

**(LT COL) DR. LEENA N SREEDHAR**

Chairman - Obstetrics & Gynaecology, HOD Department of Academics And Research

**Qualification**

MBBS (1987) from Maulana Azad Medical College, New Delhi | MD (1992) from VMMC and Safdarjung Hospital | FICMCH

## Overview

Dr. (Lt. Col.) Leena N. Sreedhar is a distinguished and highly experienced gynaecologist and obstetrician, currently serving as the Head of Department (HOD) and Consultant in Obstetrics & Gynaecology at Manipal Hospitals, Dwarka, New Delhi. With over 34 years of extensive experience in her field, Dr. Sreedhar is renowned for her mastery in managing high-risk pregnancies, and infertility and performing both conventional and laparoscopic gynaecological surgeries. She is the Best Gynaecologist in Delhi. Dr. Sreedhar’s academic journey began with an MBBS degree from Maulana Azad Medical College, New Delhi, in 1987, followed by an MD in Obstetrics and Gynaecology from VMMC and Safdarjung Hospital in 1992. Her commitment to continuous learning and excellence is further demonstrated by her fellowship with the Indian College of Maternal and Child Health (FICMCH) and her active memberships in several prestigious medical societies, including the Federation of Obstetric and Gynaecological Societies of India (FOGSI), the Indian Menopausal Society, and the Delhi Gynae Forum (West). In her role at Manipal

Hospitals, Dr. Sreedhar is not only a clinician but also a leader in academic and research initiatives. She heads the Department of Academics and Research, contributing significantly to the advancement of medical knowledge and practices in her speciality. Her clinical interests are broad and include high-risk pregnancy management, infertility treatment, colposcopy, hysteroscopy, and various gynaecological surgeries. Dr. Sreedhar is also a respected voice in the medical community, frequently sharing her insights and expertise through various media outlets. She has been featured in numerous publications, discussing topics such as the impact of physical activity on menstrual health, the importance of mental health during pregnancy, and the management of postpartum haemorrhage. Her dedication to patient education and advocacy is evident in her efforts to raise awareness about safe pregnancy and delivery practices, especially during challenging times like the COVID-19 pandemic. Fluent in both English and Hindi, Dr. Sreedhar is known for her compassionate approach to patient care, ensuring that her patients receive personalized and comprehensive treatment. Her commitment to excellence and her extensive experience make her a trusted and sought-after gynaecologist in Delhi. Dr. (Lt. Col.) Leena N. Sreedhar’s profile is a testament to her dedication, expertise, and leadership in the field of obstetrics and gynaecology, making her an invaluable asset to Manipal Hospitals and the broader medical community.

## Fellowship & Membership

- FOGSI
- Indian Menopausal Society
- IMA Panchkula
- Delhi Gynae Forum (West)

## Field of Expertise

- High-risk pregnancy
- Infertility Management Colposcopy
- Hysteroscopy
- Conventional and laparoscopic Gynaecological Surgeries

### Languages Spoken

- English
- Hindi

### Talks & Publications

- Dr. Leena N Sreedhar advise to pregnant & to be mothers to pay attention to their mental health during this pandemic gains some media attention in IDiva. Click Here
- Dr. Leena Sreedhar says lack of physical activity has seen a rise in cases of irregular periods among women during lockdown- In TOI today. Click Here
- Dr. Leena N Sreedhar says with pregnancy being an immune suppressive state, the awareness is emphasized on safe pregnancy & delivery during these Covid times. Click Here
- Dr. Leena N Sreedhar on Myths and facts related to pregnancy in Vanita Magazine (Print).Click Here
- Dr. (Lt Col) Leena N Sreedhar on a woman's right : To abort or not to abort! in ET Healthworld.Click Here
- Dr. (Lt Col) Leena N Sreedhar on What is postpartum hemorrhage, and can it be prevented? | Exclusive Story | The Indian Express.Click Here
- Dr. (Lt. Col.) Leena N Sreedhar on when it comes to health, why 30s are the new 40s for women in India Today. Click Here
- Pregnancy □□□ □□□□□□□ □□ □□□□ □□□□ □□□□ □□ □□□□: Hello

Doctor, Ep 204 | Health Podcast. Click Here