



DR. NIDHI NAYYAR

HOD and Consultant – Gynaecologic Oncology and Robotic Surgery

Qualification

MBBS | DNB (Obstetrics & Gynaecology) | MNAMS | Fellowship in Gynaecologic Oncology

Overview

Dr Nidhi Nayyar is an experienced Gynaecologic Oncologist and a certified Robotic Console Surgeon with over 13 years of experience. She received her MBBS degree from Dr. SN Medical College, Jodhpur (Rajasthan) in 2003. She worked as a DNB trainee in Obstetrics and Gynaecology at Northern Railway Central Hospital, New Delhi from 2006 to 2009 and was awarded the postgraduate degree of DNB in Obstetrics and Gynaecology in 2012. She worked as a senior resident in the department of Gynaecologic Oncology at BLK-MAX Super Speciality Hospital, New Delhi from 2013 till 2016. Further she did her Fellowship in Gynaecologic Oncology from Rajiv Gandhi Cancer Institute and Research Centre, New Delhi in 2018. She practices Robotic radical surgeries for cancers of the cervix, uterus, ovaries, vulva and vagina. She has successfully performed over 500 robotic surgeries for gynaecological cancers. Her fields of expertise also include Cytoreductive surgery, HIPEC and PIPAC for ovarian cancer. She is experienced in addressing conditions like endometriosis, ovarian cysts, fibroids through minimally invasive robotic route. She also performs screening Pap smears, HPV DNA test, colposcopies, LEEP

procedures and vaccination against cervical cancer. She has authored several papers in national and international journals and has been an eminent speaker and panelist in several conferences and medical forums. She has been the DNB thesis guide for DNB students at BLK-MAX Super Speciality Hospital, New Delhi. She is actively involved in Research and Clinical trials and Gynaecological Cancer Awareness talks.

Fellowship & Membership

- Association of Gynaecologic Oncologists of India (AGOI).
International Gynecologic Cancer Society (IGCS)
- Indian Medical Association (IMA)
- National Academy of Medical Sciences (MNAMS)

Field of Expertise

- Robotic Surgeries for Gynaecological Cancers
- Radical Hysterectomy for Cervical cancer
- Cyto-reductive surgery for Ovarian cancer and Advanced Gynae Malignancies
- HIPEC
- PIPAC
- Fertility Sparing Management in Gynaecological Malignancies
- LEEP
- Colposcopy and Cervical Cancer Screening (PAP smear / HPV DNA)
- Vaccination against Cervical Cancer

Languages Spoken

- English

- Hindi
- Punjabi

Awards & Achievements

- Awarded “Women of Inspiration Award - 2023” on occasion of International Women’s Day in March 2023 by BLK-MAX Super Speciality Hospital, Delhi.
- First prize in case capsule – Gynaecological Cancer organised by Max Super Specialty Hospital, 18th March 2018, Delhi.
- 3rd prize in Quiz on “Updates in Management of Gynaecological Cancer”, AIIMS, Delhi in Aug. 2017 organised by Indian Society of Clinical Oncology.
- 1st prize in Mock Examinations in FOGSI Gynae Oncology Conference held in Goa from 29th – 31st July 2016.
- 3rd prize in Medi Quiz at FOGSI Gynae Oncology Conference 2016, held at Goa from 29th to 31st July. “Doctor of the Month” award by BLK Super Speciality Hospital in March 2011.

Talks & Publications

- Nayyar, N., Lakhwani, P., Goel, A. et al. Management of Borderline Ovarian Tumours – Still a Gray Zone. Indian J Surg Oncol (2017) 8(4), 607-614
<https://doi.org/10.1007/s13193-017-0697-3>. N. Nayyar, P. Lakhwani, A. Goel, P.K. Pande, K. Kumar. The futility of Systematic Lymphadenectomy in Early-Stage Low-Grade Endometrial Cancer. Indian J Surg Oncol (2018) 9(2):204-210.
- Nidhi Nayyar, Rupinder K. Sekhon, Vandana Jain, Amita Naithani, Sudhir K. Rawal. Clinical Outcomes of Robotic versus Open Radical Hysterectomy in Endometrial Cancer Staging : An Experience at a Tertiary Referral Care Center. Journal of

Gynecologic Surgery (2019) vol 35, No. 5: 279-284

<https://doi.org/10.1089/gyn.2019.0020>.

- Kumar N, Nayyar N, Garg D, Duggal R, Khadaria N. Polypoid endometriosis: A rare variant and a mimic of ovarian malignancy. *Int J Case Rep Images* 2022;13:101302Z01NK2022.
- Heena Gautam, Sumita Mehta, Nidhi Nayyar, Neha Kumar, Syed Akhtar Husain & Mausumi Bharadwaj. Prevalence of human papilloma virus and Chlamydia trachomatis in endometrial and cervical carcinoma : a comparative study in North Indian women. *Systems Biology in Reproductive Medicine*, DOI : 10.1080/19396368.2023.2247517.
- Perna Lakhwani, Priya Agarwal, Ashish Goel, Nidhi Nayyar, Pankaj Pande, Kapil Kumar. High-Grade Endometrial Cancer - Behaviour and Outcomes at a Tertiary Cancer Centre. *Indian Journal of Surgical Oncology* (December 2019) 10(4):662-667 <https://doi.org/10.1007/s13193-019-00970-1>.
- Vandana Jain, Seema Pundir, Rupinder Sekhon, Amita Mishra, Nidhi Nayyar, Gayatri Vishwakarma, Meenakshi Kamboj, Sudhir Rawal. Carcinosarcoma of the Ovary : A Single - Institute Experience with Surgical Cytoreduction and Platinum-Based Chemotherapy. *Journal of Gynecologic Surgery* (Aug 2019) vol. 35, No. 4 <https://doi.org/10.1089/gyn.2018.0045>.