



DR. SWETA SINGLA

Consultant and Head - Movement Disorder & Neurology

Qualification

MBBS (UCMS) | MD (PGIMER/ Dr RMLH) | DM (Neurology) (AIIMS)

Overview

Dr. Sweta Singla is a highly accomplished neurologist with over 16 years of clinical, academic, and research experience in the field of neurology, currently serving as the Head & Consultant – Movement Disorder and Neurology. She is widely recognized for her expertise in movement disorders, epilepsy, stroke, electrophysiology, and neuro-metabolic conditions, along with her strong commitment to evidence-based patient care. She completed her MBBS from UCMS, University of Delhi, followed by an MD in Medicine from PGIMER & Dr. RML Hospital, and later pursued her DM in Neurology at the All India Institute of Medical Sciences (AIIMS), Delhi. Additionally, she has completed a Fellowship in Clinical Genetics at Sir Ganga Ram Hospital under the mentorship of Prof. I.C. Verma, strengthening her understanding of hereditary neurological disorders. Dr. Singla has an extensive academic portfolio with multiple publications in national and international journals, covering areas such as epilepsy stigma and quality of life, stroke determinants, diabetic neuropathy, vitamin B12 deficiency, electro-clinical syndromes, and rare neuro-ophthalmological disorders. She has also contributed to several book chapters, including

key writings on diabetic polyneuropathy and gender-specific issues in diabetes care. She is an active reviewer for prestigious journals such as Parkinsonism and Related Disorders and BMJ Case Reports. Her active involvement in academic forums includes presenting research at major conferences like the Asian & Oceanian Epilepsy Congress and Indo-Euro Park Summit. She has contributed to validation studies and quality-of-life research in Indian neurological populations and frequently participates in academic CMEs, symposiums, and teaching activities. She has also completed the Executive Program in Business Finance (EPBF) from IIM Ahmedabad, adding strong managerial and strategic depth to her clinical expertise. Dedicated to delivering comprehensive and patient-centric neurological care, Dr. Sweta Singla combines deep clinical knowledge, research-driven insights, and strong leadership skills. Her ongoing work continues to enhance patient outcomes and contribute meaningfully to the field of neurology and movement disorders.

Fellowship & Membership

- Fellowship in Clinical Genetics, SIAMG, Sir Ganga Ram Hospital, Delhi
- Member, Indian Academy of Neurology
- Member, Indian Sleep Disorder Association
- Member, Indian Stroke Association

Field of Expertise

- Epilepsy
- Headache
- Parkinson's Disease and Other Movement Disorders
- Dementia
- Neurogenic Pain Syndromes

- Sleep Disorders
- Stroke
- Neuroimmunology and Demyelinating
- Myopathy
- Neuropathy
- Neurogenic pain management

Languages Spoken

- English
- Hindi

Talks & Publications

- Agarwal AK, Singla S, Singla S, Singla R, Lal A, Wardhan H, Yadav R. Prevalence of coronary risk factors in type 2 Diabetics without manifestations of overt coronary heart disease. JAPI Volume 57, 2009.
- Singla R, Singla S. Interventional endocrinology: A futuristic perspective. Indian J Endocrinol Metab. 2014 May-Jun; 18(3): 422-424.
- Nehra A, Singla S, Bajpai S, Malviya S, Padma V, Tripathi M. Inverse relationship between stigma and quality of life in India: is epilepsy a disabling neurological condition? Epilepsy Behav. 2014 Oct;39:116-25.
- Singla S, Singla R. Stroke in India: Bio-socioeconomic determinants. J Soc Health Diabetes 2016;4:71-6.
- Singla, Sweta, Sureshababu, Sachin, Rajora, Deepankshi, Mittal, Gaurav Kumar, Peter, Sudhir, Chindripu, Sobhana, Gupta, Priya. Electro-clinical expression and pharmaco-therapeutic options in Jeavons syndrome-Case report and Review of Literature. Indian Journal of Medical Specialities. Volume 8, Issue 4,

- October–December 2017, Pages 217-220.
- Ashima Nehra, Sweta Singla, Swati Bajpai, Vasantha Padma, Manjari Tripathi. “Is Stigmatised Epilepsy Disabling: The Trio Impact of Stigma, Disability & Quality Of Life”, 10th Asian Oceanian Epilepsy Congress Conference to be held in Singapore from 7th August to 10th August 2014. poster presentation abstract reference no. A-655-0016-00467.
 - Singla R, Garg A, Singla S, Gupta Y. Temporal change in profile of association between diabetes, obesity, and age of onset in Urban India: A brief report and review of literature. Indian J Endocr Metab 2018;22:429-32.
 - Jennifer Singhdev, Ajay Asranna, Sachin Sureshababu, Gaurav Kumar Mittal, Sweta Singla, Sudhir Peter, Sobhana Chindripu. Nine Syndrome: Case Report and Review of Clinical Signs in Internuclear Ophthalmoplegia. Ann Indian Acad Neurol. 2018;21(4):325-327.
 - Singla R, Murthy M, Singla S, Gupta Y (2019) Friendly fat theory - explaining the paradox of diabetes and obesity. Eur Endocrinol 15:25–28.
 - Singla R, Garg A, Surana V, Aggarwal S, Gupta G, Singla Sweta. Vitamin B12 deficiency is endemic in the Indian population: A perspective from North India. Indian J Endocr Metab 2019;23:211-4.
 - Singla, Rajiv & Gupta, Dr Geetu, Gaire, Renuka & Singla, Sweta. (2024). Obesity Treatment Ladder: Medical Nutrition Therapy and Physical Activity in Clinical Practice. Charakh Shastra: The Mega Journal of Medicine. 10.59875/130506.
 - Medicine update 2009. Hypokalemic Paralysis – Emergency Room Management.
 - Medicine update 2009. Challenges in endocarditis
 - Diabetes Mellitus - issues for the Indian woman. Diabetic Neuropathy - Gender Publications Book Chapters Specific Issues. Khandelwal Deepak, Singla Sweta. BOOK 2018 Diabetes

Mellitus Issues for Indian Women (Editor: Bajaj Sarita). Jaypee Publishers.

- The 5-Minute Clinical Consult 2020 South Asian Edition.
Chapter: Diabetic
- Polyneuropathy.
- Parkinsonism and Related Disorders
- BMJ Case Reports