



DR. ANURAG SHARMA

Associate consultant - Spine Surgery

Qualification

MBBS | DNB | Fellowship in Spine Surgery (Sir Gangaram Hospital, New Delhi)

Overview

Dr. Anurag Sharma is a highly skilled and exceptionally dedicated Associate Consultant in Spine Surgery. He is highly revered for offering world-class, comprehensive spinal care to a diverse patient population in both English and Hindi. With a career built upon a solid foundation of academic excellence, advanced surgical training, and a deeply patient-centred philosophy, Dr. Sharma has emerged as a key specialist in the modern, evidence-based treatment of complex spinal disorders. His medical journey began with an MBBS from a premier medical institution, establishing his fundamental clinical and surgical principles. Driven by a passion for surgical discipline, he then went on to complete a rigorous postgraduate DNB residency, demonstrating outstanding clinical acumen. To further refine his surgical precision and stay at the forefront of medical advancements, Dr. Sharma undertook a highly competitive and prestigious Fellowship in Spine Surgery, focusing extensively on advanced spine care, minimally invasive techniques, and complex reconstructions under the mentorship of seasoned experts. In his daily clinical practice, Dr. Sharma specialises in a broad spectrum of spinal pathologies, employing state-of-the-art

methodologies to ensure the highest standards of safety and recovery. His comprehensive clinical expertise encompasses the medical and surgical management of degenerative spinal disorders, cervical and lumbar radiculopathy, spinal stenosis, herniated discs, and complex spinal trauma. He is particularly passionate about advancing modern, minimally invasive spine surgery (MISS) to minimise soft-tissue disruption, reduce postoperative pain, and significantly accelerate patient recovery times. Dr. Sharma follows an empathetic, holistic approach to healthcare, carefully evaluating each individual to exhaust non-surgical, conservative treatment avenues before recommending advanced surgical paths. This balanced combination of technical mastery, academic dedication, and a warm, communicative approach makes him a highly trusted partner for patients navigating complex spine health journeys, helping them restore physical function, alleviate chronic pain, and confidently reclaim their overall quality of life.

Field of Expertise

- Spine Surgery
- Arthroplasty & Joint Replacement
- Posterior Lumbar Spine Surgery
- Cervical Spine Surgery – Anterior & Posterior Approaches
- Minimally Invasive Spine Surgery (MISS)
- Post-operative & Follow-up Care
- Outpatient Orthopaedic Treatment
- Patient Counselling & Rehabilitation Protocols

Languages Spoken

- Hindi
- English

