



## **DR. SUFLA SAXENA**

HOD - Paediatrics and Paeds Gastroenterology

### **Qualification**

MBBS | DNB (Paediatrics) | MRCPCH (UK) | Fellowship in Paediatric Gastroenterology and Hepatology (UK)

### **Overview**

Dr. Sufla Saxena, one of the best Paediatric Gastroenterologists in Delhi and a Hepatologist in Delhi, is currently serving as the Head of Department and Consultant at Manipal Hospitals, Delhi. With over 16 years of extensive experience in her field, Dr. Saxena has made significant contributions to paediatric healthcare both in India and the UK. Dr. Saxena's academic journey began with an MBBS from Mahatma Gandhi Memorial Medical College, Indore, followed by a DNB in Pediatrics from the National Board of Examinations, New Delhi. She further honed her expertise by completing fellowships in Paediatric Gastroenterology and Hepatology at the prestigious Royal Manchester Children's Hospital and Birmingham Children's Hospital in the UK. Her dedication to her field is evident through her membership in several esteemed organisations, including the British Society of Pediatric Gastroenterology Hepatology and Nutrition and the Indian Society of Pediatric Gastroenterology Hepatology and Nutrition. Throughout her career, Dr. Saxena has been recognised for her exceptional clinical skills and compassionate patient care. She has been awarded the Most Charismatic Woman by the INMO group and received the NNF Gold

Medal for her outstanding paper in Neonatology at PEDINEOCON 2006. Additionally, she was honoured by the Mayor of Indore for her contributions to treating children with liver diseases. At Manipal Hospitals, Dr. Saxena is known for her expertise in managing complex paediatric gastrointestinal and liver conditions. She has pioneered the establishment of specialized clinics, such as the "Yellow Baby Clinic," dedicated to treating infants with jaundice. Her clinical interests include managing GERD, chronic constipation, pancreatitis, and cholecystitis/cholelithiasis. Dr. Saxena is also an avid researcher and has published numerous articles in reputed journals. Her work on the role of nutrition in chronic pancreatitis in children has been particularly influential. She actively engages in public education through newspaper articles on topics like coeliac disease and abdominal pain in children, helping parents navigate these challenging conditions. With her profound knowledge, compassionate approach, and unwavering commitment to paediatric healthcare, Dr. Sufia Saxena continues to transform the lives of countless children, making her a beacon of hope for families seeking specialised care from a top Gastroenterologist in Delhi and a Hepatologist in Delhi.

### **Fellowship & Membership**

- Fellow Paediatric Gastroenterology Royal Manchester Children's Hospital UK.
- Fellow Paediatric Hepatology Birmingham Children's Hospital UK. British Society of Paediatric Gastroenterology Hepatology and Nutrition (BSPGHAN).
- European Society of Paediatric Gastroenterology Hepatology and Nutrition (ESPGHAN).
- Indian Society of Paediatric Gastroenterology Hepatology and Nutrition (ISPGHAN).
- Member of the Royal College of Paediatrics and Child Health (RCPCH).

- Indian Academy of Paediatrics (IAP).

### **Field of Expertise**

- GERD
- Cholecystitis/Cholelithiasis
- Chronic constipation
- Pancreatitis
- Viral Hepatitis
- Neonatal Jaundice/Cholestasis
- Inflammatory bowel disease
- Autoimmune Hepatitis
- Liver Transplant
- Nutrition

### **Languages Spoken**

- English
- Hindi

### **Awards & Achievements**

- She started the Celiac disease awareness programme at Apollo hospital Indore and has formed the city's first Celiac disease support group.
- She pioneered in starting "Yellow baby Clinic "one of a kind clinic for babies suffering from jaundice.
- Published a case study "Role of Nutrition in Chronic Pancreatitis in children" in Journal of Nutrition.
- Invited as "Big Mehman" on Big FM 92.7 for a talk on awareness about Paediatric gastro disorders.

- Awarded as Most Charismatic Women 2018 by INMO group (a women entrepreneurs group)
- Awarded by Mayor of Indore for her contribution for sick children with liver disease.
- She has written Newspaper articles on Celiac disease, abdomen pain in kids (parents dilemma), rare case reports etc.

### Talks & Publications

- Dr. Sufla Saxena in an authored article on safety tips for a child with Hepatitis C on this World Hepatitis Day.
- 5 simple tips to improve gut health. [Click Here](#)
- How to boost GUT and Overall Immunity [Click Here](#)
- All you need to know about Paediatric Hepatitis. [Click Here](#)
- Celiac Disease in children. [Click Here](#)
- Dr. Sufla Saxena on the Types And Symptoms Of Celiac Disease In Kid raising awareness on observing Celiac Awareness Month on DOCTORNDTV. [Click Here](#)
- Dr Sufla Saxena in an authored article on Celiac disease: How to detect the digestive disorder in young children? | HT Healthshots. [Click Here](#)
- The reason behind viral hepatitis among kids in Financial Express | Authored Article | World Hepatitis Day. [Click Here](#)
- Dr. Sufia Saxena and team on a challenging life-saving surgery on an 8-year-old child with a rare condition of oesophageal perforation successfully treated covered in leading media. [Click Here](#)
- Dr. Sufla Saxena on successfully treating a 1-year-old for Rare Genetic Disorder LBRA deficiency | The Week (Digital). [Click Here](#)
- Two-year-old swallows mercury, saved due to early diagnosis, timely intervention at Delhi hospital. [Click Here](#)

