

DR. RATNAV RATAN

Consultant - Paediatric Orthopaedics

Qualification

MBBS | MS | DNB (Orthopaedics) Fellow at Paley Orthopedic Institute, Florida, USA & Child Orthopedic centre, Mumbai

Overview

Dr. Ratnav Ratan has rich experience in Orthopaedics and has been associated with hospitals like IMS, BHU, AIIMS (New Delhi), CK Birla Hospital (Gurugram) and Manipal Hospital (Delhi and Gurugram). He is one of the leading orthopaedic surgeons in Delhi with 14+ years of experience. Dr. Ratnav completed his MBBS and MS in orthopaedics from IMS, Banaras Hindu University (Varanasi), DNB orthopaedics and Diploma SICOT from Belgium. He is trained at The Paley Orthopaedic & Spine Institute, St. Mary's Medical Center, West Palm Beach, Florida, USA. A fellowship from Child Orthopaedic Centre, Mumbai and a Senior Residency from AIIMS, Delhi. His areas of expertise include treatment of congenital limb and joint anomalies/deformities, post-traumatic limb deformities, and neuromuscular disorders in children: cerebral palsy, spina bifida etc, limb length discrepancies, bone healing problems, bone defects, bone and joint infections and more. Dr. Ratnav conducts comprehensive consultations and physical examinations to diagnose musculoskeletal conditions. He also collaborates effectively with other healthcare professionals, including anesthesiologists, physiatrists, and physical therapists, to ensure coordinated patient care. Dr. Ratnav

possesses excellent leadership and communication skills to effectively interact with patients, families, and staff members. He stays up-to-date with the latest advancements in orthopaedic surgery through continuing education activities and by actively participating in national and international events dedicated to the advancements in the medical world. Dr. Ratnav has garnered positive reviews from his patients for always providing personalised and optimum care. His sincerity, professionalism and empathetic conduct are admired by his patients and staff alike. All this makes him one of the top pediatrician doctors in Delhi.

Fellowship & Membership

- Fellowship in Paediatric Orthopaedics.
- Children Orthopaedic Centre, under Prof. Ashok N.Johari, Mumbai.
- Exhaustive exposure to treating Congenital orthopedic disorders, Pediatric fractures, Limb.
- Deformities, Limb lengthening, Neuromuscular disorders, Pediatric sports injuries, Skeletal.
- Dysplasias, Arthrogryposis, Scoliosis, Pediatric hip preservation surgeries, Pediatric limb trauma, Oncology, Infections, Stature lengthening.
- Fellowship in Paediatric Orthopaedics.
- Tamil Nadu Dr. M.G.R. Medical University Fellowship at Kanchi Kamakoti Childs Trust Hospital, Chennai.
- Advanced Pediatric Orthopedics.

Field of Expertise

- Congenital Bone and Joint Disorders
- Bone, limb and stature lengthening

- Limb Deformity Correction
- Pediatric Hip Conditions
- Pediatric Neuromuscular Disorders
- Pediatric sports medicine and Arthroscopy

Languages Spoken

- English
- Hindi

Awards & Achievements

- Certified Advanced Trauma Life Support{ATLS} care provider, ATLS.
- All India Best resident award(1st position) Bombay orthopaedic society at WIROC.
- Theory and Practical Exams at Mumbai.
- Won WIROC quiz 2009 (1st position) WIROC.
- IOACON quiz (1st position) IOACON 2009.
- UPOA quiz (1st position) UPOA 2009.

Talks & Publications

- Thesis work on “Retrospective and Prospective Clinical Study of the Newly Designed Bicentric Bipolar Hip Prosthesis(BHU Hip)” in the Department of Orthopaedics, Institute of Medical Sciences, Banaras Hindu University, Varanasi under the guidance of Dr.A.K.Rai.
- Anil K Rai, Rakesh Agarwal, Saurabh Singh, Ratnav Ratan “The BHU bicentric bipolar prosthesis in fracture neck femur in active elderly” Journal of Trauma Management & Outcomes,

September 2008. – Indexed.

- Anil K Rai, Rakesh Agarwal, Ratnav Ratan “BHU bicentric bipolar prosthesis: best treatment option for intracapsular fracture neck femur in active elderly group” The Journal of Bone and Joint Diseases, January 2010.
- Ashok Johari, Ratnav Ratan “DDH-What after walking age”. K.T. Dholakia CME on Common paediatric disorders and Paediatric Trauma at IOACON Dec 2010.
- Sanjay Meena, Ratnav Ratan, Lalit Lohia, Rishi Raj; Utility of combined hip abduction angle for hip surveillance in children with cerebral palsy. Letter to the editor, Indian Journal of Orthopaedics 09/2012; 46(5):602.
- Chapter 10:Coronoid Fracture by Gupta R, Kumar A, Ansari T, Ratan R; published in Mastering Orthopaedic Techniques in Intra-articular Fractures, by Rajesh Malhotra, Jaypee
- Publication Jan 2013.
- Chapter 4: Muscular Anatomy of the Spine by Garg B, Ratan R; published in Basic Sciences in Spine Surgery by Alexandar R Vaccaro and Alok Saran, Jaypee Publication.
- GN Kiran Kumar, Gaurav Sharma, Kamran Farooque, Vijay Sharma, Ratnav Ratan, Sanjay Yadav and Devendra Lakhotia. “Locking compression plate in distal femoral intra articular fractures – our experience,” Hindawi Publishing Corporation International Scholarly Research Notices, Vol 2014.