

#### **DR. LOVKESH ANAND**

Consultant- Medical Gastroenterology & Hepatology

## Qualification

MBBS | MD (Internal Medicine) | DM

# Fellowship & Membership

- Asian Pacific Association for the study of Liver (APASL)
- American Association for the study of Liver Disease (AASLD)
- Indian society of Gastroenterology (ISG)
- American College of Gastroenterology
- Indian National Association for the study of liver (INASL)

## **Field of Expertise**

- · Management of gastroenterology, pancreas, biliary tract and liver-related problems
- Intensive care management of liver failure, management of acute GI bleeds, hepatic coma, liver cancer
- Endoscopic procedures diagnostic and therapeutic endoscopic and colonoscopic procedures (EVL, Glue, APC, EST), NJ tube placement, side viewing endoscopy, ERCP
- Endoscopic management of Obesity
- Hepatic Hemodynamics; percutaneous and transjugular liver biopsies
- Transplant Hepatology
- Liver regeneration
- Stem cell therapy

## Languages Spoken

- English
- Hindi
- Punjabi
- Bengali

## **Awards & Achievements**

- · Gold medal in Preventive and social medicine
- · Awarded cash prize for securing second highest marks in medicine in university
- Travel bursary and membership award at European association for study of liver (EASL) at Barcelona, 2016

