

DR. SARITA GULATI

Consultant- Interventional Cardiology

Qualification

M.B.B.S | M.D (General Medicine) | D.M Cardiology (All India Institute of Medical Sciences, Delhi)

Overview

Dr. Sarita Gulati is a highly skilled Interventional Cardiologist at Manipal Hospitals, Delhi, with over 32 years of experience in the field. She began her career in medicine by earning an MBBS from Punjabi University in 1992. She thereafter pursued a DM in Cardiology from the prestigious All India Institute of Medical Sciences (AIIMS), New Delhi in the year 2001. Dr. Gulati remains an active member of several professional medical bodies, like the Indian Medical Association (IMA), the Cardiological Society of India (CSI), and the Indian Heart Rhythm Society (IHRS). Dr. Gulati specialises in a comprehensive range of advanced cardiac procedures. Her expertise includes primary and complex PTCA (percutaneous transluminal coronary angioplasty) such as LM stenting, bifurcation lesions, and chronic total occlusions (CTO). She is also proficient in rotablation IVL (intravascular lithotripsy) and uses advanced imaging modalities like IVUS (intravascular ultrasound) and OCT (optical coherence tomography). Dr. Gulati performs transcatheter aortic valve replacement (TAVR), mitra clip procedures, permanent pacemaker implantation (including leadless pacemakers), AICD (automatic implantable cardioverter-defibrillator), CRT (cardiac

resynchronisation therapy), electrophysiology studies (EPS) and radiofrequency ablations (RFA), device closures (ASD, PDA, VSD), mitral balloon valvuloplasty (PTMC), and peripheral angioplasty (carotid and lower limb). Dr. Gulati, as the Best Heart Doctor in Delhi, has lots of clinical experience and also contributes to research and education in the field of cardiology. She has written many chapters in medical books and continues to learn about important topics like STEMI, AF, and heart failure. Through her role in education and research projects, Dr. Gulati continually strives to advance the procedures of cardiology. Her commitment to taking care of patients goes beyond the technical skills of her job. Dr. Gulati was known for her focus on patients, ensuring that each person gets kind care that meets his or her individual needs. Complete treatment of people and her skill in relating to her patients made Dr. Gulati a trusted and respected person in heart treatment. In 2017, Dr. Gulati received the IMA Doctor Award for Distinguished Doctor from the IMA for her critical work in medicine and dedication towards others.

Fellowship & Membership

- CSI (Cardiology Society of India)
- IHRS (Indian Heart Rhythm Society)
- APSIC (Asia Pacific Society of Interventional Cardiology)
- Board member of WIN – APSIC.

Field of Expertise

- Complex Angioplasties (Left Main, CTO, Bifurcation) – Radial Route.
- Rotablation, IVL & Orbital atherectomy.
- Impella device for cardiogenic shock.
- TAVR – Transcutaneous Aortic Valve Replacement, Mitra Clip.

- Pacemaker Implantation – DDD and Leadless Pacemaker, AICD, CRT-D
- Cardiac Devices for ASD and PDA
- Mitral & Pulmonary Valve – Balloon Valvuloplasty.
- EPS & RFA for Arrhythmias
- Peripheral Angioplasties (carotid, lower limb).

Languages Spoken

- Hindi
- English
- Punjabi

Awards & Achievements

- Distinguished Doctor Award 2017, 2019, 2020, 2024 - IMA (SDB)
- Author of various book chapters.

Talks & Publications

- Author of Book Chapters
- STEMI Update
- AF Update
- Heart Failure Update (in print)