



## **DR. ANKUR MITTAL**

Consultant - Nephrology

### **Qualification**

MBBS | MD (Internal Medicine) | DrNB (Nephrology)

### **Overview**

Dr. Ankur Mittal is a dedicated Nephrologist in Dwarka, Delhi, with 13 years of experience. With a strong academic and clinical background, having completed his MBBS, MD in Internal Medicine and DrNB in Nephrology, an advanced super-speciality qualification focused on the comprehensive diagnosis and management of kidney diseases and renal replacement therapies. His core areas of expertise include Kidney Transplantation, Interventional Nephrology and the management of complex Glomerular diseases, enabling him to offer end-to-end care from early medical management to advanced procedures for patients with acute and chronic kidney disorders. Dr. Mittal has been consistently recognised for academic and professional excellence, having secured 1st position in Mini Oral Basic Sciences at the 31st Annual Conference of the Indian Society of Organ Transplantation, and 1st position in both Free Paper Presentation and Quiz Competition at the ISN West Zone Conference 2021, achievements that highlight his strong clinical acumen and research orientation in nephrology and transplantation science. Known for his sincerity, discipline and compassionate conduct, he devotes time to understanding each

patient's concerns, practices active listening and communicates complex medical information in simple, reassuring language, which helps patients and families feel informed and supported throughout their treatment journey. His patients frequently share positive feedback and strong recommendations, acknowledging his approachable nature, respectful behaviour and willingness to design personalised treatment plans tailored to their clinical condition, lifestyle and long-term goals. Dr. Mittal is also deeply committed to continuous learning and keeps himself updated with the latest technologies, interventional techniques and evidence-based guidelines in nephrology; he actively participates in national and international seminars, conferences and workshops to refine his skills and bring cutting-edge approaches back to his practice. Calm and composed in high-pressure clinical situations, he is known for sound, timely decision-making, especially in critical care nephrology and transplant settings, consistently striving to improve outcomes and enhance the overall quality of care for his patients.

### **Field of Expertise**

- Kidney Transplantation
- Intervention Nephrology
- Glomerular disease

### **Languages Spoken**

- Hindi
- English

### **Awards & Achievements**

- Placed 1st Position in Mini oral Basic Sciences in the 31st

annual conference of Indian society of Organ Transplantation  
Placed 1st Position in Free paper presentation in the ISN West zone conference 2021

- Placed 1st Position in Quiz Competition at ISN West zone conference 2021

### **Talks & Publications**

- Clinicopathological Spectrum of Biopsy Proven Kidney Disease in Diabetics - Indian Journal of Nephrology.
- Parvovirus B19 Infection as a Cause of Refractory Anemia in Kidney Transplant Recipients: A Case Series - Indian Journal of Nephrology.
- Scrub Typhus in a Kidney Transplant Patient - Indian Journal of Nephrology.
- Continuous Ambulatory Peritoneal Dialysis in difficult situations - Indian Journal of Peritoneal Dialysis.
- Presented Poster in World Congress of Nephrology 2023 organized by international society of Nephrology (ISN).
- Presented Paper in Indian society of Nephrology Conference (2023).
- Presented paper in Indian society of Nephrology Conference (2021).