



## Dr. Saurabh Pokhariyal

Head of Department and consultant - Nephrology

### Qualification

MBBS | MD | DNB | DM (Nephrology) | Nephrology training from Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow | Fellowship in Nephrology and Renal Transplant at the prestigious University of Toronto

### Fellowship & Membership

- Indian Society of Nephrology
- Indian Society of Organ Transplant
- The Transplantation Society

### Field of Expertise

- Chronic Kidney Disease ( CKD )
- Transplant Nephrology
- Dialysis/Haemodialysis- Hemodialysis & Peritoneal Dialysis

### Languages Spoken

- English
- Hindi

### Talks & Publications

- Ghosh • A. Tewari • R. Ahlawat • V. Kher
- Indian Journal of Nephrology 05/2013; 23(3):214-6.
  - Steroid Free Transplant in a Living Donor Kidney Transplant Programme
  - S. B. Bansal • S. Pokhariyal • S. Jain • V. Saxena • R. Ahlawat • V. Kher • P. Ghosh Transplantation 11/2012; 94(10S):314
  - Antibody-Mediated Rejection in a Living Donor Kidney Transplant Programme S. B. Bansal • S. Pokhariyal • R. Sharma • P. N. Gupta • V. Kher • R. Ahlawat Transplantation 11/2012; 94(10S):1030.
  - Comparison of azathioprine with mycophenolate mofetil in a living donor kidney transplant programme. S. B. Bansal • V. Saxena • S. Pokhariyal • P. Gupta • V. Kher • R. Ahlawat • M. Singhal • S. Gulati. Indian Journal of Nephrology 10/2011; 21(4):258-63.
  - Cardiovascular evaluation in renal transplant recipients: A preliminary study. P. N. Gupta - S. Bansal ,V. Saxena ,S. Jain ,S. Pokhariyal ,R. Sharma - M. Jain - R. Goel - V. Kher Indian Journal of Transplantation>07/2011;5:3 Supplement 51
  - Evaluation of cardiac risk assessment in living kidney donor surgery
  - R. Goel ,S. Pokhariyal ,S. Jain ,S. Bansal ,V. Saxena ,R. Sharma, M. Jain, P. N. Gupta ,V. Kher Indian Journal of Transplantation>07/2011>5>3 Supplement>152
  - Steroid free/ Withdrawal immunosuppression in kidney transplantation a small initial experience from our centre V. Kher - S. Gulati - M. Singhal - S. Bansal - S. Pokhariyal - P. N. Gupta - V. Saxena - R. Ahlawat Indian Journal of Transplantation Volume 3, Page 32 (January-March 2009)
  - Impact of IL - 2R antibodies and Tac/ MMF/ Str Vs. Tac/ Aza/ Str in prevention of early rejections in a live donor kidney transplant program; Single centre experience M. Singhal - S. B. Bansal - S. Pokhariyal - S. Jain - V. Saxena - S. Gulati - V. Kher - R Ahlawat Indian Journal of Transplantation Volume 2, Pages 39-40 (July 2008)
  - Newer immunosuppressive drugs in organ transplantation: improving outcomes S. Pokhariyal - V. Kher Indian Journal of Transplantation
  - Volume 1, Pages 19-24 (October 2005)
  - Optimizing immunosuppressive regimes in the developing world - issues of cost vs quality. Kher V, Pokhariyal S. J Nephrology & renal transplantation 2009;2,1:136-145.
  - Pokhariyal S, Gulati S, Kher V - Prevention of progression of chronic kidney disease in Renal Disease - Prevention & Management - A physician prospective. Ed O P Kalra 2008; p 160-165
  - Pokhariyal S, Kher V.; Newer immunosuppressive drugs in organ transplantation: improving outcomes. Indian J Transplant 2005;1:19-24.
  - Pokhariyal S, Jain S, Kher V: Current immunosuppressive drugs in renal transplantation. Apollo Medicine 2005;Vol2, Number 3:187.
  - Pokhariyal S, Jain S, Kher V: Current immunosuppressive drugs in renal transplantation. Apollo Medicine 2005;Vol2, Number 3:187.
  - Thrombotic Thrombocytopenic Purpura, Apollo Medicine 2005;Vol2, Number 3:246-248.Jain S, Sharma R, Pokhariyal S, Kher V
  - Attenuating Progression of Chronic Kidney Disease (CKD) Mandal S, Jain S, Pokhariyal S, Kher V Apollo Medicine 2005;Vol2, Number 3:179-186
  - Duration of optimal therapy for idiopathic focal segmental glomerulosclerosis. Pokhariyal S, Gulati S, Sharma RK, Prasad N, Singh U, Gupta A, Sharma AP, Gupta RK, Mittal S, Mehta B. J Nephrol 2003; 16: 691 - 696
  - Pulse cyclophosphamide therapy in frequently relapsing nephrotic syndrome. Gulati S, Pokhariyal S, Sharma RK, Elhence R, Kher V, Pandey CM,Gupta Nephrol Dial Transplant. 2001 Oct;16(10):2013-7.
  - Duration of optimal therapy for idiopathic FSGS. Prasad N, Pokhariyal S, Gulati S, Sharma RK, Gupta A, Gupta RK, Mittal S, Mehta A, Mehta B. Indian J of Nephrology, 2000; 10: 119.

