

DR. NIKHIL JAIN

Consultant - Spine Surgery

Qualification

MBBS | MS Ortho | FNB Spine Surgery | Fellowship MUH Hospital, Sydney, Australia|Fellowship QMC, Nottingham, UK

Overview

Dr. Nikhil Jain is a distinguished spine deformity and endoscopy surgeon, specialising in a wide range of spinal surgeries. His expertise spans occipital-cervical, cervical, thoracic, and lumbar spinal surgeries, with a particular focus on adult spinal deformities such as Anterior-to-Psoas (ATP) and Anterior Lumbar Interbody Fusion (ALIF), and paediatric scoliosis. With an unwavering dedication to providing world-class spinal care, Dr. Jain has built a reputation for excellence in both surgical precision and patient outcomes. Dr. Jain’s educational journey is marked by a strong commitment to mastering complex spine surgery techniques. He completed his FNB in Spine Surgery at the prestigious Sir Ganga Ram Hospital, New Delhi, followed by international fellowships that have equipped him with cutting-edge knowledge and skills. His complex spine fellowship from Macquarie University in Sydney, Australia, and his advanced spine fellowship from Queen's Medical Centre in Nottingham, UK, reflect his dedication to achieving global standards in spinal care. These international experiences have further sharpened his capabilities, ensuring that his patients receive care that aligns with the latest advancements in spine

surgery. Dr. Jain’s experience has provided him with invaluable experience in treating a diverse range of spinal conditions, further solidifying his standing as an expert in his field. His expertise extends to endoscopic spine surgeries, a minimally invasive technique that significantly enhances patient recovery times and outcomes. Dr. Jain is also a committed academician. He has published extensively in national and international journals, contributing to the ongoing evolution of spinal surgery practices. His presentations at prestigious national and international conferences underscore his commitment to sharing knowledge and staying at the forefront of spinal care advancements. His efforts were recognised when he was awarded the Best Fellow Award by Sir Ganga Ram Hospital. Admired by patients and hospital management alike, he continuously updates his skills through seminars and workshops, always striving to provide the best possible spinal advice and care. Dr. Jain’s unwavering dedication to his patients, combined with his extensive experience and commitment to professional growth, makes him a trusted and highly respected healthcare provider.

Fellowship & Membership

- Fellowship Macquarie University Hospital, Sydney, Australia
- Fellowship Queen’s Medical Center, Nottingham, UK (Royal College of Surgeons England & Royal College of Surgeons Edinburgh)
- BASS- British Association of Spine Surgeons
- AO Spine
- SSDC - Spine Society Delhi Chapter

Field of Expertise

- Occipital Cervical Instability and Fractures

- Cervical Spine Fractures, Disc Prolapse, Cervical Myelopathy
- Thoracic Spine fractures, and Disc Prolapse
- Lumbar Spine fractures and Disc Prolapse
- Sacrum Fractures
- Spinal Infections
- Spinal Cord Compression
- Back & Neck Pain
- Sciatica
- Scoliosis
- Kyphosis
- Spondylo listhesis

Languages Spoken

- Hindi
- English

Awards & Achievements

- Best FNB student Ravi K Jerath award, Sir Ganga Ram Hospital, 2018.

Talks & Publications

- ‘Clinical outcome of interbody fusion for discogenic back pain – prospective study with 2 year follow up’ BASS 2024, 20-22nd March, Bournemouth, UK.
- ‘Vascular injury in anterior lumbar fusion surgeries’, Spineweek 2023, 1-5 May, 2023, Melbourne, Australia.
- ‘Understanding and improving lordotic correction in lumbar spine during spinal fusion’ DDU 2022 - Sydney, Australia 5-6th

August 2022.

- ‘Lumbar Canal Stenosis: a clinico-radiological analysis’ at 12TH Annual Conference of ‘Asia Pacific Cervical Spine Society’, New Delhi, 15th -17th November, 2018.
- ‘Lumbar Canal Stenosis: a clinico-radiological analysis’ at annual meeting of Instructional Course in Spine Amritsar, 9th – 11th August 2018.
- Comminuted fractures in clavicle: operative vs non-operative management’ at ROSACON January 17- 19 2014, Ranthambore, Rajasthan.
- ‘A case series of acute painless bilateral foot drop without cauda equina syndrome’ published in Journal of Orthopedic Case Reports, October 2021.
- ‘Occipitocervical fusion and dysphagia. The role of head neck alignment: a case report’ published in Journal of Clinical Orthopaedics and Trauma, 4th August, 2021.
- ‘A rare loss of intraoperative neuro-monitoring signals with laterally misplaced pedicle screw: Case Report’ published in JSM Clinical case reports, 4th Aug, 2020; ISSN: 2373-9819.
- ‘Lumbar Disc Herniation: A review article’ accepted in IP International Journal of Orthopaedic Rheumatology 10/05/2020. Print ISSN: 2581-8112; Online ISSN: 2581-9151.
- ‘Lumbar Canal Stenosis: a prospective clinico-radiological analysis’ Original article, published online in Journal of Neurological Surgery Part A: Central European Neurosurgery, 27th Feb 2020.
- ‘Posterior Surgical options for Spondylotic Cervical Myelopathy: Review article’ published in Indian Spine Journal, Vol. 2, January -June 2019.
- Cryptococcosis of Thoracic Vertebra Mimicking Tuberculosis: A Case Report published in Surgical Neurology International, May 2019.
- Case Report: Odontoid fracture with missed diagnosis of

Transverse Atlantal

- Ligament (TAL) injury resulting in late-onset instability published in Surgical Neurology International, November 2018.
- ‘Tibiocalcaneal Arthrodesis using Intramedullary Nail for Severe Rigid Equinovarus Foot Deformity in Adults’ Original article, published in Journal of Orthopedics, Traumatology and Rehabilitation, Vol 9, May 2017.
- ‘Comparative study on management of clavicle fractures treated conservatively or by plate fixation’ Original article, published in Journal of Orthopedics, Traumatology and Rehabilitation, Vol.5, Nov. 2012.