



Dwarka - Delhi

Consultant - Paediatric Gastroenterologist and Hepatologist

Qualification

MBBS | DNB (Paediatrics) | MRCPCH (UK) | Fellowship in Paediatric Gastroenterology and Hepatology (UK)

Fellowship & Membership

- Fellow Paediatric gastroenterology Royal Manchester Children's Hospital UK
- Fellow Paediatric Hepatology Birmingham Children's Hospital UK British Society of Paediatric Gastroenterology Hepatology and Nutrition (BSPGHAN)
- European Society of Paediatric Gastroenterology Hepatology and Nutrition (ESPGHAN)
- Indian Society of Paediatric Gastroenterology Hepatology and Nutrition (ISPGHAN)
- Member of Royal College of Paediatrics and Child Health (RCPCH)
- Indian Academy of Paediatrics (IAP)

Field of Expertise

- GERD
- Cholecystitis/Cholelithiasis
- Chronic constipation
- Pancreatitis
- Viral Hepatitis
- Neonatal Jaundice/Cholestasis
- Inflammatory bowel disease
- Autoimmune Hepatitis
- Liver Transplant
- Nutrition

Languages Spoken

- English
- Hindi

Awards & Achievements

- She started the Celiac disease awareness programme at Apollo hospital Indore and has formed the city's first Celiac disease support group.
- She pioneered in starting "Yellow baby Clinic" "one of a kind clinic for babies suffering from jaundice.
- Published a case study "Role of Nutrition in Chronic Pancreatitis in children" in Journal of Nutrition.
- Invited as "Big Mehman" on Big FM 92.7 for a talk on awareness about Paediatric gastro disorders.
- Awarded as Most Charismatic Women 2018 by INMO group (a women entrepreneurs group)
- Awarded by Mayor of Indore for her contribution for sick children with liver disease.
- She has written Newspaper articles on Celiac disease, abdomen pain in kids (parents dilemma), rare case reports etc.

Talks & Publications

- Dr. Sufla Saxena in an authored article on safety tips for a child with Hepatitis C on this World Hepatitis Day
- 5 simple tips to improve gut health - <https://www.rediff.com/getahead/report/5-simple-tips-to-improve-your-gut-health/20200627.htm>
- How to boost GUT and Overall Immunity
<https://twitter.com/HealthwireMedia/status/1276407299423105024>
- All you need to know about Paediatric Hepatitis - <https://www.indiatimes.com/health/healthyliving/all-you-need-to-know-about-paediatric-hepatitis-372650.html>
- Celiac Disease in children - <https://www.ndtv.com/health/does-your-child-have-celiac-disease-know-how-it-affects-growth-and-development-in-children-2045268>
- Dr. Sufla Saxena on the Types And Symptoms Of Celiac Disease In Kid raising awareness on observing Celiac Awareness Month on DOCTORNDTV. [Click Here](#)