

DR. VINEET KUMAR SURANA

Consultant - Diabetes and Endocrinology

Qualification

DM Endocrinology at All India Institute of Medical Sciences, New Delhi | MD | MBBS | SCE Endocrinology and Diabetes (MRCP) (UK)

Overview

Dr. Vineet Kumar Surana is a highly esteemed Consultant in Diabetes and Endocrinology at Manipal Hospitals, Dwarka, Delhi. With an impressive educational background and extensive experience, Dr. Surana is a leading Endocrinologist in Dwarka managing complex endocrine disorders and diabetes. He completed his MBBS and MD from Maulana Azad Medical College, Delhi, and further specialized with a DM in Endocrinology from the All India Institute of Medical Sciences (AIIMS), New Delhi. Dr. Surana's professional journey is characterized by his commitment to providing exceptional patient care. His expertise spans a wide range of endocrine disorders, including type 1 and type 2 diabetes, thyroid diseases, and lipid disorders. He is also proficient in managing genetic endocrine disorders and has a keen interest in pediatric endocrinology. Dr. Surana is a member of several prestigious medical associations, such as the Endocrine Society (USA), the Asia Pacific Pediatric Endocrine Society, and the Endocrine Society of India. At Manipal Hospitals, Dr. Surana is known as the Leading endocrinologist in Dwarka for his compassionate approach and his ability to connect with patients, ensuring they receive personalized and

effective treatment. His commitment to ongoing education and staying abreast of the latest developments in endocrinology ensures that he remains an invaluable resource for both the hospital and his patients. Dr. Surana's contributions to the field have been recognized through numerous awards and accolades, including the AV Gandhi Award for Excellence in Endocrinology. His research has been widely published in reputed medical journals, reflecting his dedication to advancing medical knowledge and improving patient outcomes. Whether dealing with a routine check-up or a complex endocrine disorder, Dr. Vineet Kumar Surana's expertise and compassionate care provide reassurance to patients and their families. His unwavering commitment to his profession and his patients makes him a trusted and respected figure in the medical community. If you are seeking expert care for diabetes or endocrine disorders, Dr. Vineet Kumar Surana at Manipal Hospitals for the Best Thyroid Care Doctor in Dwarka is a name you can rely on for comprehensive and compassionate treatment.

Fellowship & Membership

- Endocrine society (USA),
- AsiaPacific Pediatric Endocrine Society
- ISPAE (INDIA)
- AACE (USA)
- Endocrine society of India

Field of Expertise

- Genetic endocrine disorders
- Type 1 and 2 diabetes
- Lipid disorders
- Nodular thyroid disease

Languages Spoken

- English
- Hindi

Awards & Achievements

- AV Gandhi award for excellence in endocrinology
- Received Best Original paper award of Indian Journal of Endocrinology and metabolism

Talks & Publications

- Pre ketogenic diet counselling. Kalra S, Singla R, Rosha R, Sharma S, Surana V, Kalra B.J Pak Med Assoc. 2019 Apr;69(4):592-594.PMID: 31000870
- BE-SMART (Basal Early Strategies to Maximize HbA1c Reduction with Oral Therapy): Expert Opinion.
- Bajaj S, Das AK, Kalra S, Sahay R, Saboo B, Das S, Shunmugavelu M, Jacob J, Priya G, Khandelwal D, Dutta D, Chawla M, Surana V, Tiwaskar M, Joshi A, Shrestha PK, Bhattarai J, Bhowmik B, Latt TS, Aye TT, Vijayakumar G, Baruah M, Jawad F, Unnikrishnan AG, Chowdhury S, Pathan MF, Somasundaram N, Sumanathilaka M, Raza A, Bahendeka SK, Coetzee A, Ruder S, Ramaiya K, Lamptey R, Bavuma C, Shaikh K, Uloko A, Chaudhary S, Abdela AA, Akanov Z, Rodrìguez-Saldaña J, Faradji R, Tiago A, Reja A, Czupryniak L.
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- Height Velocity in Apparently Healthy North Indian School

Children.

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- Vitamin B12 Deficiency is Endemic in Indian Population: A Perspective from North India. Singla R, Garg A, Surana V, Aggarwal S, Gupta G, Singla S.
- Indian J Endocrinol Metab. 2019 Mar-Apr;23(2):211-214. doi: 10.4103/ijem.IJEM_122_19. PMID: 31161105 Free PMC article.
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- Age of Onset of Puberty in Apparently Healthy School Girls from Northern India.
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- Lichen scrofulosorum and immune thrombocytopenic purpura in a child with tuberculosis. Surana VK, Singh A, Kapoor S, Sardana K.
- Pediatr Infect Dis J. 2010 Aug;29(8):785. doi: 10.1097/INF.0b013e3181e44149.
- PMID: 20661111 No abstract available.
- A 2016 clinical practice pattern in the management of primary hypothyroidism among doctors from different clinical specialties in New Delhi.
- Surana V, Aggarwal S, Khandelwal D, Singla R, Bhattacharya S, Chittawar S, Kalra S, Dutta D; Society for Promotion of

Education in Endocrinology and Diabetes Group, India.
- Indian J Endocrinol Metab. 2017 Jan-Feb;21(1):165-177. doi: 10.4103/2230-8210.196012. PMID: 28217518 Free PMC article.
- Endocrine and Metabolic Manifestations of Snakebite Envenoming.
- Bhattacharya S, Krishnamurthy A, Gopalakrishnan M, Kalra S, Kantroo V, Aggarwal S, Surana V. Am J Trop Med Hyg. 2020 Jun 29. doi: 10.4269/ajtmh.20-0161. Online ahead of print. PMID: 32602439
- Perceptions about Training during Endocrinology Residency Programs in India over the Years: A Cross-sectional Study (PEER India Study).
- Khandelwal D, Dutta D, Singla R, Surana V, Aggarwal S, Gupta Y, Kalra S, Khadgawat R, Tandon N. Indian J Endocrinol Metab. 2017 Mar-Apr;21(2):271-276. doi: 10.4103/ijem.IJEM_530_16. PMID: 28459024 Free PMC article.
- Neutrophil-lymphocyte Ratio is a Novel Reliable Predictor of Nephropathy, Retinopathy, and Coronary Artery Disease in Indians with Type-2 Diabetes.
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- Diagnosis and management of classical congenital adrenal hyperplasia.
- Marumudi E, Khadgawat R, Surana V, Shabir I, Joseph A, Ammini AC.
- Steroids. 2013 Aug;78(8):741-6. doi: 10.1016/j.steroids.2013.04.007. Epub 2013 Apr 25. PMID: 23624029
- Dr. Vineet Surana on Facts everyone should know about diabetes on World Diabetes Day. Click Here
- SM Post | Hindusthan Times. Click Here