

DR. ADIL FAROOQ MALIK

HOD - Medical Gastroenterology Unit-II

Qualification

MBBS | MD | MRCP (UK) | DNB Gastroenterology

Overview

Dr. Adil Farooq Malik the Best Gastroenterologist in Delhi with over 12 years of experience in Gastroenterology and Hepatology. He earned his MBBS and MD from Government Medical College Srinagar and completed his DNB in Gastroenterology at Indraprastha Apollo Hospital, New Delhi. Dr. Adil has held consultant positions at Fortis Escorts Hospital in New Delhi and a tertiary care hospital in Saudi Arabia. Upon returning to India, he served as a Senior Consultant in the Department of Gastroenterology and Hepatology at Fortis Hospital Shalimar Bagh for three years. He is the foremost Gastrologist in Delhi. Dr. Adil Experienced Gastroenterologist in Delhi is a member of the Royal College of Physicians and the Indian National Association for the Study of Liver. His expertise spans a wide range of gastrointestinal conditions, including dyspepsia, acidity, irritable bowel syndrome, constipation, acute and chronic pancreatitis, and liver diseases such as alcoholic liver disease, ulcerative colitis, and Crohn's disease. He is adept at performing diagnostic and therapeutic endoscopies, including UGI endoscopy, colonoscopy, band ligation of varices, polypectomies, ERCP, and endoscopic ultrasound. Additionally, he supervised the

Manometry lab at Fortis Hospital, where he conducted oesophagal and anorectal manometry and biofeedback treatments for difficult-to-treat constipation. Dr. Adil Hepatology expert in Delhi is also dedicated to teaching and has conducted numerous workshops to train young gastroenterologists in endoscopy. He is fluent in English, Hindi, Urdu, and Kashmiri, which allows him to communicate effectively with a diverse patient population. His publications include studies on acute pancreatitis, GI bleeding, and the management of hepatic C and diabetes mellitus. He has also delivered talks on oesophagal and anorectal manometry, Budd-Chiari syndrome, and case-based presentations on acute pancreatitis. For those seeking expert gastroenterological care in Delhi, Dr. Adil Farooq Malik offers comprehensive and compassionate treatment, leveraging his extensive experience and advanced training.

Fellowship & Membership

- Member of Royal College of Physicians .
- Member of the Indian National Association for the Study of Liver

Field of Expertise

- Gastrointestinal and Liver Disease
- Pancreaticobiliary Disorders
- Diagnostics Endoscopies & Colonoscopies
- Advanced Endoscopies: ERCP & Diagnostics and therapeutic EUS
- Esophageal & Anorectal manometry

Languages Spoken

- English

- Hindi
- Urdu
- Kashmiri

Talks & Publications

- Acute Pancreatitis: Retrospective study of patients with Acute Pancreatitis in Indraprastha Apollo Hospital.
- Anti-platelets, anticoagulants, GI Bleeding and endoscopy
- Hepatic C and Diabetes Mellitus
- Update on Management of Acute Pancreatitis
- Esophageal and Anorectal Manometry.
- Budd Chiari syndrome: Varied presentations and management.
- Management of Acute Pancreatitis: Case-based presentation.