



**(LT GEN) DR. CS NARAYANAN, VSM**

Chairman, Manipal Institute of Neuro Sciences

**Qualification**

MBBS from Armed Forces Medical College, Pune (1979) | MD (Medicine) from Armed Forces Medical College, Pune (1988) | DM (Neurology) from All India Institute of Medical Sciences (1998)

**Overview**

Dr. Lt. Gen. C.S. Narayanan VSM is the best neurologist in Delhi with a wealth of experience and expertise in the field of neurology. He completed his MBBS from the Armed Forces Medical College, Pune in 1979, followed by an MD in Medicine in 1988, and a DM in Neurology from the All India Institute of Medical Sciences (AIIMS) in 1998. His extensive training and education have equipped him with the skills necessary to diagnose and treat a wide range of neurological disorders. Dr. Narayanan has held several prestigious positions throughout his career, including Chairman of the Manipal Institute of Neuro Sciences. He is a member of various esteemed medical associations, such as the Indian Academy of Neurology, Neurological Society of India, and Delhi Neurological Association. His contributions to the field have been recognized with numerous awards, including the Vishisht Sewa Medal for distinguished service, awarded by the Hon'ble President of India three times (2009, 2014, and 2015). His field of expertise includes a wide range of neurological conditions, such as epilepsy, stroke, migraine, Parkinson's disease, multiple sclerosis, and

peripheral neuropathy. Dr. Narayanan is known for his expertise in video EEG monitoring, thrombolysis, mechanical thrombectomy, and other advanced diagnostic and treatment techniques. In addition to his clinical work, Dr. Narayanan has been actively involved in teaching and research, contributing to the advancement of neurology through his publications and participation in various task forces at the Indian Council of Medical Research. He has also served as an assessor for the Medical Council of India and the National Board of Examinations. Dr. Narayanan's dedication to his patients and his commitment to excellence in neurology have made him a trusted and respected figure in the medical community. His compassionate approach and ability to explain complex medical conditions in simple terms have earned him praise from patients and colleagues alike. If you are seeking expert care for neurological conditions, Dr. Lt. Gen. C.S. Narayanan VSM at Manipal Hospitals Delhi is a highly recommended choice. His extensive experience, expertise, and dedication to patient care make him an invaluable asset to the field of neurology.

### **Fellowship & Membership**

- Member, Indian Academy of Neurology.
- Member, Neurological Society of India.
- Member, Delhi Neurological Association.
- Member, Indian Epilepsy Association.
- Member, Movement Disorders Society of India.
- Member, Association of Physicians of India.
- Member, Editorial Board of the Medical Journal of Armed Forces of India.
- Member of several task forces in Neurology at the Indian Council of Medical Research.
- Assessor, Medical Council of India, and National Board of Examinations.
- Chairperson, Armed Forces Ethical Committee.

### **Field of Expertise**

- Epilepsy (including video EEG monitoring)
- Stroke (including thrombolysis and mechanical thrombectomy)
- Migraine and other headache disorders
- Parkinson's disease and other movement disorders
- Multiple Sclerosis and other auto-immune disorders
- Spondylitis and other spinal cord disorders
- Peripheral Neuropathy (including NCV and EMG)

### **Languages Spoken**

- English
- Hindi

### **Awards & Achievements**

- Unique distinction of being awarded the Vishisht Sewa Medal for distinguished service by the Hon'ble President of India three times (2009, 2014, and 2015).
- Chief of Army Staff commendation twice (2002 and 2007).
- Conferred with the Capital Foundation National Award in Oct 2014 by the Hon'ble Chief Minister of Odisha.
- Elected as Colonel Commandant of the Army Medical Corps on 5th Oct 2016.
- Appointed as Honorary Surgeon to the President of India on 25th Jul 2017.

### **Talks & Publications**

- Manipal Hospitals Dwarka : Dr (Lt Gen) CS Narayanan in an

authored article on this " World Alzheimer's Day" 10 Signs that may help detect the disease in early stages in DNA today. [Click Here](#)

- Dr. CS Narayanan talks about the right DIET to optimize the effect of medications on Parkinson's Disease marking the day in ECONOMIC TIMES Panache. [Click Here](#)
- Dr. C S Narayanan says Laughter is the best medicine while observing World Alzheimer's Day in Hindustan Times. [Click Here](#)
- Dr. C S Narayanan in an authored article on "Everything you need to know about cluster headaches" in The Indian Express Digital bserving World Stroke Day. [Click Here](#)
- Dr. (Lt Gen) CS Narayanan in an exclusive interaction on What Are The Signs Of Epilepsy? Is It Reversible? in ABP News (Digital) on World Epilepsy Day. [Click Here](#)
- Dr. (Lt. Gen) CS Narayanan on Why is obstructive sleep apnea concerning? Does it increase your risk of chronic illnesses? in Times of India (Digital) | Exclusive Story. [Click Here](#)
- Dr. (Lt. Gen) CS Narayanan Vsm Justin Bieber face is paralyzed due to Ramsay Hunt Syndrome, how dangerous is the syndrome? | Quint (Hindi).[Click Here](#)
- Dr. CS Narayanan on Brain aneurysm: All you need to know about the condition Emilia Clarke had in Hindustan Times.[Click Here](#)
- Dr. (Lt Gen) CS Narayanan helps us understand the progression and symptoms of Alzheimer's in The Quint on World Alzheimer's Day.[Click Here](#)
- Dr. (Lt. Gen) CS Narayanan on Important Things About Seizures You Should Know; Helpful Tips For Caregivers News18 | National Epilepsy Day.[Click Here](#)
- Dr. (Lt Gen) CS Narayanan Vsm 7 Unusual Symptoms Of Parkinson's: Expert Advice On Diagnosis And Advances In Treatment | The Health site (Zee Digital) | World Parkinson's

Day. [Click Here](#)

- Dr. (Lt. Col) CS Narayanan explains why I feel dizzy while standing anywhere.: Hello Doctor, Ep 165 | Aaj Tak | Podcast. [Click Here](#)
- Lt Gen (Dr.) CS Narayanan on What Is Early Onset Alzheimer's Disease? Know Symptoms and More | NDTV | World Alzheimer's Day. [Click Here](#)
- SM Post | TOI. [Click Here](#)
- New Treatments Help in Halting the Progression of Parkinson's | The New Indian Express. [Click Here](#)