



DR. SNEHA SHARMA

Consultant - Plastic, Aesthetic and Reconstructive Surgeon

Qualification

MBBS | MS (General Surgery) | MCh (Plastic Surgery) | DrNB (Plastic Surgery) Gold medalist

Overview

Dr. Sneha Sharma is a Plastic, Aesthetic and Reconstructive Surgeon in Dwarka, Delhi, with 8 years of experience. She is extensively trained through MBBS, MS (General Surgery), MCh (Plastic Surgery) and DrNB (Plastic Surgery), an advanced super-speciality qualification recognised as equivalent to MCh. Dr. Sneha has wide-ranging expertise in plastic surgery, cosmetic surgery, hand surgery, brachial plexus surgery, cleft surgery, reconstructive surgery, burn surgery and aesthetic surgery, managing complex trauma and post-cancer reconstruction, congenital anomalies, brachial plexus and hand injuries, burn deformities and elective cosmetic procedures. A recipient of the prestigious Dr. C R Sundarajan Gold Medal in Plastic and Reconstructive Surgery (2021) and a Merit Certificate for securing the highest marks in Obstetrics and Gynaecology (2012), she has demonstrated consistent academic excellence. Her achievements are further reinforced by the JRD Tata Trust scholarship (2010–2013) and selection for the ICMR Short-Term Studentship (STS) in 2010, which provided strong research exposure early in her career. Dr. Sneha is known for her patient-centric approach, emphasising clear communication, compassionate

counselling and shared decision-making, and she integrates advanced reconstructive techniques with refined aesthetic judgement to deliver safe, natural-looking results that restore both form and confidence. Beyond her qualifications, Dr. Sneha is known for her sincerity and dedication. Her calm demeanour in high-pressure situations, coupled with exceptional clinical judgment and decision-making skills, reassures both patients and colleagues during complex surgeries. She consistently receives positive feedback and strong word-of-mouth recommendations from her patients, who appreciate not only her surgical outcomes but also her approachable nature, good behaviour and genuine concern for their well-being—qualities that make her stand apart from many others in her field. Dr. Sneha is always keen to improve care delivery, she actively takes new initiatives related to technology and process improvement, adopting advanced techniques, digital tools and streamlined protocols to enhance safety, precision and overall patient experience.

Fellowship & Membership

- Aesthetic surgery (short term) at Villa Bella Clinic Salo
- Aesthetic surgery at Medanta Hospital, Gurugram

Field of Expertise

- Plastic Surgery
- Cosmetic Surgery
- Hand Surgery
- Brachial Plexus Surgery
- Cleft surgery
- Reconstructive Surgery
- Burns Surgery
- Aesthetic Surgery

Languages Spoken

- Hindi
- English

Awards & Achievements

- Dr. C R Sundarajan Gold Medal in Plastic and Reconstructive Surgery, 2021
- Merit Certificate for highest marks in Obs and Gyn, 2012
- JRD Tata trust scholarship, 2010 - 2013
- STS from ICMR, 2010

Talks & Publications

- Faculty talk titled 'Sculpting Hope: Impact of Selumetinib in pediatric plexiform neurofibromatosis.' at AESURG 2024, New Delhi.
- Presented the paper titled 'CAD/CAM Precision: Analysis of 144 cases of mandibular reconstruction with free fibula flap for enhanced surgical outcomes in head and neck reconstruction.' at APFSRM 2024, New Delhi.
- Presented paper titled 'Study of efficacy of three mortality prediction models.' At APSICON 2021.
- Presented paper titled 'Study of efficacy of three burn mortality prediction models.' at NABICON, Kandaghat in February 2020.
- Presented poster titled 'Road traffic injuries: risky behaviours and impact of education.' at ASICON, Jaipur in December 2017 and won 2nd prize.
- Presented paper titled 'Impact of education in modification of risky behavior causing road traffic injuries.' at SURGICON, New

- Delhi in November 2017 in the competitive category.
- Presented poster titled 'Breast cancer presenting as breast abscess.' at SURGICON, New Delhi in November 2017.
 - Presented paper titled 'Attitude of medical physicians and residents towards adverse drug reaction reporting.' at UG Medical Students' Regional Research Conference (ICMR sponsored), New Delhi in February 2011.
 - Brajesh V, Sharma S, Aggarwal A, Singh S, Mahendru S, Singh H, Jain A, Jain R, Khazanchi RK. Non-COVID-19 Cutaneous Mucormycosis from a Plastic Surgical Perspective. *Indian J Plast Surg.* 2023 Jul 28;56(4):350-356. doi: 10.1055/s-0043-1771294 PMID: 37705818; PMCID: PMC10497338.
 - Sharma S, Tandon R. External Validation of three burn specific mortality prediction models in Indian burn patients. *Indian J Plast Surg.* 2023 Jan 31;56(1):39-43. doi: 10.1055/s-0043-1760825
 - Sharma S, Tandon R. Predicting Burn Mortality Using a Simple Novel Prediction Model. *Indian J Plast Surg.* 2021 Jan;54(1):46-52. doi: 10.1055/s-0040-1721867. Epub 2021 Mar 4. PMID: 33814741; PMCID: PMC8012794.
 - Sinha A, Dash S, Sharma S, Sharma S. Use of Adipofascial Reverse Sural Artery Flap for distal leg and ankle region reconstruction – A prospective cohort study. *J Clin Diag Res.* 2021 Sep; 15(9): 18-22. doi: 10.7860/JCDR/2021/49447.15432.
 - Sharma S, Sharma G, Tyagi S. Lidocaine lubricant jelly does not reduce pain perception during female urethral catheterization: A systematic review with meta- analysis and trial sequential analysis. *Int J Clin Pract.* 2021 Sep;75(9):e14162.doi:10.1111/ijcp.14162.Epub 2021 Apr 19. PMID: 33759297.
 - Sharma G, Sharma S, Parmar K. Buccal mucosa or penile skin for substitution urethroplasty: A systematic review and meta-analysis. *Indian J Urol.* 2020 Apr-Jun;36(2):81-88. doi:

10.4103/iju.iju_298_19. Epub 2020 Apr 7. PMID: 32549657; PMCID: PMC7279095.

- Garg PK, Goel A, Sharma S, Chishi N, Gaur MK. Protective Diversion Stoma in Low Anterior Resection for Rectal Cancer: A Meta-Analysis of Randomized Controlled Trials. *Visc Med.* 2019 Jun;35(3):156-160. doi: 10.1159/000497168. Epub 2019 Mar 27. PMID: 31367612; PMCID: PMC6616072.
- Garg PK, Sharma S, Arya S, Yendamuri S. Superior vena cava (SVC) resection and reconstruction in non-small cell lung cancer (NSCLC) invasion. *J Xiangya Med* 2018; 3:13.
- Sneha S, Ashwini K, Renuka M. Perceptions of Medical Residents Regarding Adverse Drug Reaction Reporting in Teaching Hospital in Mumbai, India. *Pharmacology online* 2011; 3: 37-43.
- S Prasad, G Sharma, S Kumar Devana, S Kumar, S Sharma. Is Tranexamic acid associated with decreased need for blood transfusion in percutaneous nephrolithotomy: a systematic review and meta-analysis. *Ann R Coll Surg Engl.*