



DR. VISHWADEEP SHARMA

HOD - Arthroscopy & Sports Injuries

Qualification

MBBS | MS (Orthopaedics) | Fellowship in Shoulder & Sports Injuries

Overview

Dr. Vishwadeep Sharma is an exceptionally accomplished and highly respected Orthopaedic Surgeon in Delhi. With more than twenty years of rich clinical and surgical experience since completing his medical education at the Government Bangalore Medical College, Dr. Sharma has established himself as a leading authority in advanced arthroscopic procedures and joint reconstructions. He holds a Master of Surgery in Orthopaedics from the prestigious S.M.S. Medical College in Jaipur. To further solidify his highly specialized expertise, he completed a prestigious Fellowship in Shoulder and Sports Injuries as a Smith & Nephew Fellow at the Deenanath Mangeshkar Hospital in Pune. Throughout his distinguished career, Dr. Sharma has held pivotal clinical and academic positions, serving as an Assistant Professor of Orthopaedics at SGT Medical College in Gurgaon, and working at premier healthcare institutions. His clinical practice focuses on ensuring the highest standards of patient care and surgical outcomes, specializing in arthroscopic knee, shoulder, and hip surgeries, ligament reconstructions including ACL and PCL repairs, shoulder instability treatments, rotator cuff repairs, and advanced cartilage restoration

procedures. Highly regarded for his dedication to patient recovery, he actively designs and implements specialized clinical protocols and rehabilitation pathways, while also mentoring junior doctors and training future surgical fellows. Beyond his extensive clinical responsibilities, Dr. Sharma is a prominent figure in the national and international orthopaedic community. He is a regular teaching faculty member at various cadaveric workshops and was the Organizing Secretary for the prestigious Shoulder and Elbow Society of India (SESICON) Biennial Conference in 2025. His scholarly contributions include numerous paper presentations and highly regarded publications in peer-reviewed journals such as the Journal of Arthroscopy and Joint Surgery and the Indian Journal of Orthopaedics. Dr. Sharma's patient-centered approach, combined with his passion for advancing modern, minimally invasive arthroscopic techniques, makes him a trusted specialist for athletes and patients seeking to restore joint function and return to active lifestyles.

Fellowship & Membership

- Fellowship in Shoulder & Sports Injuries
- Smith & Nephew Fellow, under Dr. Ashish Babhulkar
- Deenanath Mangeshwar Hospital, Pune (Jan 2011-Jun 2011)
- IAS Life Member
- DOA
- SESI

Field of Expertise

- Arthroscopic Knee, Shoulder & Hip Surgeries
- Sports Injury Management & Rehabilitation
- Ligament Reconstruction (ACL, PCL, etc.)
- Shoulder Instability Treatment

- Rotator Cuff Repair
- Cartilage Restoration Procedures
- Shoulder Arthroscopy & Arthroplasty
- Knee Arthroscopy & Arthroplasty
- Clinical Protocol Development
- Team Leadership & Department Management
- Patient-Centred Care & Communication

Languages Spoken

- Hindi
- English

Talks & Publications

- Arthroscopic Acromio-Clavicular Joint Stabilization Using a Tightrope Device – Journal of Arthroscopy and Joint Surgery, 2019
- Outcome of Early Active Mobilization After Extensor Tendon Repair – Indian Journal of Orthopaedics, 2008
- Case Report: Sural Cable Grafting – Continuing Orthopaedic Education Course, Jaipur, 2005
- Management of Radial Club Hand with Gradual Distraction Followed by Centralization – Indian Journal of Orthopaedics, 2009
- Training Module on Management of Polytrauma Patients with Musculoskeletal Injuries – SIHFW Rajasthan, 2006
- Faculty at National & International Conferences
- Regular Teaching Faculty at Cadaveric Courses
- Invited Faculty at IASCON, Coimbatore, 2022
- Involvement in Arthroscopy, Shoulder, Knee & Sports Medicine Workshops and Conferences