#### **Talks & Publications**

- Invited talk at the Asian Pacific Association for the Study of Liver (APASL) 2018.
- Poster presentation: American Association for the Study of Liver Diseases (AASLD) â 🔲 BOSTON 2014.
- Oral presentations: American Association for the Study of Liver Disease (AASLD) â□□ Washington 2017.
- Poster presentation: American Association for the Study of Liver Disease (AASLD) â
- Presentation: European Association for the Study of Liver (EASL) â 🔲 Barcelona 2016.
- Oral presentation: APASL â 🔲 Tokyo 2016.
- Indian National Association for the Study of Liver (INASL).
- Indian Society of Gastroenterology (ISG).
- Endoscopic Ultrasound (EUS) training in Meerut.
- American Association for the Study of Liver Diseases (AASLD): 2014, 2017.
- European Association for the Study of Liver (EASL): 2016.
- Asian Pacific Association for the Study of Liver (APASL): 2018, 2016.
- American College of Gastroenterology 2020.
- Digestive Disease Week: Dec 2019.
- Indian National Association for the Study of Liver (INASL).
- Indian Society of Gastroenterology (ISG).
- Acute-on-chronic liver failure: consensus recommendations of the Asian Pacific Association for the study of the liver (APASL): an update. Hepatol Int. 2019 Jul;13(4):353-390. doi: 10.1007/s12072-019-09946-3. Epub 2019 Jun 6.
- Effects of zolpidem on sleep parameters in patients with cirrhosis and sleep disturbances: A randomized, placebo-controlled trial. Clin Mol Hepatol. 2019 Jun;25(2):199-209. doi: 10.3350/cmh.2018.0084. Epub 2019 Mar 11.
- A double-blind randomized controlled trial to assess the efficacy of bromocriptine in cirrhotic patients with hepatic parkinsonism. Liver Int. 2019 Apr;39(4):684-693. doi: 10.1111/liv.14024. Epub 2019 Feb 4.
- Early cirrhosis and a preserved bone marrow niche favour regenerative response to growth factors in decompensated cirrhosis. Liver Int. 2019 Jan;39(1):115-126. doi: 10.1111/liv.13923.
- Flare of Autoimmune Hepatitis causing acute on chronic liver failure (ACLF): diagnosis and response to corticosteroid therapy. Hepatology. 2019 Aug;70(2):587-596. doi: 10.1002/hep.30205. Epub 2019 Feb 22.
- Suboptimal Level of Bone-Forming Cells in Advanced Cirrhosis is Associated with Hepatic Osteodystrophy. Hepatol Commun. 2018 Sep 4;2(9):1095-1110. doi: 10.1002/hep4.1234. eCollection 2018 Sep.
- Guillain-Barré syndrome in a patient of acute Hepatitis E virus infection associated with genotype 1: Case report and literature review. Intractable Rare Dis Res. 2019 Feb;8(1):43-47. doi: 10.5582/irdr.2018.01099.
- Reply (to LTE HEP-19-0138). Hepatology. 2019 Hepatology. 2019 Nov;70(5):1873-1874. doi: 10.1002/hep.30784. No abstract is available.
- Reply. Hepatology. 2019 Aug;70(2):755-756. doi: 10.1002/hep.30614. No abstract is available.
- SX-Ella Stent Danis Effectively Controls Refractory Variceal Bleed in Patients with Acute-on-Chronic Liver Failure. Dig Dis Sci. 2018 Feb;63(2):493-501. doi: 10.1007/s10620-017-4686-8. Epub 2017 Aug 5.
- Characterization of body composition and definition of sarcopenia in patients with alcoholic cirrhosis: A computed tomography-based study. Liver Int. 2017 Nov;37(11):1668-1674. doi: 10.1111/liv.13509. Epub 2017 Jul 29.
- Role of microRNA in acute cellular rejection. Hepatology. 2017 Apr;65(4):1423-1424. doi: 10.1002/hep.29063.
- Exogenous growth factor-based regenerative therapy in alcoholic cirrhosis patients renders limited effect on hemostatic elements. Clin Res Hepatol Gastroenterol. 2017 Apr 12. pii: S2210-7401(17)30080-3. doi: 10.1016/j.clinre.2017.03.001.
- Bone marrow stem cells and their niche components are adversely affected in advanced cirrhosis of the liver. Hepatology. 2016 Oct;64(4):1273-88. doi: 10.1002/hep.28754.
- A combination of granulocyte colony-stimulating factor and erythropoietin improves outcomes of patients with decompensated cirrhosis. Gastroenterology. 2015 Jun;148(7):1362-1370.e7. doi: 10.1053/j.gastro.2015.02.054. Epub 2015 Mar 4.
- Sonoclot signature analysis in patients with liver disease and its correlation with conventional coagulation studies. Adv Hematol. 2013;2013:237351. doi: 10.1155/2013/237351. Epub 2013 Dec 11.
- Rare, spontaneous trans-splenic shunt and intra-splenic collaterals with attendant splenic artery aneurysms in an adult patient with compensated cirrhosis and portal hypertension. Gastroenterol Rep (Oxf). 2015 May;3(2):162-6. doi: 10.1093/gastro/gou047. Epub 2014 Jul 9
- Symptomatic Presentation of Intrahepatic Portal Vein Aneurysm. ACG Case Rep J 2014;2(1):14â[]]15. http://dx.doi.org/10.14309/crj.2014.69. Published: October 10, 2014
- Growth factors enhance liver regeneration in acute-on-chronic liver failure. Hepatol Int (2014) 8 (Suppl 2): S514â[][S525. DOI 10.1007/S12072-014-9538-4.
- Water Lily and Snake Signs. ACG Case Rep J. 2016 Nov 9;3(4):e151.
- Dr. Lovkesh Anand & Team successfully treated three patients using the latest technique of Spyglass

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- Dr. Lovkesh Anand on a podcast on " In Times of Covid Don't Ignore Hepatitis" on this World Hepatitis Day on Chimes Radio. <u>Click Here</u>
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- Dr. Lovkesh Anand in an authored article on Irritable Bowel Syndrome in Hindustan Times Online. Click Here
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- Dwarka: Dr. Lovkesh Anand on Higher Risk of Stomach Issues with Omicron, BA.2? Decoding COVID & Gut Link in Quint.com. <u>Click Here</u>
- Dr. Lovkesh Anand on World Hepatitis Day 2022: Reducing hepatitis burden is within our reach ET Healthworld | Video Byte.<u>Click Here</u>
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