

DR. LALIT KUMAR LOHIA

Consultant- Orthopaedics department

Qualification

MBBS (Maulana Azad Medical college) | MS orthopaedics (Lady Hardinge Medical College)

Overview

Dr. Lalit Kumar Lohia is a highly respected orthopaedic surgeon and Consultant in the Department of Orthopaedics at Manipal Hospitals, Dwarka, New Delhi. With nearly 11 years of extensive experience in the field, Dr. Lohia has developed a strong reputation for his expertise in trauma surgeries, foot and ankle deformities, joint replacement surgery, arthritis, and osteoporosis. He is the foremost Orthopedic doctor Delhi. Dr. Lohia's academic background is impressive, beginning with an MBBS from Maulana Azad Medical College, New Delhi, followed by an MS in Orthopaedics from Lady Hardinge Medical College, New Delhi. His rigorous training and dedication to his field have equipped him with the skills necessary to handle a wide range of orthopaedic conditions and procedures. Throughout his career, Dr. Lohia has demonstrated a commitment to excellence in patient care and surgical outcomes. He is proficient in performing complex trauma surgeries and has a particular interest in foot and ankle deformities, which require precise surgical intervention and post-operative care. His expertise in joint replacement surgery, including knee and hip replacements, has helped numerous patients regain mobility and improve their quality of

life. In addition to his clinical practice, Dr. Lohia is actively involved in research and has contributed to several publications in esteemed medical journals. His research interests include the management of complex fractures, advancements in joint replacement techniques, and the treatment of osteoporosis. His work has been instrumental in advancing the field of orthopaedics and improving patient outcomes. Dr. Lohia is also a dedicated educator and mentor, involved in training the next generation of orthopedic surgeons. He regularly participates in national and international conferences, where he shares his knowledge and expertise with peers and trainees. His commitment to education and continuous learning is evident in his active involvement with professional organizations such as the Indian Orthopaedic Association. Dr. Lohia's approach to patient care is characterized by a deep understanding of the individual needs of his patients. He believes in a holistic approach to treatment, emphasizing the importance of comprehensive care that includes pre-operative planning, meticulous surgical technique, and thorough post-operative rehabilitation. His ability to communicate effectively with patients and their families ensures that they are well-informed and comfortable with their treatment plans. Overall, Dr. Lalit Kumar Lohia's career is a testament to his dedication to advancing orthopaedic care. His expertise, combined with his commitment to research and education, positions him as a leader in the field of orthopaedics. His contributions have significantly impacted the lives of his patients and the broader medical community, making him a highly respected figure in orthopaedic surgery.

Field of Expertise

- Fractures around hip
- Complex trauma
- Foot and ankle injuries
- Pelvic trauma

- Deformity correction
- Tendon injuries
- Carpal tunnel syndrome
- Non-Union of bones
- Arthrodesis or joint fusion
- Ilizarov’s fixator
- Limb lengthening
- Osteoporosis
- Intra-articular injections
- Osteomyelitis or bone and joint infections

Languages Spoken

- English
- Hindi

Talks & Publications

- Anterior dislocation of shoulder in eclampsia: a case report, Chinese journal of orthopaedics 2012; 15: 1-1.
- Utility of combined hip abduction angle for hip surveillance in children with cerebral palsy. Indian journal of orthopaedics 2012-46-5-602-101053.p
- Comparative study of posteromedial release and complete subtalar release in resistant and recurrent CTEV; A five-year follow-up, Current orthopaedic practice jan/feb 2014, vol-25,1;43-52.
- Comparative study of complete subtalar release and Joshi’s external stabilization system in management of neglected and resistant idiopathic clubfoot, International journal of foot and ankle disorders, Aug-27,2014.
- Congenital clubfoot, A review article: Journal of orthopaedics

and allied sciences, vol-2, issue-34-39,2014.