deliver holistic care, empowering parents with the practical tools and guidance needed to manage chronic conditions at home. Embracing an evidence-based and individualised approach, Dr. Arathy ensures that every family receives tailored guidance and support to foster healthy development, emotional well-being, and long-term endocrine health in their children.

Fellowship & Membership

- IMA
- IAP
- ISPAE
- APPES

Languages Spoken

- English
- Malayalam
- Hindi