



## **DR. V BALASUNDARAM**

Consultant - Internal Medicine

### **Qualification**

MBBS | DNB (F. Medicine) | PGDFM

### **Overview**

Dr V Balasundaram is a highly skilled Internal Medicine specialist in Delhi. He has extensive experience in diagnosing, treating, and managing a wide range of acute and chronic medical conditions. He holds an MBBS degree along with a DNB in Family Medicine and a PGDFM, reflecting his strong academic foundation and commitment to comprehensive patient care. With a patient-centric approach, Dr Balasundaram specialises in the management of infectious diseases, diabetes, hypertension, fever-related illnesses, and other common medical disorders. He is known for providing accurate diagnoses and personalised treatment plans that focus on both immediate relief and long-term health outcomes. Dr Balasundaram has a special interest in infections and preventive healthcare. He played a significant role during the COVID-19 pandemic and was recognised as a COVID-19 warrior by Manipal Hospitals in 2022 for his dedicated service and commitment to patient care during challenging times. In addition to general internal medicine, he has expertise in managing patients with headaches, stroke-related conditions, and various neurological symptoms. His ability to evaluate complex medical presentations

enables him to provide timely interventions and coordinated care for better patient outcomes. Committed to continuous learning, Dr Balasundaram has completed a Certification Course in Advances in Diabetology from the Royal College of Physicians. This advanced training enhances his expertise in the prevention, diagnosis, and management of diabetes and its associated complications. Dr Balasundaram believes in educating patients about their health and encouraging preventive measures to reduce the risk of disease. He takes time to understand each patient's concerns and develops treatment strategies tailored to their individual needs. He is proficient in Hindi, Tamil, English, and Sanskrit, allowing him to communicate effectively with patients from diverse backgrounds. His compassionate nature, clinical expertise, and dedication to evidence-based medicine have earned him the trust of patients and colleagues alike. Whether managing routine health concerns, chronic medical conditions, or complex infections, Dr V Balasundaram is committed to delivering high-quality medical care and helping patients achieve better health and overall well-being.

#### **Field of Expertise**

- Infections
- Headache
- Stroke
- Clinical Neurolog

#### **Languages Spoken**

- Hindi
- Tamil
- English
- Sanskrit

## **Awards & Achievements**

- Covid Warrior (Manipal Hospitals 2022)
- Certification Course in Advances in Diabetology (Royal College of Physicians)